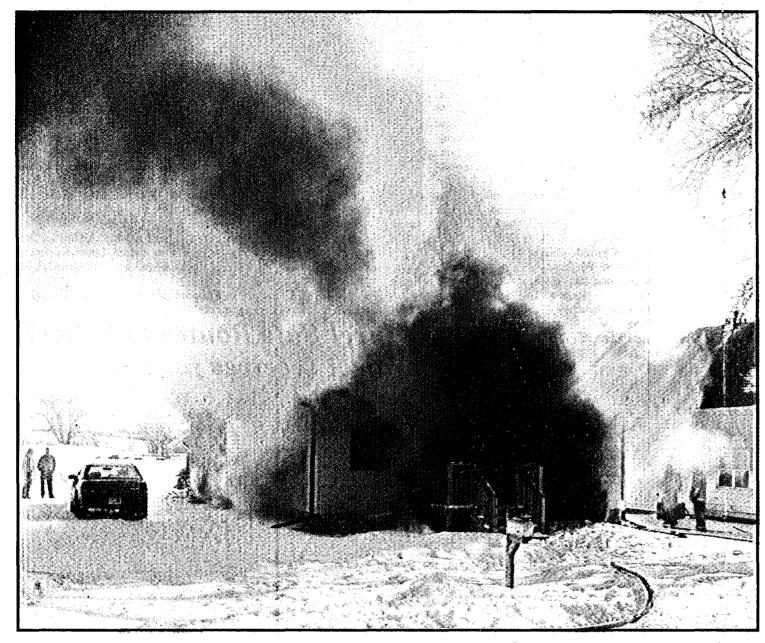
american heart month The Wayne

Single Copy 75[¢] **Sections - 4 Pages - 30**

Thursday, Feb. 21, 2008 132nd Year - No. 21



Friday.

Wayne Fire Department responds to fire at Chad Dorcey home

responded to a fire at the Chad and Jean home suffered extensive damage. Friday in Wayne. A neighbor called noted the fire marshall's preliminary

A Brakenstein oge malaks og av som filler

Members of the Wayne Fire Department state wrestling tournament in Omaha. The investigation. Pearcy said the fire was fairly progressed by the time the firemen Dorcey home at 305 South Windom Street Shawn Pearcy, first assistant fire chief, were called and there was damage to the main floor, which hampered the situation the fire in at 11:19 a.m. No one was home report stated the fire was accidental and as they couldn't access easily into the at the time as the Dorceys' were at the electrical but that the fire is still under structure. It is believed the fire started in the basement. Members of both Wakefield Fire Department and Carroll Fire Department assisted in mutual aid. The Northeast Nebraska chapter of the American Red Cross was on the scene giving assistance. A fund has been set up for the Dorcey family at the State National Bank.

Wayne State College issues security alert

17 discovered a possible threat aimed at the college community. College officials, Campus Security, the Wayne Police Department and the Nebraska State Patrol initiated an investigation of the possible threat. Classes and other college events continue as scheduled.

Wayne Police Department and Nebraska State Patrol officers continue in their investigation into the possible threat at Wayne State College. The message, which was etched onto the back of a toilet stall door in Pile Residence Hall, indicated that a "school shooting" would occur at the college on a future date.

Based on the advice of the Federal Bureau of Investigation Behavioral Science Unit, college officials have chosen not to give the exact date. There is no indication at this time that the college should alter plans for that date. If new information develops, college officials will reassess the situation and plan accordingly.

From the outset of the investigation there was never any indication that anyone at the college was in immediate danger. The Wayne Police Department and Wayne State College have procedures in place to respond to threats to the campus; a higher

Wayne State College personnel on Feb. level threat would result in a higher level of response.

Prop

FEB 21

WAYNE PUBLIC

Wayne State College's Crisis Management Team met Sunday to discuss the incident and coordinate with law enforcement to develop a specific response plan that would protect students, staff and faculty and allow law enforcement personnel to pursue leads in the incident to identify the person or persons responsible for the threat. The message did not target anyone or any location on the campus.

"If a similar message had been received 10 years ago it would have been treated as a prank or a joke done in very bad taste, however, in today's world all incidents of this type must be taken seriously," Wayne Police Chief Lance Webster said.

Wayne State's Crisis Management Team has a range of communication options available to notify students, staff and faculty in the event of an emergency on campus. The MIR3 notification system, which transmits text messages and voice messages to the college community, was not used in this incident because of the low level of danger posed by the threatening message. The MIR3 system is designed to be used

See ALERT, Page 4A

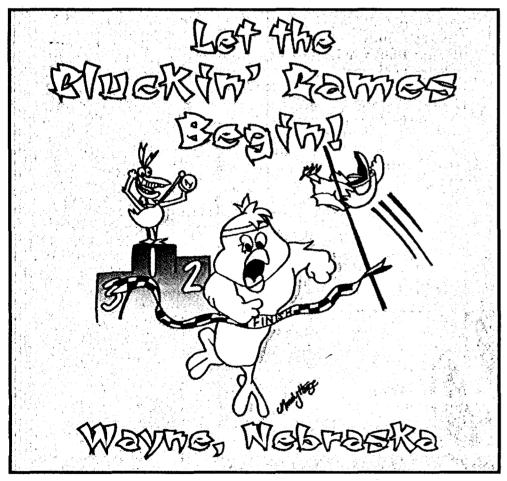
WSC students serve The Chad Dorcey home at 305 South Windom Street in Wayne suffered extensive damage from a fire on a S guide runners

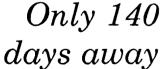
runners and a walker will place their faith in three Wayne State College students as they race in the Whacky 5k in Chicago on March 2. The WSC students will serve as things to remember like giving the runners guide runners through the Blind Services Association.

Walk by faith, not by sight. Three blind will also help me when I enter into the physical therapy field," Lehman said.

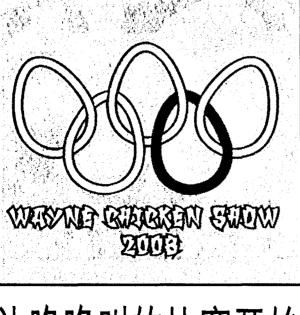
The runners agreed Wrice has prepared them well in training for the race and for

water. "He (Wrice) has outlined how to get the





The 2008 Chicken Days activities will take place July 11-12. The theme chosen for this year's event is "Let the Cluckin' Games Begin" and will focus on the **Olympics.** Pictured are the front and back of this year's t-shirt. Below, is the theme in Chinese, in recognition of the fact that the games will take place in Beijing, China.



让咯咯叫的比赛开始

Red Cross assists with four fires in recent days

The Northeast Nebraska Chapter of the American Red Cross has provided assistance during four fires in the last two weeks.

The most recent of these was a house fire in Concord on Wednesday morning.

The chapter responded to a house fire in Concord on Monday evening for a fire at the home belonging to Bob and Deb Clarkson.

Red Cross responders were on scene during the fire and provided food and clothing assistance to the family, with further aid pending as needed.

The Northeast Nebraska Red Cross was also on scene for the Chad and Jean Dorcey fire on Feb. 15. The chapter provided aid and food to all the various fire departments while they were fighting the fire and then provided assistance to the Dorcey family to help with their recovery needs.

On Feb. 7, the Red Cross Chapter provided assistance to the occupant of a house on West First Street in Wayne when fire broke out.

"With four house fires in the past 12 days - obviously our disaster funds are starting to run a little thin since we don't get many donations in these early months of the year," said Lori Carollo, Chapter Manager with the Red Cross.

"If anyone would like to make a donation to the NE Nebraska Red Cross Chapter, it would be greatly appreciated and used to help future victims of disasters like those we've had recently."

To help or for more information, call the office in Wavne at 402-375-5209 or mail to POB 94, Wayne 68787.

Tyrone Wrice has been training the students and will also participate as an experienced guide runner. Wrice is director of the Wayne State College Multicultural Center.

"These students are natural leaders. Their confidence comes from within," Wrice said.

Jedd Lehman, Tony Jacobsen and Ian Engebretsen will be achieving a shortterm goal by spending their spring break to help others. They also have long-term plans in common. All three are working toward helping others throughout their lives after earning degrees at Wayne State College. Lehman of Columbus plans a physical therapy career. Engebretsen will be studying medicine. Jacobsen plans to be a teacher. Engebretsen and Jacobsen are Laurel-Concord High School graduates.

"Mr. Wrice proposed the idea to us and we felt this would be a good opportunity to help out. I am very excited about the opportunity because I feel the experience

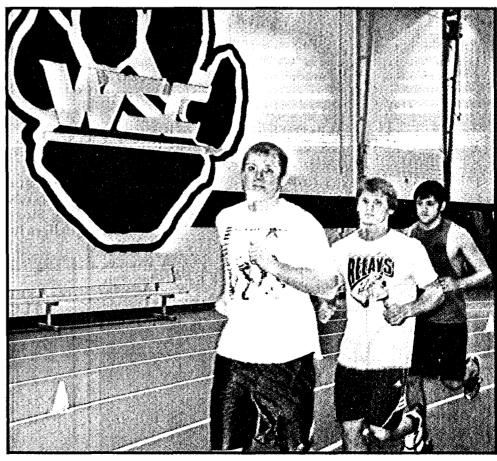
runners through traffic and other things to watch for," Lehman said. "I want the runners to succeed as much as possible. to have the opportunity to get where they want to go and to do their best. I think they will appreciate the time we've spent training and the help during the race. They probably see this as a terrific opportunity as we do."

Engebretsen and Jacobsen said they will benefit from this experience as they continue with their education and careers with children in education and people in need of medical care.

Jacobsen is a math education major and participates in intramurals.

"I wanted to help. This lets them know there are good people out there," Jacobsen said about becoming involved in guiding the runners. He discovered the opportunity when Wrice, Engebretsen and Lehman were training at the Rec Center on cam-

See RUNNERS, Page 4A



Three Wayne State College students have been training at Wayne State College to serve as volunteer guides for runners who are blind during the Whacky 5k in Chicago, March 2. This is their first experience as guide runners. From left are: Jedd Lehman of Columbus with Tony Jacobsen and Ian Engebretsen following, who are both of Laurel. They will serve as guide runners through the **Blind Services Association.**



Obituaries

Jerry Pospishil

Jerry Pospishil, 76, of Wayne died Thursday, Feb. 14, 2008 at Premier Estates Senior Living Community in Wayne.



Services were held Monday, Feb. 18 at St. Mary's Catholic Church in Wayne. The Rev. Mark Tomasiewicz, Msgr. Andrew Meister and Deacon Pat Gross officiated.

Gerald Joseph Pospishil was born Sept. 5, 1931 at West Point to Leonard and Viola (Meister) Pospishil. He attended school at District #51 and Wayne High School. On Dec. 30, 1952 he married Shirley Lindsay at St. Mary's Catholic Church at Wayne. He served as a mechanic in the United States Army from May 28, 1953 to May 27, 1955. The couple farmed south of Wayne until 1995. He then worked for Presco Sales and was an escort driver for Heritage Homes. He served as Wayne County Commissioner of District #3 for 16 years. He was a member of St. Mary's Catholic Church and Knights of Columbus

Father Kearnes Council #8579 and Wayne V.F.W. Post #5291.

Survivors include his wife, Shirley; one son, Stephen Pospishil and Diem Gai Nguyen of Lincoln; one daughter, Becky and Russell Longe of Wakefield; two grandchildren; one brother, Dennis and Fauniel Pospishil of Irene, S.D.; one brother-in-law, Bryce Lindsay and Cathy Varley of Wayne; nieces and nephews.

He was preceded in death by his parents; two brothers and sisters-inlaw, Donald and Nadine and Erwin and Polly Pospishil and grandchildren, Baby and Zachary Longe.

Honorary pallbearers were Larry Willers, Lowell Mann, Morris Backstrom, George Biermann, Mel Jenkins, Don Schulz and Malvin Bruns.

Active pallbearers were Wade Lindsay, Michael Varley, Dan Pospishil, Jack Lutt, Shawn Lindsay, Chuck Rutenbeck and Doug Jenkins.

Burial with military rites was in Veterans Memorial Cemetery in Wayne. Hasemann-Schumacher Funeral Home in Wayne was in charge of arrangements.

William 'Bill' Noonan

William J. "Bill" Noonan, Jr., 71, of Lincoln died Monday, Feb. 18, 2008. Services will be held Friday, Feb. 22 at 12:30 p.m. at Lincoln Memorial Funeral Home, 6800 South 14th Street in Lincoln. Visitation will be prior to the service.

William J. "Bill" Noonan, Jr. was born Jan. 11, 1937 in Norfolk to William Sr. & Hildegarde (Hugo) Noonan. He attended country school near Wisner and graduated from Wakefield High School in 1954. He later attended Milford Trade School. He married Shirley From of David City in January of 1957. He was a member of St. Patrick's Catholic Church and owned and operated Noonan's Repair. He loved to play the accordion and listen to polka music and enjoyed camping. He was a trusted mechanic, loving husband, father, grandfather and great-grandfather.

Survivors include his wife, Shirley Noonan of Lincoln; three sons, Dan and Nancy Noonan of Lincoln, Randy and Nancy Noonan of South Bend, Neb. and Mark and Stephanie Noonan of Omaha; two daughters, Debbra and John Kloefkorn of Lincoln and Chris and Chuck Cole of Lincoln;11 grandchildren and two great-grandchildren and one on the way and two sisters, Liz and Dave Dolph of Elkhorn and Lois and Jim Nuernberger of Wayne.

Peter Donald Peters

Peter Donald Peters, 83, of Dixon died Sunday, Feb. 17, 2008 at Providence Medical Center in Wayne.

Services were held Wednesday, Feb. 20 at Immanuel Lutheran Church in Laurel. The Rev. William

Engebretsen officiated.



sons, Ronald Peters and Patricia Lawshe of Kalispell, Mont. and Charles and Trudy Peters of Dixon;

daughters, Donna Durant and Rob Baker of South Sioux City and Mary and Larry Lindahl of Dumas, Texas; 14 grandchildren; 11 great-grandchildren and a sister, Maeda Brink of Kent, Wash. He was preceded in death by his parents, step-mother, Alice; brother,

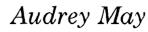
grandchildren.

Arnold; sisters and brothers-in-law, Joyce Rames, Ruth and George Weaver and Bernice and Harold Holland; brother-in-law, Randy Brink; and sister-in-law, Dorothy Peters-Ellis.

Honorary pallbearers were Don and Elaine's grandchildren and greatgrandchildren.

Active pallbearers were Don and Elaine's grandsons, Michael Lindahl, Brian Lindahl, Daniel Peters, Mark Durant, Derek Durant, Brandon Durant, A.J. Peters and Jon Peters.

Burial was in the Wakefield Cemetery in Wakefield. Hasemann-Schumacher Funeral Home in Laurel was in charge of arrangements.

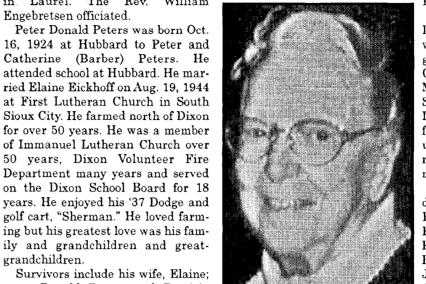


The Wayne

Hera

Audrey E. May, 92, of Cedar Bluffs, formerly of Laurel, died Thursday, Jan. 31, 2008 at Shalimar Gardens in Fremont.

Services were held Tuesday, Feb. 5 at Moser Memorial Chapel in Fremont.



Audrey E. May, daughter of Davis and Maude (Corson) Jackson, was born Feb. 4, 1915 at Lynch. She grew up there and attended school at Coleridge. She married Arthur E. May on Oct. 31, 1936 at Elk Point, S.D. The couple lived in Sioux City, Iowa until 1939. They then lived and farmed south of Laurel from 1939 until 1952, then west of Wayne until returning to Laurel in 1971. They moved to Cedar Bluffs in 1984.

2. Bellever the state

Survivors include three daughters, Jeanie Hayden of Fremont, Lynda and Richard Pearson of Medford, Wisc. and Phyllis and Marlowe Polen of Cedar Bluffs; one sister, Maxine and Earl Jensen of Wayne; nine grandchildren; three step-grandchildren; 17

great-grandchildren and three great-great grandchildren

She was preceded in death by her parents; her husband, Arthur on Oct. 1, 2004; step-mother, Mary Bishop Jackson; four sisters, Leara Curfman, Vava Jackson Phyllis Pigg and Grace Jackson and one step-grandchild, Keith Polen

Burial was in Ridge Cemetery in Fremont. Moser Memorial Chapel in Fremont was in charge of arrangements.

Laurel Safe Routes to School project receives funding

The City of Laurel was awarded Nebraska program to build safer \$89,731 recently by the Nebraska Department of Road's Safe Routes

walking and biking routes to school for local children.

The Safe Routes Nebraska program provides schools and community groups with the funding they need to build safer routes to and from school. These improvements include engineering solutions as well as safety training, awareness and strategies to encourage children to get the exercise they need to lead happy, healthy lives.

The funding awarded the City of Laurel is for design and construction of 1,700 linear feet of school routes along Third Street and Wakefield Street. The new routes will extend 1,400 linear feet along the south side of Third Streets from U.S. Highway 20 to Cedar Street. New ADA curb ramps will be installed on both sides of Highway 20 at Second and Third Streets. and at the intersections along Third Street. Approximately 350 linear feet of deteriorated and narrow sidewalk along the west side of Wakefield will be replaced from Third Street to Fourth Street, and also include new ADA curb ramps. A deteriorated pedestrian bridge and approaches on Wakefield at Fourth Street will be replaced with a new prefabricated bridge with concrete abutments, a timber deck, and handrails. New pavement markings will be installed. Childhood obesity rates have more than tripled in the past 30 years while the number of children walking and biking to school has declined. According to the 2001 National Household Travel Survey, less than 16 percent of students between the ages of 5 and 15 walked or biked to or from school, compared to 42 percent in 1969. The Safe Routes Nebraska funding will benefit local school children and encourage community involvement in the Safe Routes effort. "We're very excited to be awarded funding for this project. The safety and wellness of our children are a priority. This program allows us to address both of these issues." Annette Junck, Laurel Economic Development Coordinator. Through the 2005 passage of the Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users (SAFETEA-LU), Congress designated a total of \$612 million toward developing the National Safe Routes to School Program. The Safe Routes Nebraska program will receive about \$1 million in funds annually from the National Safe Routes to School Program. Schools and communities across Nebraska are eligible to apply for a portion of these funds to help build safer routes to and from school and to promote walking and biking.



He was preceded in death by his parents and two brothers, Kerry and Jerry.

Memorials may be made to the family. Condolences may be left at www.lincolnfh.com Lincoln Memorial Funeral Home is in charge of arrangements.

Quick Look						
quick Loon	Date	High	Low	Precip	Snow	
	Feb. 14	34	7			
A PRINTED WITH	Feb. 15	26	-5	т	Т	
	Feb. 16	31	-6	—		
	Feb. 17	40	21	—		
use newsprint with recycled fiber.	Feb. 18	35	9			
ise newsprint with recycled inter.	Feb. 19	11	-4	.03		
Please recycle after use.	Feb. 20	33	-13	·		
abe recycle after abe.	Recorde	ed 7 a.m. f	or previo	us 24 hour	period	
	Precip./n	no. — .3	3" / Mon	thly snow	-5.0"	
mber Coffee	Yr./Da	te —.62"	/Season	al snow—	25.0"	

Chamber Coffee

WAYNE - This week's Chamber Coffee will be held Friday, Feb. 22 at Phelps & Associates at 120 West Second Street. The coffee begins at 10 a.m. and announcements at 10:15.

Words of Wisdom

AREA — Words of Wisdom for Every Parent will present "Guiding your child on a path to healthy relationships" on Tuesday, Feb. 26 from 6 to 7 p.m. at Wayne Elementary School. Childcare will be provided. Also being planned is this year's Celebrate Learning Fair on Saturday, April 19 from 9 to 11 a.m. This year's theme is "Go Big Green." For more information on either of these events, contact Shelly at 375-3200 or alicia@hlandcs.com

Applications being accepted

AREA — Goldenrod Hills Community Services is accepting applications for the federally funded Head Start Center in Wayne for the 2008-09 school year. The facility is located at 1210 East Seventh Street. Head Start is a free, comprehensive pre-school program serving income-eligible three and four year old children. For more information, contact Peggy Triggs at (402) 375-2913.

Breakfast scheduled

AREA — The Sons of the American Legion at Winside, Squadron #252 have scheduled a breakfast for Sunday, Feb. 24. The event will run from 10 a.m. to 1 p.m. and will include a menu of biscuits and gravy, military SOS, scrambled eggs, sausage patty, coffee, juice and water. The Junior Auxiliary

will hold a bake sale during the breakfast.

Coats needed

AREA — The Wayne Coat Closet is in need of winter coats. They may be dropped off at First Presbyterian Church or Pac 'N' Save.



Jonathan Diaz, Wayne Elementary

Learning about business

Students at Wayne Middle School are learning about what it takes to run a business. Members of Students in Free Enterprise, SIFE, at Wayne State College are teaching students about business practices and how these are related to supply and demand, advertising, and pricing. The program is a joint effort of Wells Blue Bunny in LeMars, Iowa and the University of South Dakota SIFE team. Ice cream sales at the school will occur on Friday, Feb. 22 and Friday, Feb. 29 at the end of the school day. The public is welcome to make a purchase.



Valentine's party

Sixth graders from Mrs. Jill Niemann's class spent part of Valentine's Day with resident of Premier Estates. The students made Valentines for the residents and spent time playing bingo with them. The Wayne Optimist Club helped organize the event, served as callers for bingo and provided prizes.



Celebrating

Last week's Chamber Coffee was held at Herman Chiropractic, in observance of the fifth anniversary of the business. Joelle Herman, right, spoke to those in attendance on the benefits of chiropractic services and introduced the staff she works with in her practice.

District Court

Lacey L. Rahn of Ponca vs. Kenneth D. Rahn of Wakefield, Dissolution of Marriage.

Kimberly A. Haglund of Winside vs. Matthew D. Haglund of Wakefield, Dissolution of Marriage. Dennis D. Wade of Winside vs. Raquel Wade of Norfolk. Dissolution of Marriage.



Among those participating in the Wayne Emergency Operations Center were, left to right, Lowell Johnson, City of Wayne; Lois Shelton, City of Wayne; Doug Fox, Region 24 EM Director; in background, Leann Fox, Heartland Counseling; Dr. Mark Zink, Wayne Veterinary; Kelvin Wurdeman, Wayne County Commissioner.

Regional exercise helps in disaster preparation

By Lynn Sievers Of the Herald

Northeast The Emergency Managers conducted a nostician, would be incident comregional, functional disaster exer- mander in case of an agro-terrorism review strengths and weaknesses cise on Feb. 16 at Wisner-Pilger outbreak) and the Nebraska State in the exercise. Results from the High School. The exercise focused on Patrol (NSP). Members of the NSP a Foot and Mouth disease outbreak were on hand with their Mobile in the area cattle yards. The play Command Post, which is equipped for the exercise included five coun- with cameras, phone system, comties (Wayne, Dixon, Stanton, Pierce, puters and Internet connection, Operations Center) Saturday were: Cuming) Emergency Operations Centers. Kevin Garvin, emergency capability, fax, printer, closed cirmanager for Cedar County, served as the regional functional disaster more. exercise coordinator. There were around 120 participants in the event.

Nebraska has had numerous exercises across the state but this is the first one locally. With many feedlots and cattle in this area, an act of agro-terrorism could be devastating to the economy and food supply. Foot and Mouth disease has not been proven harmful to humans but for cloven hoofed animals, it can be deadly. There is no treatment at this time for the disease. The disease spreads quickly, causes sores and weakness. In an outbreak, killing and disposing of the animals is necessary to stop spread of the disease. Highways would have to be shut down and an area six miles radius from where the disease was discovered would have to be quarantined.

By having a functional exercise, plans, policies and procedures are tested but the biggest issues are

Health Department, Nebraska Department of Agriculture (Dr. Lee a "hotwash" discussion about the Nebraska Torkelson, field area disease diagself-contained televisions, satellite cuit telephone, radios, video and

> During the exercise, some of Deputy Emergency Manager/ the agencies and organizations County Clerk; LeRoy Janssen, called into action included the Nebraska Department of Ag, FFA, Emergency Manager; Kelvin National Guard, NSP., Nebraska Department of Roads, the State Commissioner; Lois Shelton, Mayor Veterinarian office, city administration, county sheriffs, media, public Administrator; Denny Spangler, health departments, fire depart- PMC; Dr. Mark Zink, Wayne ments, mayor, school officials, Red Veterinary; Lee Wrede, WPD; Cross, NEMA, police department Lance Webster, WPD; Phil Shear, and Salvation Army.

> Staff from the Nebraska Emergency Management Agency Frye, Wayne State College; Dr. was overseeing the exercise. One Jason Karsky, Wayne State College; staff member, Nicki Weber, noted preparation for the exercise had been planned for a year. She noted there are 93 counties in Nebraska and they are all taking the approach Saturday's exercise or emergency of preparing for the real thing. The exercise followed guidelines established by the Homeland Security Emergency Management director Exercise and Evaluation Program.

Following the event, there was day's activities. On Sunday, project evaluators and controllers met to event will be beneficial for use in the future.

Participating in the Wayne EOC County (Emergency Deanna Beckman, Wayne County **Emergency Management Director;** Doug Fox, Region 24 Emergency Management Director; Deb Finn, Wayne County Sheriff/Deputy Wurdeman, Wayne County of Wayne; Lowell Johnson, City WPD; Kim Schultz, Northeast Public Health Department; Curt Nick Kemnitz, Mid States School Bus, Inc.; Leann Fox, Heartland Counseling.

Anyone with questions about management in this area can call Deanna Beckman, Wayne County at 402-833-5190.

One and Six Year Road plan is approved

By Lynn Sievers Of the Herald

Wayne County Board of Commissioners met in regular session Tuesday at the courthouse in Wayne. A One and Six Year Road hearing was held. The commissioners approved the One and Six Year Road plan.

Other road business included: to review and act on the certification of soft match project C009003915 on 577th Ave., Mile 852, one mile east and 3.2 miles south of Wayne. The commissioners approved the project; to review and act on the certification of soft match project C009003210 on 849th Road, mile 566, three miles south and 1.9 miles west of Winside. Commissioners approved this project; to discuss and act on a joint resolution with Dixon County to request that the Nebraska Department of Roads change the State Functional Classification of 858th Road, miles 584 and 585, which was approved.

Also, to authorize solicitation of a proposal for engineering services for a Federal aid project to replace bridge #C009005505, one mile east and 2.8 miles south of Wakefield, which the commissioners approved to get a proposal from Mainelli Wagner; to authorize solicitation

of sealed bids for leasing a scrap- of the icy roads around Carroll er, which was approved; and it was approved to award L.J. Webb contractor services for C-90 (218), to remove and replace bridge on 575th Ave, mile 854, one mile west and 1.3 miles south of Wayne ...

On the agenda was discussion from Roger Brandt and several people from the Carroll area. Some concerns that were voiced included: Brandt said that county sheds should be for county equipment, not for storage or for working on personal equipment or vehicles. Commissioner Bob Nissen noted the statement and said there will be different rules.

Brandt discussed the road situation around Carroll, which involves a lot of ice on some of the roads. He noted county employees need to break up the ice before accidents happen. Nissen agreed some of the roads need attention but the cold weather hasn't allowed that to happen. Brandt also wondered if county equipment couldn't be shared in the districts, which could save money.

Discussion was held on the Sholes road, which Nissen noted improvement plans are in the works.

Karlene Woslager, who drives school bus, also voiced her concern

and wondered what can be done to improve them.

Don Liedman wondered if the intersections in the Carroll area could be widened so corners are more accessible to trucks, which are bigger and heavier than in the past. He also suggested Nissen visit more in his district and talk to the farmers about upcoming road plans. Liedman added they are willing to cooperate but they need cooperation in return.

The commissioners were notified of a claim from Randy Owens Trucking, Inc. for damages.

Approved were the following: two applications to the Wayne County Convention & Visitor's Bureau for grant applications: Carroll Volunteer Fire & Rescue Omelet Feed on Sunday, March 9, \$100 and Elderfest 2008 on Thursday, April 17, \$750; substitution of securities - Farmers State Bank; and electrical wiring estimate of \$1,156 from Klein Electric to work on both the extension office and the treasurer's office.

The next Wayne County Board of Commissioners meeting is set for Tuesday, March 4 at the courthouse in Wayne.

Providence Medical Center Foundation Board of Directors elects officers for 2008

The annual meeting of the held recently at Providence Medical Center in Wayne.

Elected to serve as 2008 officers were Lowell Johnson, Chairman; Rod Hunke, Vice Chairman; Pat Gross, Secretary; and David Ley, Treasurer. Other members of the Board include Gary VanMeter, Phil Griess, Dr. Jim Lindau, Reggie Yates, Paula Schwarten, and Tim Keller, all of Wayne; Bill Claybaugh of Carroll; Terry Hoffman of Wakefield; Lynette Joslin of Laurel; and Rob Miller of Hartington.

Appointed to the Foundation's Disbursement Committee was Lowell Johnson, Reggie Yates, Sandra Bartling and David Ley.

Adam Munter of Wayne, a junior Providence Medical Center at Wayne State College, major-Foundation Board of Directors was ing in Pre-Professional Physical Therapy and Applied Human and Sport Physiology, is the 2007 recipient of the foundation's Marjorie Armstrong Education Endowment

Scholarship Award. "We are grateful to all of our friends who so generously continue to invest in Providence Medical Center through our foundation," said Foundation President Sandra Bartling. "This past year the foundation assisted PMC in the purchase of new state-of-the-art equipment for the hospital, acquired new equipment for the ambulance, and this fall assisted the hospital with enhancements for the Laurel Therapy Outreach Clinic."



Adam Munter



communications and mutual aid. To help check out how smooth communications and mutual aid could run, NEMA (Nebraska Emergency Management Agency) brought in their own phone line system on Saturday and each of the five counties involved were set up in rooms with phone capability to place and receive calls from room to room.

On Saturday, participants in the Sim Cell room placed calls to each county room and different scenarios of the exercise were given. It was up to each player (which included police, sheriffs, veterinarians, local health department workers, first responders, city officials, elected officials, etc.) to work together and make phone calls to bring their decisions to reality.

Also participating in Saturday's exercise were first responders and representatives of the 12 county Northeast Nebraska Region, as well as NEMA, Nebraska Department of Roads, Salvation Army, Elkhorn/Logan Valley Public

County Farm Bureaus to host District 17 candidates forum

The County Farm Bureaus in Legislative District 17 are sponsoring a Candidates Forum on Tuesday, March 4 to give the public an opportunity to meet and question the candidates who are seeking to represent the district in the Nebraska Legislature.

The forum is free and open to the public.

The forum will be held Tuesday, March 4, at 7 p.m. at the Fire Hall in Allen. Dakota, Dixon and Wayne County Farm Bureaus are sponsoring the forum. All of the candidates seeking to represent District 17 – Jason V. Bowman, Douglas R. Garwood and Robert J. Giese - have indicated they will participate.

Mark Ahman with KTCH Radio in Wayne will serve as moderator.

Each candidate present will make opening remarks, then respond to written questions from the audience. The forum will last 90 minutes



House fire Firefighters from Concord, Dixon, Allen and Laurel battled a house fire in Concord on Monday evening. The home of Bob and Deb Clarkson received extensive damage in the blaze. Mrs. Clarkson reported the blaze at approximately 7 p.m. when she returned home from work. Firefighters were on the scene until approximately midnight. Assistance was provided to the firefighters and the Clarkson family from the Northeast Nebraska Chapter of the American Red Cross. The cause of the fire is still under investigation by the State Fire Marshall's office.

The Wayne Herald 114 Main Street Wayne, NE 68787 402-375-2600 **PUBLICATION NUMBER USPS 670-560**

Serving Northeast Nebraska's Greatest Farming Area

Established in 1875; a newspaper published weekly on Thursday. Entered in the post office and periodical postage paid at Wayne, Nebraska 68787.

POSTMASTER; "Address Service Requested" Send address change to The Wayne Herald, P.O. Box 70, Composition Foreman - Alyce Henschke Wayne, Nebraska, 68787

Official Newspaper of the City of Wayne, County of Wayne and State of Nebraska

Advertising Manager - Melissa Urbanec Classifieds - Jan Stark Advertising - Jesse Johnson Jeremy Buss Office Manager - Linda Granfield Managing Editor - Clara Osten

Publisher - Kevin Peterson

Co-Managing Editor - Lynnelle Sievers Sports Editor - Casey Schroeder

Composing - Megan Haase

Press Foreman - Al Pippitt

Pressman - Chris Luft

Columnist - Pat Meierhenry

SUBSCRIPTION RATES In Wayne, Pierce, Cedar, Dixon, Thurston, Cuming, Stanton

and Madison Counties - \$40.00 per year. Out-of-Area and Out-of-State - \$50.00 per year. Single copies 75 cents.



Kunners

4A

continued from page 1A

pus. "I thought it was a great effort. I was here working out anyway. They invited me to join them. I decided to become involved."

Engebretsen is majoring in biology with minors in chemistry and exercise science. He is a swim instructor and is training for his first marathon and a triathlon. He has participated as a volunteer at the Wayne State College Physiology Understanding (PhUn) Day and the Wayne Elementary HHPS-Wellness Awareness Day. He participates in biology and nature clubs and made the dean's list.

"These runners have limitations and we can help them out so they can be free of them for a time to do what they want to do," Engebretsen said.

graduated from Lehman Columbus Lakeview and played college baseball at the junior college level at Highland Community College in Highland, Kansas. He transferred to Wayne State College in the fall of 2007 and has made the dean's list each semester. His major is applied human sport physiology. He participates in pre-physical therapy club and volunteers for the food service board for Terrace Residence Hall.

"I've never been afraid to fail. You always take something away from it," Lehman said. He explained that this was something he learned after playing baseball and dealing with an injury. "My experience made me want to study physical therapy. The path you take in life is what you make of it. Opportunities like this don't come along that often. When they do, people need to take advantage of them. Don't be afraid to stick your neck out and help someone else. You need to be willing to fail, to succeed and to learn.'

The group dedicated two nights of each week for training on the Wayne State College campus.

"People noticed we were training for something, asked what it was for and encouraged us," Lehman said. "This experience has meant something to me because a lot of education is beyond class and books. It has been well worth my time. If I have the opportunity to watch these runners succeed,

I'll make the eight-hour trip home happy."

The WSC students will be volunteers for the Wacky 5K Run's beneficiary, the Blind Services Association. The Association is a "people to people" not-for-profit agency that supports the independence of Chicago area residents who are visually impaired. They match up individuals in need of help with individuals and organizations that are offering help. In addition, they offer support groups, senior services and computer support. Sponsors for this 17th annual event are Crunch gym and Niketown.

The race begins and ends indoors at the historic Plumbers Union Hall in Chicago's West Loop. The course winds through the West Loop and presents a rare opportunity to run through this newly developed downtown neighborhood. This race is one of the first of Chicago's spring season.

WSC Freshman Royalty Royalty crowned Freshman Royalty Court members included from left, Rachael Barber (Berry Hall), Stacey Schiltmeyer (Bowen Hall),

Bethany Hippen (Neihardt Hall), Cassandra Poulos (Pile Hall), Jennifer Radley (Terrace Hall), Queen Alyssa Olsen (Morey Hall); King Jacob Hirz (Berry Hall), Gabriel Gauthier (Pile Hall), Thomas Doran (Neihardt Hall), David Parrish (Morey Hall), Josh Patrick (Bowen Hall) and David Gengler (Anderson Hall). Not pictured were: Mara Hjelle (Anderson Hall) and York Thomas (Terrace Hall).

Variety of topics on council agenda

By Clara Osten Of the Herald

A wide range of topics were on City Council met in regular session

Discussion was held on an agen- on the motion, Resolution 2008da item approving a fact-finding 14 failed. The resolution would trip to Roselle, Ill. to observe the operation of a prototype wastewa- the Northeast Nebraska Economic ter treatment process that produces no organic sludge.

City Administrator Lowell trict of Wayne. Johnson told the council that the process is a low energy system and been approximately \$4,000 and he and city staff could observe the plant in operation without incur- tioned where the money would come ring engineering costs. He would from to pay for the study. like to see the plant run for several days in winter.

Council member Verdel Lutt said he was opposed to making the trip Block Grant Main Street Initiative to Illinois because "you can't see or watch anything happen. Waste goes in and clean water comes out."

Following discussion the council voted to approve the trip.

A public hearing was held during the meeting on an application Inc., (WAEDI). on the Main Street for a Class C Liquor License for Initiative Program. M.M. Meyer, LLC, doing business

1. Sec. 1.

М.

No one spoke for or against the Tuesday's agenda when the Wayne application and unanimous approval for the request was granted.

Because of a lack of a second have accepted an agreement with Development District to conduct a Blight Study in the downtown dis-

Cost for the study would have Council Member Doug Sturm ques-

The study is necessary to proceed with grant applications for the Community Development Program.

Prior to rejecting the bid for the blight study, the council had listened to a report from Dave Simonsen, Executive Director of the Wayne Area Economic Development

Simonsen said that the city of

for communities with populations Summerfield, Brad Wieland, Traci of less than 20,000 and who met several other requirements. Wayne was one of only a few cities in the state who met these requirements. He said that WAEDI would continued from page 1A be responsible for \$7,500 matching funds for the grant and that following the development of a plan, the community would be eligible for a \$250,000 grant to implement the

plan. He also listed the activities that the grant money could be used for. The council voted to reject the bid

received for the power plant roofing project.

Only one bid was received and City Administrator Johnson told the council that he felt if the project were re-bid, with a later completion date, additional bids would be received at a lower cost.

A number of appointments were made during Tuesday's meeting. They include Sara Hank to

as Mikey's Place, the former Bar Wayne was eligible to apply for a the ADA Committee and Randy Bruckner, Greg Kallhoff, Darrell planning grant of \$30,000 to devel- Bertolas, Nancy Jo Powers, Sam op a plan for improvements for Schroeder, Duane Blomenkamp, the downtown area. He noted that Rod Garwood, David Lutt, Craig the grant money was ear-marked Tiedtke, Connie Kirkpatrick, Sheryl

Alert

in situations where danger is immediate and imminent. When used, this system will clearly provide the campus community with the exact nature of the emergency and direct personnel regarding areas to avoid, evacuate or other actions to take given the circumstances

Chief Webster consulted with a forensic clinical psychologist and contacted the Federal Bureau of Investigation Behavioral Science Unit to discuss the nature of the possible threat on several occasions and relayed this advice to college officials to guide our response to the incident.

The City of Wayne, including Wayne State College, has a low

Sales Tax Committee. The council will next meet in regular session on Tuesday, March 4 at 5:30 p.m. in the council chambers.

Miller and Penny Volbracht to the

overall crime rate, and a very low violent crime rate. There is no indication that Wayne State College is not safe for students, staff and faculty, contrary to rumors that may be circulating.

"Incidents like this can cause both a heightened sense of awareness and fear. A heightened sense of awareness is always positive, given the nature of our society. Bad things can happen anywhere in the United States but an aware citizenry is one of the best defenses against acts of violence," Webster said.

Anyone with information about this incident is encouraged to call Wayne State College Security at 375-7216 or the Wayne Police Department at 375-2626.



Your choice when you switch to Viaero.





Heralo

Harm puts Trojans away Tuesday night in C1-6 sub-district semi-final

By Casey Schroeder

With 9.2 seconds left Wayne's Cory Harm stepped up to the free throw line and took a deep breath then effortlessly released the ball from his finger tips on two separate occasions.

On each of Harm's shots, the senior was dead on as he secured the 53-50 win over Wakefield (19-3) in the C1-6 sub-district semi-final held at Norfolk High on Tuesday night.

out strong," Wayne head coach

several Wayne mishaps to take a

12-10 lead into the second quarter. Wayne's Jesse Hill began the second quarter with a three pointer which was then duplicated by Shaun Kardell who gave the Blue Devils a 18-12 lead.

The lead was narrowed temporarily after a Joel Nixon three. However, Kardell responded back with another three to give Wayne the 21-15 lead.

Fouls by Wayne allowed "I had a feeling he'd (Harm) come Wakefield to cut the lead to two as Wayne took a 25-23 lead into half-

clock the Trojans capitalized on Wakefield trailed 28-29.

Wayne responded back by going on a ten point run, while only surrendering one point to Wakefield giving the Blue Devils a 35-30 lead. "We couldn't get over the hump, they shot real well," Wakefield

head coach Mike Clay said. While Wayne managed to dominate the first three quarters, the final quarter belonged solely to the Trojans.

Wakefield trailed by as many as six points in the fourth quarter before a late rally narrowed Wayne's lead to one.

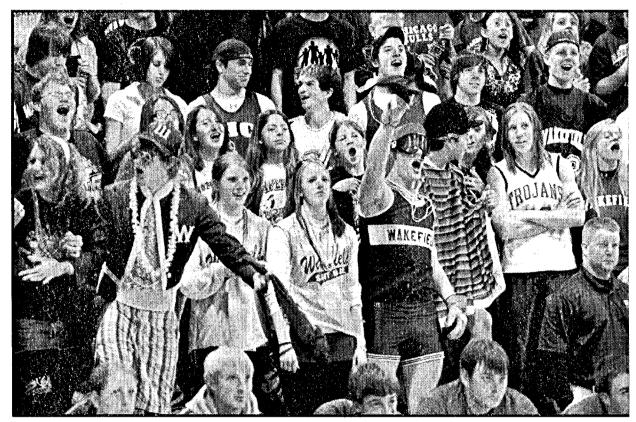
In the final minute of the quarter both teams duked it out, and it was Wayne that would come out on top after a slew of successful shots.

"Wayne played a nice ball game, Rocky's teams are always solid...organized and they do a nice job." Clay said.

While Wakefield controlled their destiny, they came up short when they sent Harm to the foul line where he then hit both free throws to give the Blue Devils the needed cushion for a 53-50 win.

"I'm thrilled to death for the kids, you have to give Wakefield credit they play good defense," Ruhl said. "Our kids hung together and took care of business to find a way to win it."

Jesse Hill with 18 points and



Wakefield's student section gets retro and rowdy at Tuesday's game against Wayne.

Shaun Kardell with 17.

Wakefield's leading scorers against Wayne were Joel Nixon with 19 points, while Colby Henderson and Chad Clay added The Blue Devils were led by 14 and 10 points respectively. Wayne will face Wisner-Pilger Wayne

who knocked off Norfolk Catholic 72-64 Tuesday night in overtime. The Gators and Blue Devils will tip off at 7 p.m on Thursday night at Norfolk High. 12 11 7 20-50 Wakefield

10 15 13 15-53

Wakefield Scoring: Joel Nixon 19, Colby Henderson 14, Chad Clay 10, Mason Nixon 6, Dusty Rhods 1. Wayne Scoring: Jesse Hill 18, Shaun Kardell 17, Cory Harm 10, Sam Kurpgeweit 6, Max Stednitz 2.

- ARABARA

WAY

Bears bulldoze Ponca in C2-7 sub-district final on Saturday

By Casey Schroeder

After a blizzard induced postponement last Thursday, Laurel-Concord returned to Wayne on Ponca Indians 48-17 in the final round of C2-7 sub-districts.

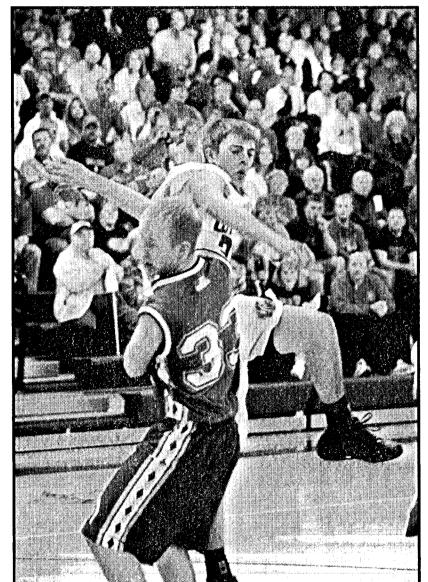
"This was a great win...th

cumbed to the turnover bug and Ponca rallied back with 4:11 left in the half to cut the Bears lead to ten points.

But Laurel-Concord didn't let the Saturday evening and crushed the Indians stray to far, as they went on to take a 29-13 lead into halftime.

While Ponca managed to hang have been very focused and deter- with the Bears in the first half, the Indians failed on all ends of the ball in the third quarter.







Reggie Ruhl collides with Wakefield's Matt Erwin after dishing off a pass in Tuesday night's game.

Rocky Ruhl said. "He had the freshest legs of any of our players and was determined."

The first quarter turned out to be a tightly contested affair, as the Trojans and Blue Devils were dead locked throughout the entire quarter.

After a 8-8 tie with 2:30 left on the

time. The third quarter turned into a sloppy affair for both teams.

Wayne got into foul trouble early on and Wakefield capitalized on the opportunity to come within one after a Colby Henderson three pointer.

With 3:06 left in the quarter

mined as of late," Bears head coach Nate Simms said.

Laurel-Concord wasted no time against Ponca, as the Bears pounced out to an 11-4 first quarter lead.

The Bears out rebounded the Indians early on, and forced Ponca to turn the ball over repeatedly, which gave Laurel-Concord more then enough momentum to score.

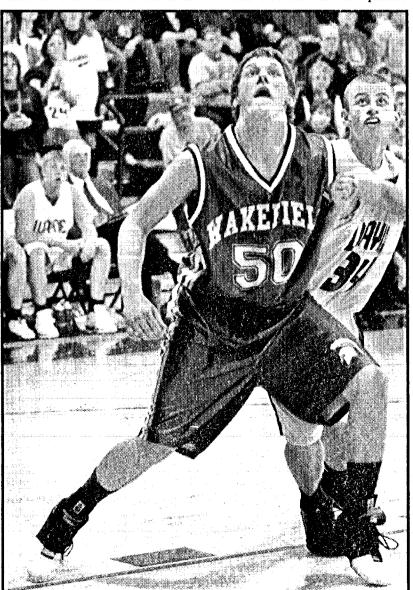
The Bears took advantage of the Indians' blunders and ended the first quarter leading 18-4.

After a strong start in the first quarter, Laurel-Concord suc-

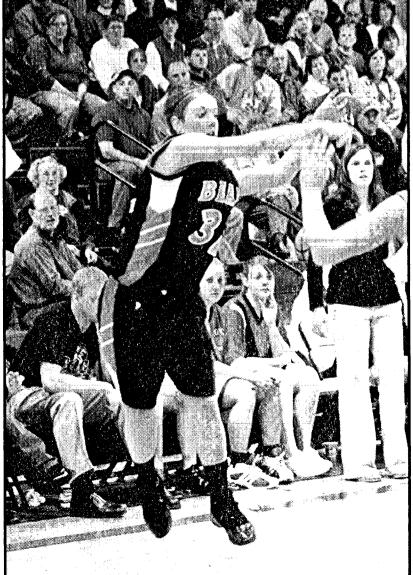
Laurel-Concord out performed the Indians defensively, as they forced turnovers that limited Ponca's opportunities to score.

In addition to a stellar performance by the Bears defense, Laurel-Concord's offense did their part and scored ten points, which gave the Bears a 26 point lead. With cushion going into the fourth quarter, the Bears kept on pace as they gave up four fourth quarter points.

However, Ponca while their



Wakefield's Dusty Rhods in action as he boxes out Wayne's Cory Harm.



Laurel-Concord's Jenny Schroeder in Saturday night's sub-district final against Ponca.

Kim Lubberstedt on one of her many drives to the hoop.

chance of a comeback was minimal, had relative success in the fourth quarter defensively as they limited the Bears to nine points.

Regardless of the Indian's fourth quarter effort it wasn't enough as the Bears claimed a 48-17 victory and advancement to the district final on Friday.

We had a number of girls play huge defensive roles for us tonight," Simms said.

Laurel-Concord was led in scoring by Kari Schroeder, Bethany DeLong and Kim Lubberstedt, who all reached the double digit mark

with 10 points each. After sweeping sub-districts the Bears will square off against

Elkhorn Valley in the district final at 7 p.m. on Friday at Norfolk High

Ponca 4 9 0 4-17 Laurel-Concord 18 11 10 9-48

Laurel-Concord Scoring: Kari Schroeder 10, Bethany DeLong 10, Kim Lubberstedt 10, Kacie Gould 9, Jenny Schroeder 6, Tarah Jelinek 2, Jessica Pigg 1.

Ten Star All-Star Basketball Camp applications evaluated

uated for the Ten Star Summer Basketball Camp.

The basketball camp is by invitation only. Boys and girls ages 10-19 are eligible to apply.

College basketball scholarships are possible for players selected to the All-American Team.

Camp locations include: Prescott, Ariz., Babson Park, Fla., Thousand Oaks, Calif., Gainesville, Ga., Champaign, Ill., Glassboro, N.J., website

Applications are now being eval- Lebanon, Tenn., Commerce, Texas and Blacksburg Va.

> participants include: Past Michael Jordan, Tim Duncan, Vince Carter, Jerry Stackhouse, Grant Hill and Antawn Jamison

> There is also a camp available for boys and girls ages 6-18 of all skill levels

For more information contact (704)-373-0873 or look at their

Herian writes a new chapter on WSC records at John Dalton Open

By Casey Schroeder

2B

Sophomore Kylie Herian recorded two new school records at the John Dalton Open in Vermillion, S.D last Saturday.

Herian, finished fifth in the 60meter dash with a 7.88 second performance, which beat her previous school record time of 7.99 seconds that was set in December, 2006.

The former Pierce Bluejay also finished second in the 60-meter hurdles, with a time of 8.73 seconds. Herian's effort edged out Rachel Roebke who finished third (8.76) and beat Roebke's previous school record time of 8.82 seconds that was set earlier in the season.

While Herian stole the show with her record setting performances, it was Christina King and Katie Wilson who chalked up wins for the Wildcats.

King won the 600-meter run (1:38.90) and took fifth in the 200meter dash with a time of 26.55 seconds.

Wilson recorded an NCAA National run with a performance of 4:24.33.

Provisional Qualifying mark with a season best throw of 55'7" and edged out the Wildcat's Lacey Jensen, who earned second place with a mark of 53' 6 1/2," which is also a NCAA National Provisional Qualifying mark.

While the women's squad had moderate success, Brett Suckstorf was the only male to record a win.

Suckstorf, won the 35-pound weight throw with a 58' 4" throw, while teammate John Sloup finished second with a throw of 56' 1/2".

In addition to the athletes who competed in Vermillion, three Wildcats took part on Friday and Saturday night at the Iowa State Open in Ames, Iowa.

Junior Ben Jansen, established an NCAA National Provisional Qualifying mark in the 800-meter dash (1:53.61), while Nate Preston finished 53rd in the 5,000 meter run with a time of 15.21.52.

Cheto Cerda rounded out the Wildcats' effort in Ames, as Cerda In the women's weight throw finished 21st in the unseeded mile

Zavorka and Schmitt earn **USTFCCCA All-Academic Honors**

WSC cross country runners Megan Zavorka and Melissa Schmitt were recently named to the 2007 NCAA Division II UST-FCCCA Women's Cross Country All-Academic Team released by the U.S. Track and Field and Cross Country Coaches Association.

Qualifications for the academic honor include: the student-athlete must have a cumulative grade point average of 3.25 or better and finish in the top 30 percent at their regional cross country championship.

Zavorka a native of Torrington, Wyo. earned All-NSIC honors with a second place finish at last fall's conference championship and finished 42nd at the North Central Regional Championships in Vermillion last fall.

Schmitt, a sophomore from Randolph, Neb. also earned All-NSIC honors last fall with her fourth place finish at the NSIC Championships, and also finished 53rd at the North Central Regional Championships.

The Wildcats will return to action this Saturday as they will compete at the Prairie Wolf Open in Lincoln on Friday and the South Dakota Last Chance Open in Vermillion on Saturday.

Women's Results 60 Meter Dash: Kylie Herian, 5th

(7.88) new school record 200 Meter Dash: Christina King, 5th (26.55)

600 Meter Run: Christina King, 1st (1:38.90)

1,000 Meter Run: Meghan Costello, 4th (3:08.92); Melissa Schmit, 5th (3:10.36)

1 Mile Run: Melissa Schmit, 3rd (5:20.12); Melissa McIntosh, 6th (5:32.55); Megan Knudson, 8th (5:43.51)

60 Meter Hurdles: Kylie Herian, 2nd (8.73) New School Record; Rachel Roebke, 3rd (8.76)

4 x 800 Meter Relay: (Meghan Costello, Meghan Jacob, Kristy Doffin, Anna Walker), 5th (10:49.15)

Weight Throw: Katie Wilson, 1st (55' 7"); Lacey Jensen, 2nd (53' 6 1/2")

High Jump: Misty Rystrom, 7th (5' 3")

Men's Results

400 Meter Run: Jacob Davis, 6th (51:51)1 Mile Run: Nathanial Bergen,

600 Meter Run: Andrew

Bachman, 8th (1:25.97) 1,000 Meter Run: Lee Anderson,

5th (2:40.26) 60 Meter Hurdles: Garrett

Flamig, 5th (8:38) 4 x 800 Meter Relay: (Nathaniel Bergen, Andrew Bachman, Jesse Wessenaar, Lee Anderson) 4th, (8:30.86)

5 1/4")

"We're moving in the right direction," Blue Devil head coach Greg Vander Weil said. "Next year we hope to get out of

tournament with a combined

The Wayne Blue Devils Logan

in

here (Qwest Center) with some hardware (medals)," Owens, a sophomore wrestled at

130 pounds and in his first state



Wayne fans, left to right, Lori Owens, Rebecca Onderstal, Jake Munter Pat Onderstal and Randy Owens attended the state wrestling matches in Omaha. This stalwart group of Blue Devil fans could be found sneaking into the first tier of seats wherever Blue Devil wrestlers were on the mat. Photo: Lee Koch

First Round competition too much for Blue Devil wrestlers

By Lee Koch

record of 5-2.

Matthew Oliver (32-3) of Auburn who went on to earn a fourth place medal.

In Owens' second match the Blue Devil won a 7-5 decision over Alex Smith of McCook before being eliminated from the tournament by pin to Kody Rich of Syracuse in the second period.

"Owens going 1-2 (at state) is encouraging and gives him a start on future appearances." Vander Weil said.

Owens finished the season with a 24-13 record.

Onderstal, a senior qualified for the state meet a second time after qualifying in the 125 pound weight class as a sophomore.

In Onderstal's first match he lost by pinfall to Riley Essay (41-2), who went on to earn a third place medal in the 135 pound weight class.

In his first match on Friday

meet lost on a second period pin to Onderstal won by an 11-6 decision over Benjamin Johanns of Syracuse, before losing an elimination match by a 5-1 score to Chris Mitchell of Boys Town.

Vander Weil felt bad for Onderstal as the senior Blue Devil saw his career finish in a loss that was a heartbreaker (for Onderstal). Onderstal finished the year with a record of 23-14.

Dorcey, the Blue Devils other senior wrestler lost his first round match in a first period by pinfall to Miles Butt (39-6) of Central City who finished third in the 160

pound weight class.

Dorcey, who battled injury problems all season, re-injured his shoulder in practice last Monday, but decided to take part in the tournament and was forced to withdraw from the tournament.

After his first round loss, Dorcey finished his season with a 7-8 record.

Season high shooting gives 'Cats win over Mustangs

By Casey Schroeder

ball team shot a season high 57.7 31 from the field. percent from the field to capture a

cent of their shots from the free The Wayne State women's basket- throw line, in addition to being 15- regular season on the road as they For most of the second half the

WSC in the first half hit 84.6 per- with a record of 11-5. The Wildcats will close out the visit MSU Moorhead Friday, and then #5 Concordia-St. Paul on

Wellness Center 1200 Providence Road • Wayne, Nebraska • (402) 375-7927 ASK THE TRAINER

What can I do to be fit for golf this summer? properly prepared.

Some of the more common injuries in golf involve symptoms do not quickly improve, seek help from a prostrains, sprains, and tendonitis of the shoulders, wrists, fessional.

the recreational golfer. Other important ways to prevent We are quickly approaching spring and that means injury include getting lessons to improve swing mechangolf courses will be opening and people will be digging ics, buying good equipment (shoes, gloves, clothes, etc.), out their golf clubs. What most people will not be doing, and taking 10-15 minutes to warm-up before play. Even is preparing their bodies for the challenge of a golf with all of the necessary precautions, injuries can still swing. The golf swing is a dynamic and demanding happen. If they do, do not hesitate to treat soreness with total body movement, with risk for injury if one is not ice. For more serious injuries, the acronym RICE (rest, ice, compression, and elevation) is the way to treat. If

Stop in to the Providence Wellness Center to see

stiff competition on the first day, as the Blue Devils were paired up against district champions in all of their opening matches. However, Wayne responded back in the second round to finish the

Long Jump: J.J. Washington, 8th (22' 3/4"); Jacob Mathieson, 7th (50'

Owens (130), Sheldon Onderstal (135) and Derick Dorcey (160) got off to a rocky start in the first 4th (4:31.38) round of the Nebraska State Wrestling Championships Omaha over the past weekend. The Wayne wrestlers all faced

back, elbows, knees, and feet. Prevention is the key to avoiding and lowering injury risk. Golfers should main- how to get your body ready for the upcoming golf tain adequate strength and flexibility to protect joints season.

and improve performance. A total body program with Always consult your physician before beginning any specific core and flexibility exercises would suffice for exercise program.

Gunnar Spethman, MSE, CSCS*D Send your emails to wellness@providencemedical.com

BOWLING RESULTS brought to you by:

Melodee Lanes Wildcat Lounge

1221 N. Lincoln • Wayne, NE 68787 375-3390 • 375-2319

Week #23 2/12/08Week #20 2/6/08Godfather's199Godfather's19Jac.N-Vision14Haif-Ton Club16Haif-Ton Club16Haif-Ton Club16Haif-Ton Club16Harder & Ankeny, PC.13Widcat Sports Lounge121216Harder & Ankeny, PC.13Widcat Sports Lounge121216Jagame Soft Course10High Games/Series: Doug Rose 255.Kelly Hanson 606; Godfather's 1014.Pac.N-Vision 2765.Kelly Hanson 203, Jour 203, Jini Johnson24, Kert Roberts 216, Steve Jorgensen 215.Kelly Hanson 213, 201, Brad Jones 212, BryanNeek #20 1/30/08Week #20 1/30/08Kathol and Associates 16BWeek #20 1/30/08Kathol and Jones 626; White Dog Pub 19Nack Kay 20 1/30/08Kathol and Associates 168Pade Mielands8Pade Mielands8 <th>City League (Men)</th> <th>Hits and Misse</th> <th></th>	City League (Men)	Hits and Misse	
$ \begin{array}{c} \mbox{Contrather s} & 19 & 9 \\ \mbox{Frederitzson On Co.} & 14 & 6 \\ \mbox{Tam's Body Shop} & 16 & 12 \\ \mbox{Haif-Ton Club} & 16 & 12 \\ \mbox{Haif-Ton Club} & 16 & 12 \\ \mbox{Harder & Ankeny, P.C.} & 13 & 15 \\ \mbox{Widcat Sports Lounge} & 12 & 16 \\ \mbox{Widcat Sports Lounge} & 12 & 16 \\ \mbox{Ungan Repair} & 12 & 16 \\ \mbox{Ungan Naley Golf Course} & 10 & 14 \\ \mbox{High Games/Series: Doug Rose 255.} \\ \mbox{Ketly Hanson 606; Godfather's 1014.} \\ \mbox{Pac.N-Vision 2765.} \\ \mbox{Ket Xy 232, Bryan Denklau 230, Mick Kemp} \\ \mbox{233, Kent Roberts 216, Steve Jorgensen 215.} \\ \mbox{Ket Xy 232, Bryan Denklau 230, Mick Kemp} \\ \mbox{24, James Felt 201, Nate Temme 201, Doug Rose 604.} \\ \hline \mbox{Weck #20 1/30/08} \\ \mbox{Sevens} & 16 & 4 \\ \mbox{Wet Dream Team} & 11 & 9 \\ \mbox{Roks} & 9 & 11 \\ \mbox{The Bord Wielands} & 8 & 12 \\ \mbox{Wet Dream Team} & 11 & 9 \\ \mbox{Roks} & 9 & 11 \\ \mbox{The Bord Wielands} & 8 & 12 \\ \mbox{Welode Lanes} & 4.5 & 11.5 \\ \mbox{Hide Dog 2343.} \\ \mbox{Hite Dog 2343.} \\ \mbox{White Dog 2343.} \\ \mbox{White Dog 2343.} \\ \mbox{Mite Dog 2343.} \\ Mite Do$			
Tom's Body Shop 16 12 Half-Ton Club 16 12 Pac-Nvision 14 14 Harder & Ankeny, P.C. 13 15 Wildcat Sports Lounge 12 16 Logan Valley Golf Course 10 14 High Games/Series: Doug Rose 255. Kelly Hanson 606; Godfather's 1014. Pac-N-Vision 2765. Rick Kay 232, Bryan Denklau 230, Mick Kemp 223, Kent Roberts 216, Steve Jorgensen 215. Kelly Hanson 713, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604. Wed-Nite Owls Week #20 1/30/08 Sevens 16 4 White Dog Pub 2 10 Wite Zog 243. Meldede Lanes 4.5 11.5 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806 White Dog 2343.			14 0
Half-Ton Club 16 12 11 9 Pac.N-Vision 14 14 14 Harder & Ankeny, P.C. 13 15 Wildcat Sports Lounge 12 16 10 10 Brudigam Repair 12 16 14 14 14 14 Logan Valley Golf Course 10 14 14 14 14 14 14 14 14 14 16 12 10 10 10 Ugan Valley Golf Course 10 14 14 14 16 16 14 14 14 16 16 14 14 16 16 12 10 <td></td> <td>Kathol and Associates 13</td> <td></td>		Kathol and Associates 13	
Pac.N-Vision1414Harder & Ankeny, P.C.1315Harder & Ankeny, P.C.1315Wildcat Sports Lounge1216Logan Valley Golf Course1014High Games/Series: Doug Rose 255.262.Kelly Hanson 606; Godfather's 1014.Pac.N-Vision 2765.Rick Kay 232, Bryan Denklau 230, Mick Kemp180+-3bleen Jensen 183, Deb Gustafson 200, Stady Craft 538, Ardie Sommerfeld 191-202, Carol Gresch 180.108 Pearl St.Wed-Nite Owls Week #201/30/08Sevens16White Dog14White Dog15We thream11Mite Games/Series: Katby Bird 233, Ardie Sommerfeld 597; Wayne East/Prime Stop 947, Stadium SportsYean Thirteen6.5Mite Dog 2343.115High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343.		Tacos and More	II 9
Harder & Ankeny, P.C. 13 15 Wildcat Sports Lounge 12 16 Brudigam Repair 12 16 Logan Valley Golf Course 10 14 High Games/Series: Doug Rose 255, Kelly Hanson 606; Godfather's 1014, Pac-N-Vision 2765. Rick Kay 232, Bryan Denklau 230, Mick Kemp 223, Kent Roberts 216, Steve Jorgensen 215, Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604. Week #20 1/30/08 Sevens 16 4 White Dog Pub 1 8 12 White Dog Pub 2 7 13 Jensen Construction 6 14 High Games/Series: Ardie Sommerfeld 191-202, Carol Griesch 180, 4804-Jeanette Swanson 483, Deb Gustafson 527, Stacey Craft 538, Ardie Sommerfeld 537, Kathy Bird 515, Essie Kathol 489. Hits and Misses Week #21 2/13/2008 Kathol and Associates 16 8 Frederickson 01 Co. 14 10 Wayne East/Prime Stop 14 10 Stadium Sports 10 14 High Games/Series: Kathy Bird 233, Ardie Sommerfeld 597; Wayne Bast Prime Stop 947, Stadium Sports 2603. 180-Shelly Carroll 213-209, Candy Guill 212, Joinna Morris 193, Ardie Sommerfeld 192-196- 209, Traic Gamble 185, Kathy Bird 233, Jon High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343.			
Wildcat Sports Lounge 12 16 Brudigam Repair 12 16 Ucgan Valley Golf Course 10 14 High Games/Series: Doug Rose 255, Kelly Hanson 606; Godfather's 1014. Pac-N-Vision 2765. Kuk Kay 232, Bryan Denklau 230, Mick Kemp 223, Kent Roberts 216, Steve Jorgensen 215, Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604. Wed-Nite Owls Week #20 1/30/08 Sevens 16 4 White Dog Pub 2 7 13 High Games/Series: Ardie Sommerfeld 191-202, Carol Griesch 180, 480+Jeanette Swanson 483, Deb Gustafson 527, Stacey Craft 158, Ardie Sommerfeld 537, Kathy Bird 515, Essie Kathol 489. Hits and Misses Week #21 2/13/2008 Kathol and Associates 16 8 Frederickson Oil Co. 14 10 Vayne East/Prime Stop 14 10 Stadium Sports 14 10 Nate Sommerfeld 597; Wayne East/Prime Stop 947, Stadium Sports 2603. 180+:Shelley Carroll 213-209, Candy Guill 212, Joinda Morris 193, Ardie Sommer 12 323, Meldoee Lanes 4.5 11.5 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343.			
Logan Valley Golf Course 10 14 High Games/Series: Doug Rose 255. Kelly Hanson 606; Godfather's 1014. Pac-N-Vision 2765. Kuck Kay 232, Bryan Denklau 230, Mick Kemp 223, Kent Roberts 216, Steve Jorgensen 215. Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604. Wed-Nite Owls Week #20 1/30/08 Sevens 16 4 White Dog 14 6 Widcat Sports Lounge 11 5 Wet Dream Team 11 9 Rocks 9 9 11 The Brad Wielands 8 12 Team Thirteen 6.5 13.5 Melodee Lanes 4.5 11.5 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343. Logan Valley Golf Course 10 Logan Valley Golf Course 10 Meder Mite Dog 2343. Logan Valley Golf Course 10 108 Pearl St. Wayne, NE 375-4555 Wayne, NE 375-4555 Wayne, NE 375-4555 Wayne, NE 375-4555 Wayne, NE 375-4555 Wayne East/Prime Stop 14 10 Where Valley 2008 Kathol and Associates 16 8 Frederickson Oil Co. 14 10 Wayne East/Prime Stop 14 10 High Games/Series: Kathy Bird 233, Joni High Games/Series: Jayme Bargholz 2603. 180+:Shelley Carroll 213-209, Candy Guill 212. Jolinda Morris 193, Ardie Sommerfeld 192-196 209, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, Deb	Wildcat Sports Lounge 12		
Logan Valley Golf Course 10 14 High Games/Series: Doug Rose 255. Kelly Hanson 606; Godfather's 1014. Pac-N-Vision 2765. Rick Kay 232, Bryan Denklau 230, Mick Kemp 223, Kent Roberts 216, Steve Jorgensen 215. Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604. Wed-Nite Owls Week #20 1/30/08 Sevens 16 4 White Dog 14 6 Widcat Sports Lounge 11 5 Wet Dream Team 11 9 Rocks 9 11 The Brad Wielands 8 12 Team Thirteen 6.5 13.5 Melodee Lanes 4.5 11.5 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806. White Dog 2343. Logan Valley Golf Course 10 Logan Kathol and Associates 16 8 Frederickson Oil Co. 14 10 Wayne, NE 375-4555 108 Pearl St. Wayne, NE 375-4555 109 Pai Pier State State Pier State State Pier Pier State Pier State Pier Pier Pier Pier Pier Pier Pier Pie	Brudigam Repair 12	Ű	
High Games/Series: Doug Rose 255, Kelly Hanson 606; Godfather's 1014. Pac-N-Vision 2765.202, Stacy Craft 538; White Dog Pub 2 901, Kathol and Associates 2526. 180+:Joleen Jensen 183, Deb Gustafson 200, Stacy Craft 187, Ardie Sommerfeld 191-202, Carol Griesch 180. 480+:Jeanette Swanson 483, Deb Gustafson 527, Stacey Craft 538, Ardie Sommerfeld 537, Kathy Bud 515, Essie Kathol 489. Hits and Misses Week #20 1/30/08 Sevens1000 Fedin St. Wayne, NE 375-4555Wed-Nite Owls Week #20 1/30/08 SevensWeek #21 2/13/2008 Kathol and Associates 16 8 Frederickson 01 Co.1410 Wayne East/Prime StopWed-Nite Owls Widcat Sports Lounge115 High Games/Series: Jayme Bargholz 209115 Sevens164 White Dog Pub 2Weloek and Mise Series:911119 High Games/Series: Jayme Bargholz 200, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, Deb1111Weite Dog 2343.01000 Fedin St.1111Wite Dog 2343.10111212White Dog 2343.10121212Wite Dog 2343.10121212Wite Dog 2343.10180, Shelly Carroll 213-209, Candy Guill 212, Join 209, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, Deb11			-
Pac-N-Vision 2765.Rick Kay 232, Bryan Denklau 230, Mick Kemp223, Kent Roberts 216, Steve Jorgensen 215, Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604.180+:Joleen Jensen 183, Deb Gustafson Stacy Craft 187, Ardie Sommerfeld 191-202, Carol Gresch 180.375-4555Wed-Nite Owls Week #20 1/30/08Hits and Misses Week #21 2/13/2008FREE ESTIMATES!Wed-Nite Owls Wildcat Sports LoungeIf 6 4 White DogMore12 12 12 12 12 14Weth Para Wielands8 9 9 11 The Brad Wielands11 9 11 5 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 8066, White Dog 2343.180+:Shelley Carroll 213-209, Candy Guill 212, 209, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, DebWithout Interviewed and the section of the park of the park 102 trace and MoreWhite Dog 2343.060611.5 10.0110.01 12.02		55, 202, Stacy Craft 538; Whit	
Pac-N-Vision 2765.Rick Kay 232, Bryan Denklau 230, Mick Kemp223, Kent Roberts 216, Steve Jorgensen 215, Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604.Stacy Craft 538, Ardie Sommerfeld 191-202, Carol Griesch 180.Stacy Craft 538, Ardie Sommerfeld 537. Kathy Bird 515, Essie Kathol 489.Stacy Craft 538, Ardie Sommerfeld 537. Kathy Bird 515, Essie Kathol 489.Stacy Craft 538, Ardie Sommerfeld 537. Kathy Bird 515, Essie Kathol 489.Wed-Nite Owls Week #20 1/30/08Sevens16 Wite Dog14 10 Tacos and More12 12 12 12 White Dog Pub 210 14 10 14 White Dog Pub 210 14 10 14 White Dog Pub 210 14 10 14 10 12 12 10 1410 14 10 12 <td>Kelly Hanson 606; Godfather's 1</td> <td>4, 901, Kathol and Associates</td> <td>^{2526.} Wayne NE</td>	Kelly Hanson 606; Godfather's 1	4, 901, Kathol and Associates	^{2526.} Wayne NE
223, Kent Roberts 216, Steve Jorgensen 215, Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604. Wed-Nite Owls Week #20 1/30/08 Sevens 16 4 White Dog 14 6 Wildcat Sports Lounge 11 5 Wet Dream Team 11 9 Rocks 9 11 The Brad Wielands 8 12 Team Thirteen 6.5 13.5 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343. Carol Griesch 180. 480+Jeanette Swanson 483, Deb Gustafson 527, Stacey Craft 538, Ardie Sommerfeld 537, Kathy Bird 515, Essie Kathol 489. Week #21 2/13/2008 Kathol and Associates 16 8 Frederickson Oil Co. 14 10 Mayne East/Prime Stop 14 10 Stadium Sports 14 10 Tacos and More 12 12 White Dog Pub 1 9 15 Jensen Construction 7 17 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343.		180+:Joleen Jensen 183, Deb	Gustaison 200,
225, Refit Roberts 216, Steve Jorgensen 213, Kelly Hanson 213, 201, Brad Jones 212, Bryan Park 207, Jayme Bargholz 205, Jim Johnson 204, James Felt 201, Nate Temme 201, Doug Rose 604.480+:Jeanette Swanson 483, Deb Gustafson 527, Stacey Craft 538, Ardie Sommerfeld 537, Kathy Bird 515, Essie Kathol 489. Week #20 1/30/08FREE ESTIMATES!Weed-Nite Owls Week #20 1/30/08Week #21 2/13/2008 Kathol and Associates 16 8 Frederickson Oil Co. 14 10 Wayne East/Prime Stop 14 10 Stadium Sports 14 10 Tacos and More 12 12 White Dog Pub 2 10 14 White Dog Pub 1 9 15 Jensen Construction 7 17 High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343.FREE Swanson 483, Deb Gustafson Setaim Sommerfeld 597, Wayne East/Prime Stop 947, Stadium Sports 2603.Zeam Thirteen 4.5 White Dog 2343.6.5 Holdorf 185, Jeanette Swanson 215, Deb Ortice 101 Chem 185, Setaim Sumson 215, Deb	Rick Kay 232, Bryan Denklau 230, Mick F		erfeld 191-202, 375-4555
Nerigi Hanson 215, 201, Brad Jones 212, BryanPark 207, Jayme Bargholz 205, Jim Johnson204, James Felt 201, Nate Temme 201, DougRose 604.Wed-Nite Owls Week #20 1/30/08Week #20 1/30/08Sevens16Mite Dog14Wildcat Sports Lounge11Meldat Sports Lounge11The Brad Wielands8812Ream Thirteen6.5Meldee Lanes4.5High Games/Series: Jayme Bargholz243, Brad Jones 626; White Dog 806,White Dog 2343.	223, Kent Roberts 216, Steve Jorgensen		
Park 207, Jayme Bargholz 205, Jim Johnson204, James Felt 201, Nate Temme 201, DougKathy Bird 515, Essie Kathol 489.Rose 604.Hits and MissesWeek-Nite OwlsWeek #21 2/13/2008Week #20 1/30/08Frederickson Oil Co.Sevens16White Dog14Wildcat Sports Lounge11119Wet Dream Team11Rocks9The Brad Wielands8Rocks9Melodee Lanes4.5High Games/Series: Jayme Bargholz243, Brad Jones 626; White Dog 806,White Dog 2343.	Kelly Hanson 213, 201, Brad Jones 212, B		
204, James Feit 201, Nate Temme 201, Doug Rose 604.Hits and Misses Week #21 2/13/2008Week #21 2/13/2008Kathol and Associates 16 8Frederickson Oil Co.14Week #20 1/30/08Sevens16Meek #20 1/30/08Sevens16Meek #20 1/30/08Sevens16Meek #20 1/30/08Sevens16Meek #20 1/30/08Sevens16Meek #20 1/30/08Sevens16Meice week #21 2/13/2008Kathol and Associates 168Sevens16Meice week #2010Mite Dog141014White Dog Pub 210Migh Games/Series: Kathy Bird 233. Ardie Sommerfeld 597; Wayne East/Prime Stop 947, Stadium Sports 2603.2603.180+:Shelley Carroll 213-209, Candy Guill 212. Jolinda Morris 193, Ardie Sommerfeld 192-196- 		Son Kathy Burd 515 Feerie Kathol 48	FALL
Rose 604.Week #21 2/13/2008Week #21 2/13/2008Week #21 2/13/2008Kathol and Associates 16 8Frederickson Oil Co. 14 10Week #20 1/30/08Sevens 16 4White Dog 14 6Wildcat Sports Lounge 11 5Wet Dream Team 11 9Rocks 9 11The Brad Wielands 8 12Team Thirteen 6.5 13.5Melodee Lanes 4.5 11.5High Games/Series: Jayme Bargholz243, Brad Jones 626; White Dog 806,White Dog 2343.	204, James Felt 201, Nate Temme 201, 1	110	LOTIMATED:
Wed-Nite Owls Week #20 1/30/08Kathol and Associates168Sevens164White Dog146Wildcat Sports Lounge115Wet Dream Team119The Brad Wielands812Team Thirteen6.513.5Melodee Lanes4.511.5High Games/Series: Jayme Bargholz243, Brad Jones 626; White Dog 806, White Dog 2343.16Kathol and Associates168Carlot Sports1014White Dog Pub 1915Jensen Construction717High Games/Series: Kathy Bird 233. Ardie Sommerfeld 597; Wayne East/Prime Stop 947, Stadium Sports 2603.2603.High Games/Series: Jayme Bargholz 243, Brad Jones 626; White Dog 806, White Dog 2343.16	Rose 604.		
Wed-Nite Owls Week #20 1/30/08Frederickson Oil Co.1410 Wayne East/Prime Stop1410 Tacos and MoreSevens164White Dog146Wildcat Sports Lounge115Wet Dream Team119The Brad Wielands812Team Thirteen6.513.5Melodee Lanes4.511.5High Games/Series: Jayme Bargholz243, Brad Jones 626; White Dog 806, White Dog 2343.180+:Shelley Carroll 213-209, Candy Guill 212, Jolinda Morris 193, Ardie Sommerfeld 192-196- 209, Traci Gamble 185, Kathy Bird 233, Joni			
Week #20 1/30/08Sevens16White Dog16White Dog14White Dog14Wildcat Sports Lounge11119Wet Dream Team11Necks9Procks9The Brad Wielands81212Team Thirteen6.56.513.5Melodee Lanes4.5High Games/Series: Jayme Bargholz243, Brad Jones 626; White Dog 806,White Dog 2343.	1x		14 10
Tacos and More1212Sevens164White Dog146Wildcat Sports Lounge115Wet Dream Team119Rocks911The Brad Wielands812Team Thirteen6.513.5Melodee Lanes4.511.5High Games/Series: Jayme Bargholz2603.243, Brad Jones 626; White Dog 806,209, Traci Gamble 185, Kathy Bird 233, JoniWhite Dog 2343.Hiddorf 185, Jeanette Swanson 215, Deb	Wed-Nite Owls		14 10
Sevens164Tacos and More121212White Dog146White Dog Pub 21014Wildcat Sports Lounge115Jensen Construction717Wet Dream Team11915Jensen Construction717High Games/Series:812East/Prime Stop 947, Stadium Sports233.GREAT Place To BellTeam Thirteen6.513.52603.180+:Shelley Carroll 213-209, Candy Guill 212.Jolinda Morris 193, Ardie Sommerfeld 192-196-243, Brad Jones 626; White Dog 806, White Dog 2343.0Hiddorf 185, Jeanette Swanson 215, DebWhite Dog	Week #20 1/30/08		
White Dog146White Dog Pub 21014Wildcat Sports Lounge115White Dog Pub 1915Wet Dream Team119Jensen Construction717High Games/Series:Kathy Bird 233.Ardie Sommerfeld 597; Wayne233.Rocks911Ardie Sommerfeld 597; WayneCREAT Place To BellTeam Thirteen6.513.52603.Melodee Lanes4.511.5180+:Shelley Carroll 213-209, Candy Guill 212.Jolinda Morris 193, Ardie Sommerfeld 192-196-209, Traci Gamble 185, Kathy Bird 233, JoniWhite Dog 2343.Holdorf 185, Jeanette Swanson 215, Deb	Sevens 16		
Wildcat Sports Lounge115While Dog Pub 1915Wet Dream Team119Rocks911The Brad Wielands812Team Thirteen6.56.513.5Melodee Lanes4.5High Games/Series: Jayme Bargholz2603.243, Brad Jones 626; White Dog 806,209, Traci Gamble 185, Kathy Bird 233, JoniWhite Dog 2343.High Cameter Swanson 215, Deb			
Wet Dream Team119Jensen Construction11Rocks911High Games/Series: Kathy Bird 233. Ardie Sommerfeld 597; Wayne East/Prime Stop 947, Stadium Sports 2603.Dog House is a GREAT Place To BelliTeam Thirteen6.513.52603.Melodee Lanes4.511.5180+:Shelley Carroll 213-209, Candy Guill 212, Jolinda Morris 193, Ardie Sommerfeld 192-196- 209, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, DebImage: Construction of the sector of	0	9	being in the
Rocks911Iftgill Games/Series. Hitty Brill 233.The Brad Wielands812Team Thirteen6.56.513.5Melodee Lanes4.511.5180+:Shelley Carroll 213-209, Candy Guill 212.Jolinda Morris 193, Ardie Sommerfeld 192-196-243, Brad Jones 626; White Dog 806,White Dog 2343.			Dea House is a
The Brad Wielands812East/Prime Stop 947, Stadium SportsTeam Thirteen6.513.5Melodee Lanes4.511.5High Games/Series: Jayme BargholzJolinda Morris 193, Ardie Sommerfeld 192-196-243, Brad Jones 626; White Dog 806,209, Traci Gamble 185, Kathy Bird 233, JoniWhite Dog 2343.Holdorf 185, Jeanette Swanson 215, Deb	Rocks 9	5	
Team Thirteen6.513.52603.Melodee Lanes4.511.5180+:Shelley Carroll 213-209, Candy Guill 212, Jolinda Morris 193, Ardie Sommerfeld 192-196- 209, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, DebThe formation of the second se	The Brad Wielands 8		dium Sports
243, Brad Jones 626; White Dog 806, White Dog 2343. 209, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, Deb	Team Thirteen 6.5		ATEN
243, Brad Jones 626; White Dog 806, White Dog 2343. 209, Traci Gamble 185, Kathy Bird 233, Joni Holdorf 185, Jeanette Swanson 215, Deb	Melodee Lanes 4.5	1.5 180+:Shelley Carroll 213-209, C	andy Guill 212.
White Dog 2343. Holdorf 185, Jeanette Swanson 215, Deb	High Games/Series: Jayme Barg	Jolinda Morris 193, Ardie Somm	
Curtafine 101 Chambella 100	243, Brad Jones 626; White Dog		
The Charles of the Charles 101 Charles 100			
	Justin Cunningham 228, 208, Brad Jones		
207, 205, John Witt 205, Jayme Bargholz 617. 480+:Shelly Carroll 560, Candy Guill 510, Jolinda Morris 534, Ardie Sommerfeld 597. OPEN 7 DAYS A	207, 205, John Witt 205, Jayme Bargholz		idv Guill 510,
ioz main, wayne			TOZ Matti, Wayne
Gustalson 489 375-9958		Gustaison 400.	375-9958

84-67 win over Southwest Minnesota State last Saturday on the road at Marshall, Minn.

"We went into the game with a lot of confidence, and we all brought our own strengths to the court," freshmen center Jodie Boss said. After a previous 72-71 loss earlier

in the season against the Mustangs the Wildcats put to rest any doubts of who's the best in the NSIC.

The game was kept close throughout the entire first half, as both teams had moderate success on offense

It was with 2:47 left in the half that the Wildcats put together a 9-2 run that ended in a 42-36 halftime lead.

While the Wildcats secured some breathing room, the first half proved to be a tight knit match as nine ties and seven lead changes occurred.

"We knew that which ever team played with more toughness and energy would win," senior guard Andrea Schoepf said. "Our goal was to win the hustle plays and just out compete them."

Mustangs competed with the Saturday. Wildcats.

It was after the Wildcat women found their groove on defense that the Mustangs were effortlessly put away.

"We really picked up the energy level on defense in the second half, which lead to some easy baskets," WSC head coach Ryun Williams said.

As the Wildcat defense found their niche, WSC went on to hit 11 of their first 13 shots in the half to grab a 70-49 lead with 10:25 left. The remainder of the half worked in favor of the Wildcats who went on to score an additional 14 points to close out Southwest 84-67.

"In the second half...we were just clicking as a team and were able to run the ball up the court and score," Boss said.

On offense the Wildcats were led by Laquisha Cook with 22 points, and Schoepf who scored a seasonhigh 19 points and recorded a game-high eight rebounds.

WSC moved to 18-7 overall and are currently second in the NSIC

SW Minn. St. (67) Leidell 3-8 2-2 8 Kimmes 5-8 2-4 12 Fink 2-4 0-1 4 Grider 7-13 1-2 18 Starks 2-4 0-0 4 VanOverbeke 1-7 1-2 4 Fennern 0-4 2-2 2 Wittkop 3-5 0-0 8 Telschow 0-0 3-4 3 Kramer 2-6 0-1 4 Totals 25-36 11-18 67.

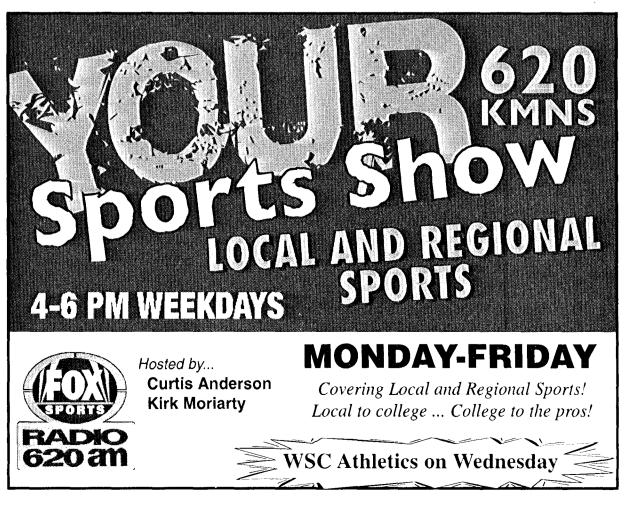
Wayne State (84)

McGill 2-6 0-0 4 Boss 6-8 5-7 17 Cook 9-13 4-5 22 Schoepf 7-10 4-4 19 Case 3-7 6-6 12 Yee 1-3 0-0 2 Christensen 1-2 0-0 2 Wagner 0-1 0-0 0 Hjelle 1-2 4-4 6 Totals 30-52 23-2684

Three-Point Goals-Oakland 3, Wittkop 2, VanOverbeke 1. Schoepf

FouledOut -- McGill Rebounds-SW Minn St. 33 (Leidall 7) WSC 32 (Schoepf 8).

Assists-SW Minn. St. 14 (Fink, Stadler, VanOverbeke, Fennern 3) WSC 13 (McGill, Schoepf 4) Total Fouls-SW Minn St. 20, WSC 19.





Howells wrestling fans (Bobcats for Tucker) hold up pictures of Winside wrestler Tucker Bowers at the D-1 District tournament. Photo: Lee Koch

Winside finishes tenth at state as Wildcats prove themselves

By Lee Koch

The Winside wrestling team finished tenth and returned to top ten ond in the 130 pound weight class. status in the Class D portion of the Nebraska State Wrestling tournament in Omaha after finishing 18th a year ago.

The Wildcats have finished out of the top ten in class C and D only four times since 1970, a period covering 39 years of state meet action.

The Wildcats qualified five wrestlers for the tournament held at the Qwest Center in Omaha for the third year.

Qualifying for Winside were: Kalin Koch (130), Jordan Brummels (145), Tucker Bowers (160), Ethan Taylor (189) and Jared Brockmann (285).

Bowers and Brummels led the Wildcat grapplers at the state meet earning third place medals with Koch placing fourth. Taylor was one win away from placing in the tournament while Brockmann was eliminated from the meet by injury.

The hot and cold Wildcats won eight of ten matches on Thursday afternoon before winning one match and losing five on black Friday.

The Wildcats made a comeback on Saturday, winning five of their six matches in the finals.

Koch, Brummels and Bowers all lost semi-final matches on Friday night that would have taken them to the Saturday afternoon Parade of Champions.

Koch and Brummels lost semi- with 138 wins during his career." final matches to wrestlers that

a 6-1 decision to Tyler Gifford of Banner County who finished sec-

In the remainder of the tournament Koch came up with a 3-2 decision over Brian Mills of Ansley/Arcadia, before losing his third place match to Corbey Grause of High Plains Community by a 9-1 score

"Sophomore Kalin Koch picked up his second state medal with a 4th place finish to go along with his 6th place medal from last year and is on track to become only the 7th Winside wrestler to win four medals at state." Sok said.

Senior Jordan Brummels earned a third state medal after finishing third a year ago and earning a sixth place as a Sophomore.

Brummels opened the state tournament with a first period pin of Jake Shonka of Aquinas and then scored a 12-5 decision over Vincent Chancellor of Medicine Valley.

On Friday night Brummels lost his semi-final match 1-0 to Foster Meier of Elm Creek. A Meier escape was the only point scored in the match

Brummels on Saturday posted an 11-1 win over Kurt Berg of Callaway and then earned a third place medal with an 8-2 decision of Corey Brester of Howells. Brummels finished the year with a 38-5 record.

"Jordan Brummels is now the career record holder for Winside

were second place finishers while placed at the state meet for the the time." Bowers lost his Friday night match third time finishing fifth last year

In the semi-finals match Koch lost Simpson came into the meet with an 18-1 record.

> Taylor lost his guarterfinal match to Clete Vrbka of High Plains Community 3-0 then won his next match by downing Dylan Heithoff of Pope John 8-2.

> Taylor had lost to Heithoff by pin in the district meet. Taylor was denied a medal as he lost his match in the heartbreak round by a 1-0 score to Lance Shifflet of Cambridge.

> "Senior Ethan Taylor finished the season with a 24-15 record after battling the flu and a variety of ailments through out the season. He went 2-2 down at state and was literally one point away from a state medal," Sok said.

> Jared Brockmann, a junior, appeared to be on his way to a state medal before tearing his anterior cruciate ligament in Thursday',s quarterfinal round.

The injury caused the Wildcat grappler to miss the remainder of the tournament eliminating him from the competition.

Brockmann won his opening round match by pinning Jacob Langely of Cambridge in five minutes and 17 seconds. Brockmann then lost by injury

default to Dustin Bundy of Dundy County.

"Jared Brockmann. (31-11) (Brockmann) was in line to finish well at state when he tore his ACL and MCL in the quarterfinals," Sok said. "He had an outstanding season wrestling in the 285 lb. division Tucker Bowers, also a senior, while weighing in at 202 most of

Lapse in second half costs 'Cats game

By Casey Schroeder

The Wayne State men's basketball team slipped to fourth in NSIC standings after an 84-74 loss to Southwest Minnesota State on Saturday night in Marshall Minn. WSC started off the game in great shape, as they maintained a lead for the entire first half, with the exception of the first basket which was made by the Mustangs.

The Wildcats led by as many as 15 points in the half, and rounded out the first half on top 43-35.

"We played really well to start off the ball game, we defended their sets extremely well and made some shots to get off to a quick start," Wildcat head coach Rico Burkett said.

Statistically the Wildcats were 59 percent from the field, while going 9 of 14 from three point range.

While the 'Cats held off the Mustangs in the first half, SW Minn. St. responded and took a 57-54 lead after a Travis Krenske three pointer with 12:36 left in the half.

Wildcat guard Bryce Caldwell answered back shortly after to knot

> Men's City League **Basketball Playoffs** League C Results (2/13/08)

Team 3 (69) vs. Team 1 (46) Team 3 Scoring: Jeff Thoene 19, Brian Kesting 13, Joel

Hansen 12. Team 1 Scoring: Mike Grosz 13, Rod Hunke 11, Mike Barry

10. Team 6 (52) vs. Team 4 (45) Team 6 Scoring: Paul Roberts 26, Mark Moser 10. Team 4 Scoring: Rob Sweetland 17, John Sinniger

Wildcat Softball selected to finish sixth in **Preseason Polls**

The WSC softball team was selected to finish sixth in the 2008 NSIC Preseason Coaches Poll released Feb. 14 by the league office in St. Paul, Minn.

WSC received 56 points in voting by the league coaches. Junior outfielder Amy Sandstrom was selected among the

coaches as the top player to watch for the Wildcats Sandstrom is one of three return-

ing starters for WSC and hit .315 last season with one home run, 26 RBI's and 52 hits that ranked her second in the club.

up the score at 59-59 with 10:23 to go in regulation.

"In the second half we came out flat and took some quick shots allowing them to get back into the game," freshmen forward Nate Trueblood said.

After WSC tied it up, the Mustangs took control, and climbed out to a marginal lead.

However, the Wildcats rallied back within two after a Jamar Diggs layup which made it a 74-72 contest with 3:16 left on the clock.

In the final stretch of the game the 'Cats defense let their guard down as the Mustangs poured on seven points to take an 81-72 lead before closing out WSC 84-74.

"Not playing great in the second half we were still in it by two," assistant coach Matt Murken said. "We just need to find a way to finish out these games on the road."

Caldwell finished the night with 20 points, 18 of which were from three pointers, while Matt Rathje added 15 points.

The Wildcats finished the night 27-57 from the field, and 12 of 18 from the three point line.

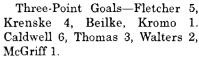
The 14-11 Wildcats will look to close out the regular season with road games against MSU Moorhead on Friday and Concordia-St. Paul on Saturday.

SW Minn. St. (84)

Andrews 1-7 0-4 2 DeMasi 4-7 1-3 9 Kromo 4-6 1-2 10 Fletcher 6-11 2-2 19 Krenske 7-12 3-4 21 Beilke 2-6 0-0 5 Peschong 1-2 4-4 6 Huseby 5-6 0-2 10 Roehl 1-1 0-2 2 Totals 31-58 11-23 84

Wayne State (74)

Thomas 5-9 0-0 13 Rathje 6-10 3-4 15 Diggs 4-14 5-6 13 Walters 3-6 0-0 8 Caldwell 7-15 0-0 20 McGriff 1-2 0-0 3 Johnson 1-1 0-0 2 Totals 27-57 8-10 74



Fouled Out-None Rebounds-SW Minn. St. 38 (DeMasi 7) WSC 27 (Rathje 7).

Assists-SW Minn. St. 17 (Krenske, Roehl 3) WSC 21 (Diggs

Total Fouls-SW Minn St. 11, WSC 22.

Keitges puts her name in the record books at John Dalton Invite

The Morningside Mustang women's 3200-meter relay team earned a first place finish on Saturday at the John Dalton Open in Vermillion, S.D.

The Mustang women won the 3200-meter run with a school record time of 9:40.64, which beat out the previous record of 9:50.42 that was set earlier this season. Runners included sophomore Erin Keitges of Allen; Heather Hoefs, a freshmen from Valentine; Kara Nelson, a freshmen from Cherokee, Iowa; and Annie McInnis, a senior from Omaha

WSC's King named **NSIC Women's Track** Athlete of the Week

Wayne State College sophomore Christina King was named the NSIC Women's Track Athlete of the Week by the league office in St. Paul, Minn. on Tuesday morning.

King won the 600 meter run (1:38.90) Saturday at the John Dalton Open in Vermillion, which ranks her third in NSIC standings.

In Vermillion, King also placed fifth in the 200 meter dash with a time of 26.55 seconds which is the tenth best time in the NSIC this season.



Our new outpatient physical therapy clinic in Wayne features an aquatic therapy pool by SwimEx. SwimEx pools are used by numerous professional and collegiate sports teams for

rehabilitating their athletes after surgery. Physical Therapist - Athletic Trainer Andrea Blecke will be treating

3B

to eventual State Champion Chase and sixth as a sophomore. Klingelhoefer of Amherst.

"We had a great state tournament. Two of our goals for this year were to be in the top two at districts (fourth missed it by nine points) and to make it back into the top ten at state," head coach Paul Sok said.

"We had discussed the fact that Winside has never been out of the top ten for two years in a row since 1970 and we finished 18th last year so the push was on."

"We won 14 matches down at state and had two individuals set school records" Sok said.

Koch, a sophomore who earned his second state medal after finishing sixth a year ago, went 30 -10 this season.

Koch opened his state tournament winning by pin over Tom Eickmeier of Aquinas Catholic and then best Beau Sheen of Amherst by a 2-1 score to advance to the Friday night semi-final round.

Bowers started his path to a medal with an opening round win over Chet Kirkpatrick of Anselmo-Merna on a 4-2 decision then downed Sidney Shepler of Tri County on a 6-0 shutout. Bowers Friday night loss came on a 7-4 decision to the 160 pound weight champion Chase class Klingelhoefer of Amherst. Bowers made his Saturday morning comeback with a 4-3 win over Anthony Chancellor of Medicine Valley then earned the bronze medal with a 2-1 decision of Joe Meier of Elm Creek. Bowers finished the season with 40 wins and three losses.

"Tucker Bowers is Winside's first 40 match winner and now has the single season win mark with a 40-3 record this year breaking his brother Dewey's single season record of 39,"Sok said.

Ethan Taylor, a senior, won his first match upsetting district champion Adam Simpson of Wauneta-Palisade on a 4-1 decesion.

Wayne Baseball leagues are forming

Registration for the 2008 Wayne Baseball 12 and under Little League division and 14 and under Pony division will be held at the Wayne Activity Center.

Registration dates include: March 4th and 6th. And then again on March 11th and 13th. Interested players can register

on these dates from 5-7 p.m. The playing age of the child is determined by his age as of Jan. 1, 2008. Age will determine what division the child will play. The number of teams formed will be determined on the number of registered players in each division.

Costs are \$75 for one player, or \$50 per player for three or more players from the same family.

The outfielder from Millard North also led the 'Cats with 15 stolen bases and did commit an error with 59 playing center field. The Wildcats finished the 2007 season 28-22, which marked just the second winning season for the WSC since 1992. In conference play the Wildcats finished 9-9, and trailed two games behind MSU Moorhead who finished third.

The Wildcats will begin season play on March 3 at the Gene Cusic Classic in Fort Myers, Fla. vs. St. Anselm of N.H.

2008 NSIC Preseason Polls

1. SW Minnesota State (7) 87 points 2. Winona State (3) 84 points 3. Concordia-St. Paul 67 points 4. University of Mary 66 points 5. MSU Moorhead 57 points 6. Wayne State 56 points 7. Upper Iowa 44 points 8. Bemidji State 32 points9. Northern State 29 points 10.Minnesota, Crookston 18 points

402-375-4555

patients in our aquatic therapy pool. Andrea is a Wakefield native and Wayne resident.

SwimEx's patented adjustable current to rehab against
Private locker/shower/change room
Aquatic Therapy is beneficial following joint replacement surgery

Hydraulic chairlift for easy entry/exit from our SwimEx pool
Also can be used for injuries involving the knee, hip, back and shoulder.



Medicare, Medicaid, BlueCross/BlueShield and other health insurance plans accepted

Residential Home Phone Service From Viaero Wireless

With Basic Universal Service from Viaero, you get unlimited local calling for \$15 per month and nationwide long distance for just 10 cents a minute.



we are where you are.

Plan Pricing -

Price: \$15 per month-Unlimited Calling in Local Calling Area

Activation Free (one time): \$35

Long Distance outside local calling area: \$0.10/min

For More Information:

Call 1.877.4.VIAERO (1.877.484.2376) or visit www.viaero.com

Unlimited local calling is subject to a limited home calling area. Calls made to phone numbers outside the home calling area will incur additional toll charges. Contact a sales representative for local calling details. Initial activation and deposit may apply. Service is not available In all areas. Prices exclude taxes, assessments, surcharges, operated assisted calls, credit card and toil charges. Additional charges may apply including a regulatory and administrative surcharge. Other restrictions may apply. The information contained herein is subject to change. The applicable rates, terms and conditions of service are contained in a Service Agreement and any Addendums.



Yourth Sports Notebook ____

Wayne J.V. Boys Pierce 7 11 5 6-29 Wayne 6 9 9 13-37 Wayne Scoring: Jacob Triggs 8, Tyler Schaefer 8, Andi Diediker 7, Ryan Pieper 4, Zac Braun 3, Marcus Baier 2, **Justin Anderson 2**

Wayne Sixth Grade Girls Wisner Tournament (Round 1)

Wisner 8

4B

Wayne 33

Wayne Scoring: Angie Nelson 6, Victoria Kranz 6, Ashton Schweers 6, Megan Backer 4, Jalyn Zeiss 4, Amanda Hurlbert 2, Cienna Stegemann 2, Lauren Gilliland 2, Bailey Bentjen 1. (Championship Round) West Point C.C. 11 Wayne 25

Wayne Scoring: Jalyn Zeiss 9, Angie Nelson 6, Megan Backer 3, Victoria Kranz 3, Ashton Schweers 3, Cienna Stegemann 1.

Wayne Seventh Grade **Girls Wisner Tournament** (First Round) Dodge 31 Wayne 24 Wayne Scoring: Sarah Maxson 10, Megan Hoffart 9, Hannah Gamble 4, Kendra Liska 1. (Second Round)

Wisner 34

Wayne 33

Wayne Scoring: Hannah Gamble 10, Megan Hoffart 9, Sarah Maxson 6, Sydney Burke 4, Kendra Liska 2, Kennedy Stowater 2.

Wayne Eighth GradeGirls Wisner Tournament (First Round) Dodge 27 Wayne 51 Scoring: Katie Wayne

Hoskins 14, Taylor Burke 6, Kristin Carroll 6, Emily Nelson 6, Caitlin Fehringer 5, Marissa Fallesen 5, Morgan Centrone 4, Jenna Pieper 3, Brittany Peterson 2, Elle Schramm 2, Courtney Davie 2. (Second Round) West Point C.C. 36 Wayne Wayne Scoring: Katie Hoskins 14, Kristin Carroll 9, Caitlin Fehringer 6, Marissa Fallesen 6, Elle Schramm 4, Morgan Centrone 4. (Championship Round) West Point C.C. 37 Wayne 39 Wayne Scoring: Katie Hoskins 18, Emily Nelson 6, Morgan Centrone 4, Marissa

Fallesen 3, Kristin Carroll 2, Elle Schramm 2, Courtney Davie 2.

Wayne sixth graders go 2-2 over weekend The Wayne sixth grade boy's finished fourth in the Dakota

Valley Tournament on Saturday, after a 1-2 performance. On Saturday Wayne defeated

West Lyon 33-20, before falling victim to Sargent Bluff-Luton 54-32 and Saders 53-52.

After two tough losses on the previous day, Wayne chalked up a 35-17 win over Dakota Valley in Hayworth League action.

The sixth grade squad (15-3) will travel to Norfolk on Feb. 23-24 to participate in the High Panther Norfolk Tournament.

Wayne Freshmen Boys Pierce 60 Wayne 62

Wayne Scoring: Zach Thomsen 20, Jacob Zeiss 12, Seth Onderstal 11, Keegan Dorcey 8, Justin Anderson 6, Colin Preston 3, Zach Rasmussen 2

Wildcats win big against Walthill before getting pummeled by Omaha Nation

each while Casey Lange and

Andrew Mohr accounted for 7

Wildcat turnovers and successful

three point shooting by the Chiefs

handed the Wildcats a loss in the

Mohr again led the Wildcat offen-

sive effort against Omaha Nation

Winside Scoring: Andrew Mohr

23, Matt Peter 16, Nathan Janke

10, Aaron Mangels 9, Michael Lage

57

Winside Scoring: Andrew Mohr

27, Matt Peter 11, Nathan Janke 8,

Casey Lange 7, Dean Janke 2,

them to one shot," Benson said.

In the final quarter the Bears hit

However, the Bears hard work

The Bears were lead by Erwin

with 18 points and Tate

Laurel-Concord will take to the

hardwood Thursday night at 7:30

p.m. against Ponca (19-2) in the

Laurel-Concord Scoring: Heath

Erwin 18, Tate Cunningham 15,

Ross Kastrup 14, Justin Hart 6,

Ezra Schantz 5, Eli Schantz 4,

11 14 7 20-52

24 18 14 11-67

C2-7 sub-district final at Wayne.

and determination throughout the

entire game allowed Laurel-

Concord to record a 67-52 win.

Cunningham with 15.

Hartington

Laurel-Con.

a rough spot as the Wildcats some-

how posted 20 points, while the

Bears only managed to score 11.

with 27 points, and 12 rebounds.

Winside rebounds.

semi-finals.

Walthill 32

Winside 62

Winside

2, Seth Mangels 2.

Michael Lage 2.

Omaha Nation 81

By Lee Koch

The Winside boy's basketball team won their first D-7 sub-district basketball game Monday night as they defeated Walthill (1-13) 62-32.

Winside advanced to the sub-districtsemi-final Tuesday night against the Omaha Nation Chiefs (16-2) and were eliminated in an 81-57 loss.

The Wildcats finished the season with a 5-13 record.

Andrew Mohr led the Wildcat scoring effort against the Bluejays scoring 12 of the 14 first quarter Winside points.

Mohr ended the night with a team high 23 points, while Matt Peter added 16 points to the Wildcat total.

Peter and Lage led the Wildcats on the boards with eight rebounds

Erwin propels Bears to 67-52 win over Hartington

By Casey Schroeder

Laurel-Concord wasted no time with Hartington Tuesday night as the Bears defeated Hartington 67-52 in the C2-7 sub-district semifinal at Wayne.

"The guys came out strong, we really wanted to come and play well from the beginning," Bears head coach Shannon Benson said.

The Bears outscored the the Wildcats 24-11 in the first quarter, before jumping out to 42-32 at halftime.

The Bears outrebounded the Wildcats, and then kept the Wildcats running as Laurel-Concord controlled the tempo throughout the half.

In the third quarter Laurel-Concord held Hartington to seven points, as they scored 14 in the process.

"We knew that we could get some Travis Nelson 3, Johnny Saunders easier baskets if we could hold 2.

Wildcat sluggers take first in Baseball Preseason Polls

The Wayne State College base- p.m. and Sunday at 11 a.m. ball team received the nod as the top NSIC team in the 2008 1. Wayne State (6) Preseason Baseball Coaches Poll that was released on Feb. 14. from the league office in St. Paul Minn.

WSC received six first place votes, and 78 points, while Winona 6. Concordia-St. Paul State was picked to finish second

2008 NSIC Preseason Polls 78 points 2. Winona State (3) 75 points 3. SW Minnesota State 57 points 4. University of Mary 55 points 5. Upper Iowa 55 points 54 points

7. Bemidji State

Wayne's Jesse Hill soars above the competition in the 62-53 win over Madison Monday night.

Blue Devils make whirl wind of Dragons and knock-out Pierce at home

By Casey Schroeder

In the first round of sub-districts at Norfolk High on Monday the Blue Devils played a less then steller game but still came up with a 62-53 over the 3-17 Madison Dragons.

Wayne took a early 7-0 first quarter lead, before Madison got on the board with 5:35 left in the quarter.

The remaining minutes of the first saw a Dragon surge in scoring, that was capped off with a Derek Becker layup that brought the Dragons within one.

After Becker's goal, Wayne went on to score 12 points and finished the quarter ahead 19-11.

In the second quarter a fast paced quarter gave the Blue Devils a needed boost to take a 29-20 lead. While Wayne finished out the quarter with a lead, it was

Madison's Becker who kept the Blue Devils in check as he scored

A highlight of the game was Jesse Hill's sixth point of the night, which gave him over 1,000 career points at Wayne High.

The Wayne High boy's basketball team finished out the regular season with a 56-49 loss to the top rated Pierce Bluejays.

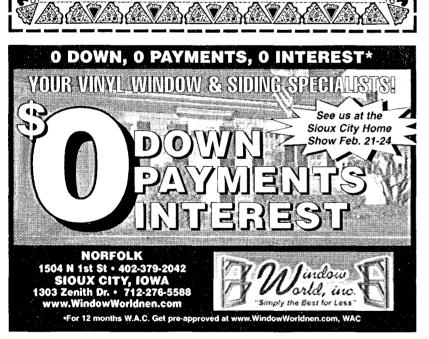
"It was a great basketball game if you are a basketball fan," Wayne head coach Rocky Ruhl said.

Wayne put together a solid first quarter performance, as the capitalized on several second shot opportunities that resulted in a 11-8 Wayne lead.

The Blue Devils finished out the first half limiting Pierce's inside scoring, while taking advantage of some smooth scoring that gave Wayne a 25-21 halftime advantage. In the third quarter the boo-birds arrived at Wayne High as both teams grinded it out.

Pierce scored 17 third quarter points, but Wayne's previous lead kept them on top 41-38.

HOT SAVINGS ₩ • • on delicious, oven-fresh pizzal Large 2 Topping Pizza, 6 Wings & **6** Cheesey Sticks for \$20.0 Tax Included 118 East 2nd St., Wayne Phone: 833-5252 or • T Øs 375-JAKE (5253) Jalian Pizza & Subs Thurs. Hours Mon. 4:30 - 11, Tues. Wed. 11-11, Julian Pizza & Subs Thurs. Fri. Sat. 11-12, San. 11-11 0 Ø\$1 Now Accepting Debit & Credit Cards



HOW'S YOUR FINANCIAL FITNESS PROGRAM?

Keeping your family healthy from a financial standpoint requires KNOWLEDGE of priorities and goals. With our convenient financial planning services, you can identify your PRIORITIES and set a plan in place for achieving your goals. Let us provide the PLAN. Call today to find out more about our financial planning services.



INVESTMENT CENTERS DF AMERICA, INC. MEMBER NASD, SIPC We know the territory.



with 3 first place votes and 75 points

Wildcat seniors Marc Manganaro and Mitch Herrick were marked as the top Wildcat players to watch in the NSIC.

Manganaro, a first baseman is a two-time All-NSIC selection and earned First Team All Central Region honors last season hitting .353 with six home runs and 49 RBI's.

Herrick, a senior pitcher earned Second Team All-NSIC honors last season, posting a 6-3 mark with an ERA of 2.59.

The 'Cats finished the 2007 season with a 37-16 record, and won the NSIC title with a 25-5 league mark.

WSC also qualified for the NCAA Division II Central Region Tournament for the fourth straight season and the fifth time in the last seven years.

The Wildcats will open their season against UNK in a double header at Runyon Field in Pueblo, Colo. WSC will play Saturday at 12

Northern State 31 points 9. Minnesota, Crookston 24 points

39 points

2008 Women's Adult Volleyball

League Forming

The city of Wayne Recreation Department is sponsoring a Women's Volleyball League open to area adults ages 19 and up.

League play will start on March 5, and conclude with a league tournament on April 23.

Registration deadline is Feb. 27. Team fee is \$50.00 per team (limit of 12 teams). And games will be played on Wed. nights.

Players are responsible for organizing their own team.

Each team is required to provide two officials per match, with the exception of the year end tournament.

Schedules will be released prior to the first night of league play.

For more information contact the Wayne Community Activity Center/Recreation Department.

seven points in the final two minutes of the half.

"We jumped to leads and Madison would not give in," Ruhl said

At the close of the half Wayne held a 32-27 advantage over the Dragons

With Madison on the verge of taking a lead, Wayne took it upon themselves to keep the Dragons at distance

Wayne used a combination of bruising offense and hard nosed defense to hold on to a six point lead at the end of the third quarter.

"Give them credit for not giving up and playing the whole game," Ruhl said.

In the final quarter Wayne took advantage of some costly Madison fouls and lead by as many as nine.

Madison's last chance to steal a victory was with 1:08 left on the clock, when Madison trailed 56-51.

Wayne finished out the quarter converting several shots from the free throw line which was enough to down the Dragons 62-53.

The final quarter found the Blue Devils in a Pierce choke hold as the

Bluejays tied the game up at 45-45 with 3:06 left in the game. A minute later Pierce took the lead after two successful free throws and and finished out the quarter on fire to defeat Wayne 49-

56. "We played hard but couldn't get it done down the stretch...we had opportunities but just couldn't convert them into points," Ruhl said. Jesse Hill led the Blue Devils with 18 points.

Madison 11 16 13 13-53 Wayne 19 13 14 16-62 Wayne Scoring: Reggie Ruhl 15, Jesse Hill 12, Shaun Kardell 12, Cory Harm 12, Max Stednitz 7, Shawn Jenkins 4.

8 13 17 18-56 Pierce Wayne $11\ 14\ 16\ 8-49$ Wayne Scoring: Jesse Hill 18, Shaun Kardell 12, Reggie Ruhl 6, Shawn Jenkins 6, Sam Kurpgeweit



Wayne Youth Wrestling sign-up next week

Students in grades K-8 that have an interest in wrestling are encouraged to sign-up next Monday and Tuesday.

Sign-up will be in the Wayne High wrestling room, which is located by the southeast door of the high school from 4-7 p.m. Practices will begin on Feb. 28.

Adults who are interested in assisting with the Wayne Youth Wrestling Program should contact coach Greg Vander Weil at 375-0648, along with attending the organizational meeting which is on Tuesday Feb. 26. at 5;30 p.m. in the Wayne High Wrestling Room.

While wrestling is a physical sport, it is also fun and has numerous awards associated with it.

A wrestler with time will develop strength, speed, balance, flexibilty and endurance all of which promote a healthier lifesyle.

Aside from the physical rewards, wrestling is a sport in which individuals are taught life lessons such as noticing their teachable spirit, self-discipline, integrity and mental toughness.

"Don't be afraid to release your kids to this program, Vander Weil said. For further information regarding the

Wayne Youth Wrestling Program contact coach Vander Weil.

Dickey and Lippman prove themselves at Multi-Meet in Aberdeen

By Casey Schroeder

Wayne State indoor track and field athletes Jon Dickey and Jade Lippman both finished in the top five at the NSIC Multi-Events Meet in Aberdeen, S.D. on Sunday and Monday.

Dickey, finished second in the men's heptathlon with a new school record of 4,337 points.

"Dickey had an awesome two day performance in the heptathlon to pickup eight points for the men's team and earn All-Conference honors," WSC head coach Marlon Brink said. "He had personal best marks in six of seven events and really surprised a lot of the other NSIC athletes with a great showing."

In the women's division Lippmann finished fourth in the pentathlon with 2,960 points.

"Jade competed the best that she



Special residents

Valentine's Kings and Queens were crowned at Premier Estates last week during an afternoon Valentine's Day party. The Assisted Living Queen was Betty Meyer and the King was Duane Dolph. Crowned king for the nursing home was Jerry Pospishil. Queen for the nursing home was Ruby Jensen, pictured at right.

V-Day 2008 Campaign Performances on Feb. 23-24 to benefit Haven House

Tickets are available for the ben- paign include a world where please call Haven House at ph. efit performance of "The Vagina Monologues" by Eve Ensler. The performances will be in Ramsey Theater on Saturday, Feb. 23, at 3 p.m. and Sunday, Feb. 24, at 7:30 spend their lives creating and to the silent auction, contact Karen p.m. Tickets are \$10 each.

V-Day 2008 will culminate with

women live safely and freely without rape, incest, battery and other crimes against women. Campaign organizers believe women should recovering from terrible atrocities.

375-5433 or check their Website at www.havenhousefsc.com or for the V-Day campaign at www.vday.org If you would like to donate items thriving rather than surviving or Granberg (kagranbl@wsc.edu) or

being sick with strep throat." Brink said. "Her total of 2,960 points was just off her school record set a couple weeks ago."

With Dickey's performance, the Wildcat men's track team currently has eight points and is in second place after one event in the 2008 NSIC Indoor Track and Field Championships scheduled for Feb. 29 and March 1.

for the Wildcats.

twice in her career.

While Lippman's performance 55 Meter Hurdles: (8.70) deserves merit, the women's squad Pole Vault: (10' 2 1/2") currently has two points and is in fourth place overall in the NSIC after one event.

Dickey's Results 55 Meter Dash: (7.03) Long Jump: (19' 3 1/4") Shot Put: (39' 7 1/4") High Jump: (6' 3/4")

1000 Meter Run: (2:53.15)

Lippman's Results 55 Meter Hurdles: (9.24) High Jump: (5' 2 1/2") Shot Put: (29' 2 3/4") Long Jump: (14' 1 1/4") 800 Meter Run: (2:32.82)

Former Husker joins Wildcat Volleyball staff as coach

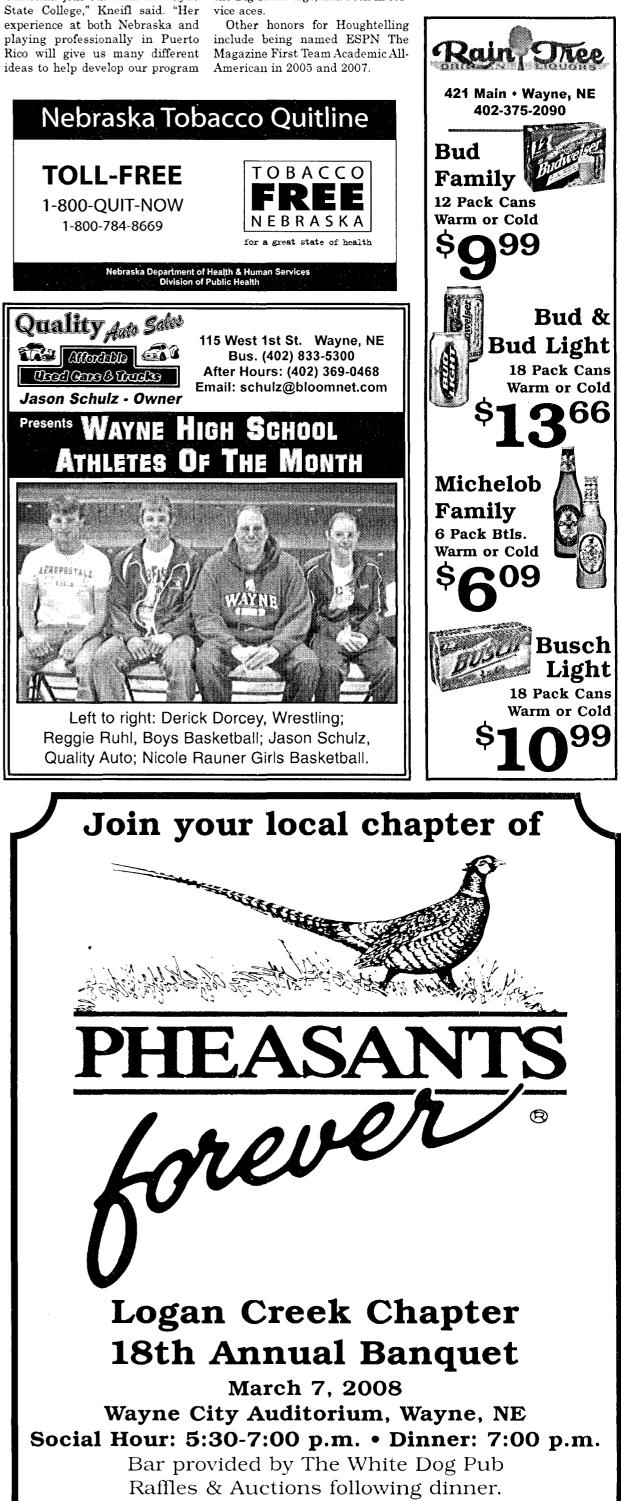
Wayne State College head volleyeven further." ball coach Scott Kneifl announced At Nebraska Houghtelling was named the AVCA National Player on Feb. 15. that former Cornhusker volleyball player Christina of the Year in 2005 and was named Houghtelling has been hired as a the Big 12 Conference Defensive Player of the Year as a senior in graduate assistant volleyball coach 2007.

Houghtelling, a two time AVCA Houghtelling finished her career All-American and two-time All-Big at Nebraska with 1,009 career kills 12 performer helped the Huskers to rank 19th on the all-time kill earn four Big 12 titles, and reach list. And during her senior season the NCAA National Semi-Finals last fall averaged 3.02 kills, 3.95 digs and 0.30 service aces per "I am extremely excited to have game, which ranked her eighth in Christina join our staff at Wayne the Big 12 for digs, and 10th in ser-

vice aces. Other honors for Houghtelling Magazine First Team Academic All-American in 2005 and 2007.

The Cambridge, Neb. native received a degree in elementary education from the University of Nebraska in December, and is currently playing professional volleyball in Puerto Rico and will join the Wildcats in May.

The Wildcats finished the 2007 campaign with a 24-12 record, where they won the NSIC tournament and advanced to their third straight NCAA Division II North Central Regional Tournament.



the production of "The Vagina. Monologues," a theater performance. The director and cast members are Wayne State College students, faculty and staff. Fund-raising efforts include a Silent Auction to be held 1 hour and 30 minutes before the show each day of the performance.

The V-Day campaign is an organized response against violence toward women. Goals for the cam-

NECC plans dietary manager course

Northeast Community College in Norfolk will soon offer another section of its food service/dietary manager course.

The class, Managing Food Service Operations, with course number FSDT 1250-60/08S, meets Tuesdays and Thursdays, March 4-May 6, from 6-8:45 p.m. in the Lifelong Learning Center, Suite A.

Students in this section will study purchasing, equipment selection, costing and records.

Cost of this 2.5-credit-hour class is \$182.51.

To register, visit www.northeastcollege.com. For more information, call Michele Volkman at (402)844-7335.

Planning and organizing for the V-Day campaign has been done to provide a catalyst. By raising money and consciousness, this effort's leaders hope to unify and strengthen existing anti-violence efforts. Focus of the campaign is to trigger far-reaching awareness. It will lay the groundwork for new educational, protective and legislative endeavors throughout the

world. V-Day's 2008Spotlight Campaign focuses on the Women of New Orleans and the Gulf South. Global campaign focuses on the women of the Democratic Republic of the Congo. The WSC Local Beneficiary is Haven House, a nonprofit agency designed to support and empower individuals that are suffering the effects of domestic violence and sexual assault. Staff and volunteers seek to offer alternatives to individuals in violent relationships. Services Provided include: 24-hour crisis line; crisis intervention; emergency transportation; temporary safe shelter; medical and legal advocacy; protection order assistance; harassment order assistance; peer support groups; child advocacy program; and public awareness and outreach efforts. For more information,

Michelle Meyer mimeyer1@wsc.edu) or call 375-7321.

For further information about the WSC V-Day 2008 Campaign, please contact V-Day organizer and Wayne State College student, Weddel, Paula at pawedd01@wsc.edu.

Winside students are part of WSC Honor choir

Six students from Winside Public School attended the Wayne State Honor Choir on Feb. 1.

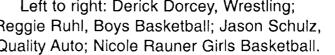
Jaycie Woslager, Hope Voss, Skyler Parkinson, Chelsey Milenkovich, Kyle Mundil and Morgan Quinn joined the 60-some member choir for a day of friends and singing. A 4-p.m. concert was held at Ramsey Theatre.

The High School Choir performed alone and was later joined by the Wayne State Concert, under the direction of Dr. Ronald Lofgren. The combined choir sang "The Promised Land" by Aaron Copeland.

The WSC Concert Choir and Madrigal Singers performed songs they are preparing for their upcoming tour to Europe.

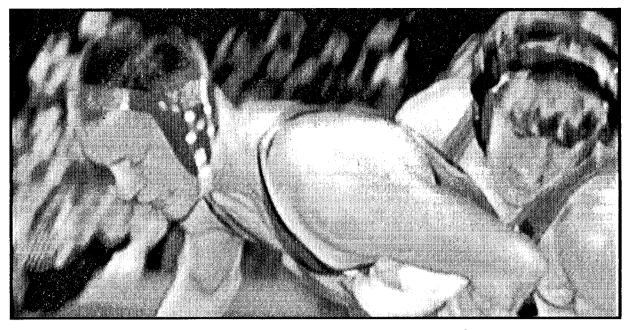




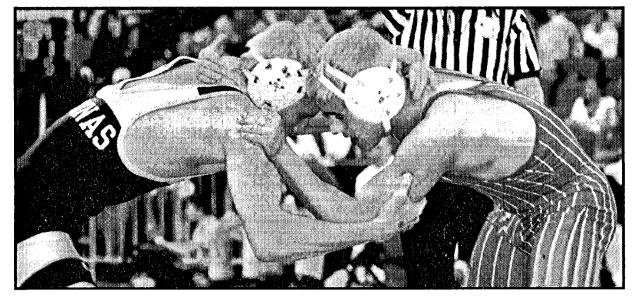


Tickets Available at: Schroeder Law Office & Committee Members

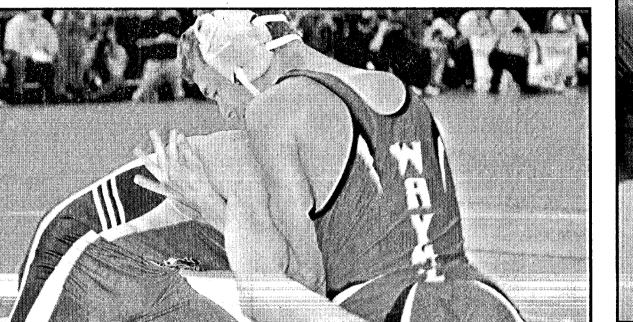
State Wrestling 2008 Photos: Lee Koch



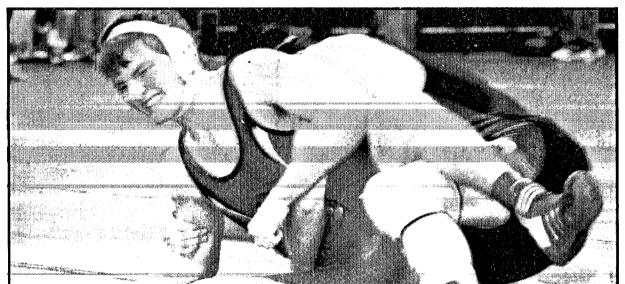
Wayne's 130 lb. Logan Owens, a sophomore, won his first state tournament match on Friday morning.



Winside's 130 lb. Kalin Koch, a sophomore, placed fourth in Class D after placing sixth in last year's state meet.

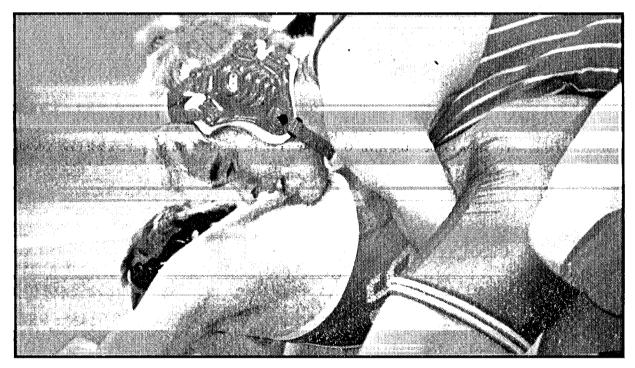


Wayne's 135 lb. Sheldon Onderstal, a senior, first qualified for the state meet as a sophomore. Sheldon won his first state tournament match on Friday.





Winside's 145 lb. Jordan Brummels, a senior, earned his third state medal placing sixth in 2006 and earning third place finishes the last two years.





Wayne's 160 lb. Derick Dorcey, a senior, suffered a shoulder injury in practice Monday. Derick was forced to withdraw from the tournament after reinjuring his shoulder in his Thursday morning match.

The following businesses congratulate Wayne and Winside on their wrestling seasons

WAYNE BankFirst Member FDIC Sinclair/Daylight Donuts Carhart Lumber Co. Sinclair **Glen's Auto Body & Sales Discount Furniture** Heritage Homes / **Heritage Industries** Wayne Vision Center **State Farm Insurance** Ellis Plumbing, Heating & A/C Hair Studio **Benscoter Plumbing & Heating** Fredrickson Oil **Stadium Sports** WAEDI **McDonalds** Gerhold Concrete Farmers State Bank Member FDIC Ameritas Runza Sharp Construction Sebade Construction Gill Hauling, Inc. **U-Save Pharmacy** Northeast Equipment, Inc. Northeast Nebraska Insurance State National Bank & Trust Co. Member FDIC Rainbow World **Wireless Solutions State National Insurance Agency** Vel's Bakery Wayne Auto Parts -----Carquest AUTO PARTS

Tom's Body & Paint Shop, Inc. Pac 'N' Save TWJ Feeds, Inc. **Quality Food Center** Wayne East - Prime Stop First National Bank of Wayne Member FDIC **Doescher Appliance** First National — **Omaha Service Center** Wood Plumbing & Heating Olds, Pieper & Connolly **Bailey's Hair & Nails** Pizza Hut **First National Insurance Agency Bomgaars Accounting Plus** Action Credit Corp. Wayne Community Activity Center **Central Valley Ag** H & R Block The Oaks Retirement Community Tom Hansen, CPA IPI Jacob's Room **Udder Delights WINSIDE Thies Locker**

Farmers Co-Op (Winside, Stanton, Pilger) Pierce Telephone Company (Serving Pierce & Hoskins) Hoskins One Stop/Mr. Towing Winside State Bank Member FDIC Warnemunde Insurance & Real Estate

Winside's 160 lb. Tucker Bowers, a senior, earned his third medal after finishing fifth and sixth in the two previous tournaments.



Winside's 189 lb. Ethan Taylor was one win away from earning a state medal.



Winside's 285 lb. Jared Brockmann suffered a season ending injury to his anterior cruciate ligament and a torn meniscus and was forced to withdraw from the tournament.

Sweetheart Royalty was announced Saturday night at the FFA/Annual Staff Sweetheart **Coronation in Allen.**

Allen News Missy Sullivan

402-287-2998

SWEETHEART ROYALTY

Allen's Sweetheart Royalty 2008 was announced Saturday night at the FFA/Annual Staff Sweetheart Coronation. The 2008 King was Lucas Woodward, son of Keith and Ronelle Woodward. The 2008 Sweetheart Queen was Whitney Smith, daughter of Rick and Joy Smith. They were crowned by the 2007 King Ross Rastede and 2007 Queen Brooke Stewart.

The Junior Royalty attendants were Bobby Adair and Beth Klaus. Sophomore attendants were Danielle Schneider and AJ Williams. Freshmen attendants were Heather Turney and Austin Roeber. The Master and Mistress of Ceremonies were Juniors: Scott Wilmes and Erika McCarthy.

PLEASURE & PROFIT 4-H

The Pleasure & Profit 4-H Club met on Feb. 9. President Jenny Warner called the meeting to order. To open the meeting, everyone stated the Pledge of Allegiance and the 4-H Pledge. Roll call - "What would you like to do in winter?" Eight members, three visitors were present. The treasurer's report was given.

4-H Youth enrollment forms were given to the 4-Her's to enroll their projects for the year. 4-H volunteer enrollment forms were given to the adult leaders to enroll for projects they wish to lead. Dues and insurance for youth and leaders were discussed.

There are five new members: Amber and Breanne Benstead,

information. **BOOK CLUB MEETS**

About 20 ladies braved the elements to attend the third Allen Book Club Ladies Night Out Feb. 13. The Fire Hall was artfully decorated in Valentine décor. Following the dessert buffet, the women enjoyed matching baby pictures to adults present, listening to readings, singing Clementine, and playing Valentine charades. A freewill offering was taken for the Allen DayCare. Books and rummage sale items were sold to support the Book Club and its projects.

The next Book Club community event will be a May Day Salad Buffet.

FIRST LUTHERAN CHURCH

The First Lutheran Church of Allen's Annual Soup Supper will be held on Feb. 24 from 5 - 7:30 p.m. They will be serving Chili, Chicken Noodle, and Oyster soups along with sandwiches, salads and desserts and beverage. The church is handicap accessible. Funds will be supplemented by the Cedar-Dixon Co. Chapter Thrivent Financial for Lutherans. Storm date will be March 2. **RASTEDE SCHOLARSHIP**

Sophomore and junior undergraduate college students who are graduates of Allen Consolidated Schools are encouraged to apply for the Alvin G. and Anita D. Rastede Scholarship, available through the Allen School Foundation.

In order to apply for this \$2,000 scholarship, the following questions must be answered and then sent to the Allen School Coleman and Rachel Kneifl and Foundation, PO Box 190, Allen, NE Garrett Brentlinger. Mattie 68710-0190 by March 30, 2008. Madsen and Austin Gregerson are One scholarship will be given and must be used during the 2008-2009 college year for undergraduate studies. The recipient will be notified by April 30 and required (or a representative) to attend the May 10, 2008 graduation ceremony for formal recognition. Questions to be answered are as follows: 1. What is your college grade classification and GPA? 2. What are your major and/or minor fields(s) of study and career goals? 3. In what on campus activities/work and organizations are you involved? 4. In what offcampus activities/work and organizations are you involved? How will this scholarship be beneficial to you and why are you deserving of

CHEERLEADING TRYOUTS

Cheerleading tryouts for the 2008-2009 school year will be Saturday, March 15 at the School at 12:30 p.m. The tryouts for upcoming Freshmen to Seniors. They will also be looking for a Mascot at that time. Be sure to be at the school for tryouts if you are interested.

SENIOR CENTER

Friday, Feb. 22: Goulash, corn, pears, bread and milk.

Monday, Feb. 25: Fish square/bun, mac & cheese, peas, plums, milk.

Tuesday, Feb. 26: Creamed hamburger, mashed potatoes, 3 bean salad, pineapple, milk, bread. Wednesday, Feb. 27: Vegetable

soup, grilled ham and cheese, peaches, milk, crackers. Thursday, Feb. 28:

Cheeseburger/ bun, ranch potatoes, creamed corn, fruit cocktail, milk. Friday, Feb. 29: Brunch at 10:30 a.m. - biscuits and gravy, eggs, fruit, coffee cake, milk andjuice.

COMMUNITY BIRTHDAYS

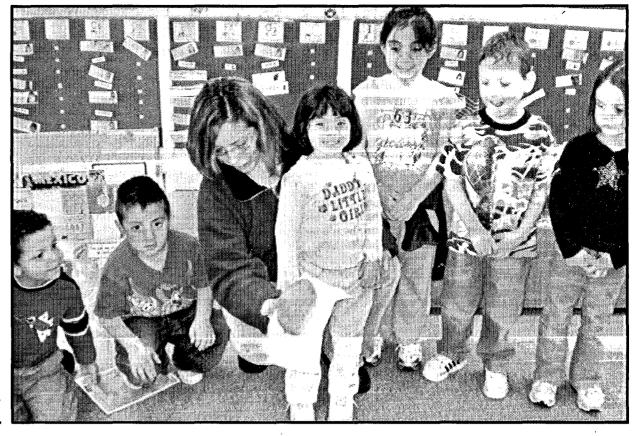
Friday, Feb. 22: Pat Brentlinger, Diediker, Jeanette Drew Hohenstein, Angela Moore, Scott Blohm.

Saturday, Feb. 23: Marvin Oswald, Cindy Kraemer, Carl and Eileen Hedlund (A). Sunday, Feb. 24: Eric Oswald. Monday, Feb. 25: Nichole Burcham, John and Janet Noe (A). Tuesday, Feb. 26: Mick Boyle, Mike and Val Isom (A), Ron and Audrey Clark (A).

Wednesday, Feb. 27: Mary Ann Frerichs, Pat and Stephanie Brentlinger (A).

Thursday, Feb. 28: Jacob

The Wayne Herald, Thursday, February 21, 2008



Have special guest

Wayne Head Start had a special visitor. Marilu Sotres came to share an authentic mexican meal with the children. The children tried tortas, and a variety of different ingredients. Present, left to right, Anthony Palmer, Luis Lucas Garcia, Marilu Sotres, Karely Sotres Delao, Angelica Sarmiento Barreto, Travon VanLaningham, and Kiera Brader.

Wakefield speech team performs at Battle Creek speech meet Feb. 16

An "amazing amount of talent" was performed when 10 schools competed at the Battle Creek speech meet on Feb. 16.



Kristina Lunz

In the purple division, Wakefield tied for third place.

Individual results included JV Exempt - third place, Victoria Nelson; JV Entertainment - sixth place, Erin Johnson; Persuasive -



The OID team is made up of, left to right, Rachel Kluthe, Nick Curnyn, Morgan Lunz, Lane Clay and Chelsey Victor.

Hingst, Sydny VanderVeen, Ericka McNeil, Ryan Conyers and Stephanie Klein

Special awards were given to the triple-entered students, Rachel Kluthe earned sixth place in this division.

NECC plans computer classes

7B

new Clover kids.

The next meeting will be March 29 at 9:30 a.m. at the Allen School lunchroom.

Lunch servers were the Madsen family and Jenny Warner. HISTORICAL SOCIETY

Elections for the 2008 officers were held at the December meeting for the Society. Gloria Oberg of Allen was elected President and Roy Stohler of Concord remains Vice-President. Pat Nygren of Sioux City became the Secretary, and LeRoy Stark of Allen will be Treasurer. Kudos to outgoing President Faith Keil and Secretary Grace Green for many years of excellent leadership and devoted service.

Recent gifts to the museum include Indonesian shadow puppets from Roy Stohler's uncle and Marilyn Dunn donated an Allen HS basketball uniform worn by her mother Eunice (Prouse) Glaze back in 1924. Stop in to take a look at Hall. these new items! Also, The first two folks who can pinpoint the Burlington Route caboose location will receive complementary DCHS memberships. Contact the new President Gloria Oberg for more

it? FUNDRAISER PLANNED

Martinsburg First The Responders will be hosting their second annual "Omelet in a Bag" fund raiser. The event will be April 20, 2008 from 9:30 a.m. to 1:30 p.m. at the Martinsburg Community

The Responders are in need of medical equipment and supplies. They do not charge for their services and donations are their only means of income. Any donations will be greatly appreciated.

Malcom, Robert Adair, Jr., Butch Sperry, Holly Johnson, Bette O'Quinn.

COMMUNITY CALENDAR

Friday, Feb. 22: Exercise and Walking at Senior Center, 9 a.m.; FFA Week.

Saturday, Feb. 23: Dance Team to Contest at Grand Island.

Sunday, Feb. 24: First Lutheran Church Soup Supper 5 -7:30 p.m.

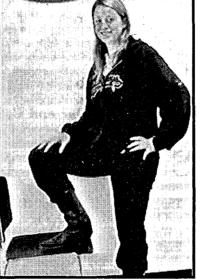
Monday, Feb. 25: Exercise & Walking at Senior Center, 9 a.m.; Spring Practice begins; Ag. Dist. Career Students Development Contest, 7 a.m. - 2:30 p.m.

Tuesday, Feb. 26: Bible Study 10 a.m. and 2 p.m.; Somerset at District Senior Center; Boys Finals, TBA.

Wednesday, Feb. 27: Exercise & Walking at Senior Center, 9 a.m.; First Lutheran Church - Worship 7:30 p.m at Allen, Confirmation at 6:30 p.m.; United Methodist Church at Ponca 7 p.m. Worship -5:30 p.m. Chicken noodle dinner. Friday, Feb. 29: Exercise & Walking at Senior Center, 9 a.m.; Brunch at Senior Center, 10:30 a.m.

fifth place, Becky Vraspir and fourth place, Kristina Lunz; Informative - fifth place, Kristina Lunz; Humorous: fifth place, Kelsey Rewinkel; Duet - sixth place, Rachel Kluthe and Chelsey Victor: O.I. D - first place - Lane Clay, Rachel Kluthe, Chelsey Victor, Nick Curnyn and Morgan Lunz.

Other participants were Taysha



Becky Vraspir

Northeast Community College in knowledge of the keyboard and South Sioux City has scheduled two different, one-credit-hour computer classes that will begin in early March.

The first, Microsoft PowerPoint, with course number OFFT 1540-01S/08S and HawkNET Call #11699, meets Thursdays, March 6-May 1, from 4:45-6:20 p.m. in Room 109 of the Northeast Education Center in the Westside

Business Park at 3309 Daniels Lane. This class is a hands-on

approach to learning basic commands, including working with clip art, animations, transitions, charts, and various objects from the drawing tool bar.

A textbook is required for this class.

Another class, Personal Keyboarding, with course number OFFT 1990-01S/08S or HawkNet Call #11704, meets Monday, Wednesday and Friday, March 3-May 7, from 1:1:50 in the same location.

This course will familiarize the student with the basic uses of the keyboard. Students will gain a

practice these skills with drills and timed tests.

The next competition for the

Wakefield Speech Team is the

Conference meet at Winnebego on

Mrs. Zoe VanderWeil is the

speech and drama coach, and is

assisted by Miss Amanda Goodrich.

Saturday, Feb. 23.

Cost of each of these one-credit hour class is \$73 for Nebraska residents; \$88.50 for non-residents.

To register, call Northeast Community College at (402) 241-6400.

Nursing scholarships available

Faith Regional Volunteer Services is offering two \$2,000 Nursing Scholarships to high school graduating seniors in the area.

To be eligible, a student must be graduating in the class of 2008 and have applied to an accredited school of registered nursing. This scholarship is for registered nursing students only.

Interested students are asked to contact the high school counselor at their school or Geraldine Benton, 507 E. Walnut Avenue, Norfolk, Neb. 68701 for application forms. Deadline for application is May 1.

cosponsorship does not constitute

an express or implied endorsement

of the views, opinions, products or

services of any cosponsor or other

person or entity. All SBA programs,

services and cosponsored activities

are extended to the public on a

SBA teams with Dun & Bradstreet to provide small business owners with credit management resources

a new small business resource to help improve their chances for profitability by understanding the importance and use of business credit. The U.S. Small Business Administration recently launched a series of training resources designed to help small business owners manage their business credit.

The SBA and Dun & Bradstreet (D&B) have joined together in a nationwide partnership to give small business owners valuable step-by-step guidance on how to proactively manage their business credit. With the training resources, small business owners are advised to take the following five smart steps to establish and maintain a positive business credit file:

Step One: Start a business credit file - To establish business credit, business owners may need to obtain a D-U-N-S® Number, a unique business identification

Small business owners now have number, to begin to establish a supplier credit – Business owners credit file as soon as they start their business.

Step Two: Establish a credit history – Business owners should put all expenses in their business name and use a commercial bank account to pay bills, rather than using personal funds. This approach will allow business owners to build a history of payment behavior that will help establish favorable credit terms.

Step Three: Pay bills on time -Commercial credit scores are influenced by paying bills on time as well as other factors, such as outstanding debts and company revenues.

Step Four: Monitor and understand their business credit file -Business owners should monitor their credit file before any change occurs that might affect relationships with suppliers, customers and banks.

Step Five: Monitor customer and

can improve cash flow by knowing the credit standing of business partners before agreeing to payment terms.

The training resources include an online Webinar, CD-ROMs, informational brochures and other resources on how to properly establish and protect business credit. Resources and information are available on the SBA's Web site at www.sba.gov.

The resources are currently available in English, with Spanish translations becoming available in mid-2008.

"Both the SBA and Dun & Bradstreet have a long history of experience in working with small businesses to maximize their busisuccess," ness said SBA Administrator Steve Preston. "These are five smart and easy steps that any small business can implement to establish and main-

tain good business credit and protect their businesses."

D&B has worked with business leaders for more than 165 years to provide critical insight and tools to foster growth and protect their businesses. "This new partnership between the SBA and D&B will help small business owners optimize their business credit profile, which can potentially lower costs of credit and improve cash flow," said David Kieselstein, Senior Vice President, Small Business, D&B.

Dun & Bradstreet (D&B) is a leading business information provider that offers database services that allows business principals to review and update their company information. D&B has a dedicated portal www.dnb.com/sba/eupdate - for small business owners.

The U.S. Small Business Administration, the nation's largest financial backer of small businesses, has teamed with the

D&B to expand tools for business solutions. The SBA's programs and services help business owners start, run, and grow their businesses, and provide a range of financial, technical, and management assistance

SBA's participation in this nondiscriminatory basis.

Elmer Miller Leadership Development series continues at Northeast College

Leadership development consultant, seminar leader, and speaker Elmer Miller will bring the fourth of six classes in his Leadership Development Series to Northeast Community College in Norfolk later this month.

Performance The session, Appraisal, meets in two different sessions on Thursday, Feb. 28, in the Lifelong Learning Center on Northeast's campus. The first session, with course number BUS College at (402)844-7000.

0112-01/08S, meets from 1:30-4 p.m. while the second session, with course number BUS 0112-02/08S, meets from 6-9 p.m.

Miller will share strategies on how to prepare and conduct a performance appraisal, along with the follow-up activities associated with Cost performance appraisals. of the session is \$49.

To register for either of these classes, call Northeast Community

8**B** The Wayne Herald, Thursday, February 21, 2008 Science and religion can work together, Cizik says

Scientists and people of faith religiously, Cizik is on a mission to should work together to ensure that the earth is not destroyed by human folly, said Richard Cizik, who will deliver a lecture Feb. 25 entitled "For God's Sake," as part of the 2007-08 series of EN. Thompson Lectures on World Issues.

Cizik's lecture, which originates from the Lied Center for Performing Arts at the University of Nebraska-Lincoln, will be simulcast in Room 131 at Connell Hall at Wayne State College in Wayne. The simulcast begins at 7 p.m.

"Great scientists are people of imagination," said Cizik. "So are people of great faith. We dare to imagine a world in which science and religion cooperate, minimizing our differences about how creation got started, to work together to reverse its degradation. We will not allow it to be progressively destroyed by human folly."

As vice-president for governmental affairs of the National Association of Evangelicals, Cizik sets policy direction on issues before Congress, the White House and the Supreme Court, as well as serving as a national spokesman on issues of concern to evangelicals. A conservative both politically and 7272 or at DaGrabe1@wsc.edu.

convert millions of Americans to the cause of conservation, using a right-to-life framework and spreading the doctrine of "creation care" to evangelical Christians.

The theme for the 20th season of the Thompson lectures is "Changing Nature," with speakers exploring a cross-section of subjects

related to the science and politics of environmentalism. The remaining lecture in the series is by William K. Reilly, president and CEO of Aqua International Partners, who will speak April 22.

The Thompson Forum brings a diversity of viewpoints on international and public policy issues to the citizens of Nebraska at the University of Nebraska-Lincoln. The series was named in honor of E.N. "Jack" Thompson, who served as president of the Cooper Foundation from 1964 to 1990 and as its chairman from 1990 until his death in 2002. Thompson established the series to promote better understanding of world events and issues for all Nebraskans.

All lectures and simulcasts are free and open to the public. To RSVP or for more information, contact David Graber at (402) 375-



Band members chosen the the UNK Honor Band were, left to right, Leah Beezer, Betty Jean Cushing, Ryan Janke and Shelby Meyer.

Winside students attend **UNK Honor Band/Choir**

The University of Nebraska at Women's Honor Choir and Chelsey Kearney was the destination for 10 students from Winside High School on Jan. 28.

Ryan Janke, tuba; Leah Beezer, clarinet, Shelby Meyer, trumpet and Jean Cushing, baritone were members of the Honor Band. Dominique Gowler, trumpet and Caroline Burris, trumpet, were chosen to the Festival Band. Heather Wylie and Hope Voss

were chosen to be members of the

Milenkovich and Kyle Mundil were chosen for the Honor Choir. \mathbf{The} students attended rehearsals during the day and performed a concert in the Health and

Recreation Center that evening. "We would like to thank the parents and grandparents who made

the trip to the concert to support us," said Lynell Quinn, Director of Vocal Music at Winside Public School.

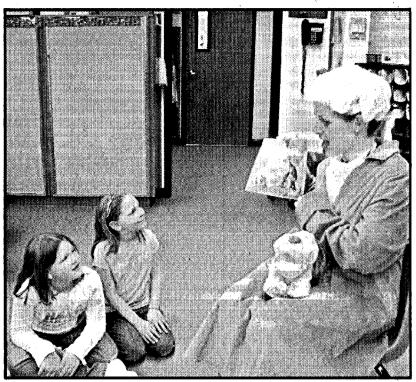
Winside News Dana Bargstadt

402-286-4316

PRESIDENTS' DAY

In honor of Presidents' Day George Washington read to Winside Elementary students. President Washington (Sally read George Schwedhelm) Washington and the General's Dog. This true story describes the thirty-six dogs that George owned during his lifetime.

During the Revolutionary War the English general William Howe lost his dog. The dog appeared with collar identification in the enemy colonists' camp. General Howe was contacted. Both sides raised white flags as Washington's soldiers walked the dog across the battlefield. This was an example of extrordinary kindness between enemies.



President George Washington makes a stop at Winside Elementary School to read a book about himself to the children. Pictured: Machella Buckendahl, Mackenzi Edwards and President Washington (Sally Schwedhelm).

Northeast Ag Complex is site of third annual indoor tractor pull

The rafters will rock with the sounds of roaring engines as the 3rd Annual Indoor Tractor Pull gets underway Saturday, March 1, at Northeast Community College in Norfolk.

Sponsored by the Northeast Community College Diversified Ag Club Alumni, with special assistance from G.I. Trailer Inc., Kelly Ryan Farm Equipment, and US92 Radio in Norfolk, the event begins at 10 a.m. at the Northeast Agriculture Complex at the intersection of Highway 35 and East Benjamin Avenue in Norfolk. The Ag Complex is located about one mile east of the main campus on Benjamin Avenue.

According to Bernie Thyen, Northeast instructor and Diversified Ag Club advisor, there will be at least 160 pulls, perhaps 200, during this one-day event. Classes for the event include Division I-V from 3,500-8,500 pounds; stock farm tractors (no turbos) between 6,500 and 9,500 pounds; 3,000 RPM tractors weighing between 5,500-7,500 pounds, and V-8 classes.

Minnesota, Wisconsin, South Dakota, Iowa, and Kansas were pre-registered as of mid-February. Entries will also be accepted on the day of the pull. The top winners in each class will be awarded a payback of the entry fees from that class.

This is the first tractor pull of the 2008 season. After planting season, these tractors will be loaded up and hit the road for regional pulls throughout the summer, Thyen said.

The Northeast Community College Indoor Tractor Pull is a fundraiser to assist about 40 Northeast students with their travel expenses to the North American Colleges and Teachers of Agriculture (NACTA) Student Judging Conference at Tarleton State University in Stephenville, Texas, April 16-20. Contest areas include livestock, soils, crops, and agribusiness. Northeast students traditionally bring home many awards from this national competi tion "Our students and alumni work very hard on this tractor pull," Thyen said. "Current students have to raise many hundreds of dollars to cover expenses to go to NACTA so they do all the work. They not only organize and run the event, but they also run the concession stand that day.

SBA administrator statement given on signing of stimulus bill

Steve Preston, Administrator of U.S. Small Business \mathbf{the} Administration, made the following statement on the signing of HR 5140, the Recovery Rebates and Economic Stimulus for the American People Act of 2008:

"This bill is a win for small businesses in three major ways: tax rebates will stimulate short term consumer spending, some of which will flow to smaller companies; a 50 percent bonus deduction on new equipment that normally would be depreciated over the long term; and, it increases the limit on

expenses that small businesses can

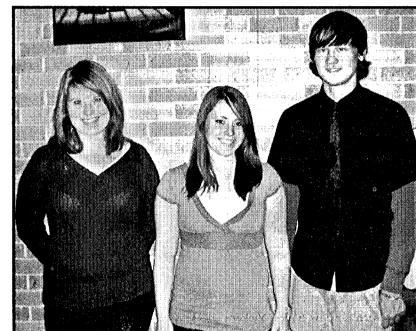
375-1280 THEATRE The Spiderwick **Chronicles** -PG 13-Nightly 7:00 p.m. Friday, Saturday 9:00 p.m. Saturday & Sunday Matinee 2 p.m.

deduct from annual income. "Small businesses create 2/3 of the new jobs in our economy and account for half of non-farm GDP. It is vital for the nation that small businesses stay healthy and growing. HR 5140 will give them a much-needed boost which will

enable them to expand their companies and create new jobs. "On behalf of small business, I applaud the President for his leadership and Congress for moving with such swiftness and bipartisanship. "We continue to urge Congress to proceed with other vital small business issues such as permitting health insurance pooling and deductibility, opening up new markets with Colombia, Peru and South Korea, and guaranteeing that taxes on small business earnings and investment don't rise."

Administrator Preston attended the signing of HR 5140 at the White House recently.

Career planning class set at NECC



Left to right, Chelsey Milenkovich, Hope Voss and Kyle Mundil were chosen for the UNK Honor Choir.





TUESDAY **BARGAIN NIGHT** All Seats • \$4.00 Free Small Popcorn with ticket purchase

Students can explore new careers or decide on a college major through a one-credit-hour Career Planning Online class scheduled at Northeast Community College in Norfolk.

All course work for Career Planning Online must be completed between Monday, March 3, and Wednesday, May 7, over the Internet. Students interested in this class should register for course number CAPL 1150-91/08S or HawkNET Call #10377.

Students of all ages will examine their interests, abilities, and values as they relate to the world of work in this class. After this review, career options will be explored in the fields best suited to the student. Students will also be taught how to prepare for success on the job and explore education and training options.

Cost of the one-credit Career Planning class is \$73.

To register, visit www.northeastcollege.com or call (402)844-7265.

Dominique Gowler and Caroline Burris were part of the **UNK Festival Band.**

"These are your smaller, out-ofthe-field, older tractors," he said. "Not the 'souped-up' pulling tractors.'

"Last year's event was bigger and better than our first pull and we expect the third annual to be even better than the first two,' Thyen said.

A Northeast Nebraska Tractor Pullers Association-sanctioned event, all pullers association rules will apply. Absolutely no alcohol will be allowed on the ground. The sled will be a hot foot sled and there will be a scale on site.

About 80 pullers from Nebraska,

Admission is free but there will be a free will offering.

For more information about the third annual Diversified Ag Club Alumni Indoor Tractor Pull, contact

Billie Ruwe at (402)533-3380, Clint Jedlicka at (402)615-1744 or the Northeast ag department at (402)844-7184.

Students take part in Honor Band Festival

The Wayne State College Honor Band Festival was recently held on the Wayne State College campus. Eighty schools from South Dakota, Iowa and Nebraska had over 500 students audition for the three honor bands and 120 students were accepted into the junior high honor band.

This year's clinician for the School students were accepted and junior high band was Dr. Randy Neuharth, director of bands at Northeast Community College in Norfolk. Rehearsals were held throughout the day and a final concert was given at 4:30 p.m.

The following Wayne Middle

participated in the Wayne State College Junior High Honor Band: Katlin Potter, Rachel Waddington and Dacia Dickey -

flute: Lila Goos – alto saxophone;

Drew Holland - tenor saxo-

phone: Miranda Denklau – French horn;

Sawyer Jager - trumpet; Nicholas Monahan – percussion; Cassy Miller – alternate alto saxophone; and

Natalie Sieler - alternate percussion.



Learn how to play pinochle in NECC

Learn how to play a card game that you can play for a lifetime in a two-session class being offered by Northeast Community College in South Sioux City.

The class, Pinochle-Card Game Basics, with course number HORC 0604-01S/08S, meets Saturday, March 8 and 15, from 9-11 a.m. in Room 107 of the South Sioux City Education Center, 3309 Daniels Lane in the Westside Business Park.

Students in this class will learn the basic rules and practice scoring the game.

According to promoters, pinochle is a wonderful card game to learn and enjoy a lifetime. It is also a good card game for all ages. Cost is \$10.

To register, call the South Sioux City Education Center at (402)241-6400.



Wayne Middle School students participating in WSC Honor Band Festival included, front row, left to right, Sawyer Jager, Nicholas Monahan, Miranda Denklau, Katlin Potter, Dacia Dickey, Rachel Waddington and Drew Holland. Back row, Natalie Sieler, Cassy Miller and Lila Goos.

Opinion

Letters

Expressway not necesary

Dear Editor,

I have a real problem understanding why the Nebraska Department of Roads is still promoting the idea of spending over \$230 million to turn Nebraska Highway 35 into an express way between Sioux City and Norfolk.

Since we now have a very useful bridge across the Missouri River near Newcastle, that takes South Dakota traffic directly to NE 15, which joins with NE 12, and then goes directly south to Laurel,

where it joins US 20 to US 81 to Norfolk and beyond. Trucks on I-29 in South Dakota who do not have Sioux City as their destination, could avoid that increased traffic if their destination is Norfolk or beyond.

Truck drivers would appreciate this more convenient route, and US 20 and US 81 already are US highways, so it would appear this would be a far more preferable route.

Marie George, Dixon

By Ed Howard Statehouse Correspondent Nebraska Press Association

The Wayne

erald

Tom Vickers isn't the guy you would have picked as a candidate for a heart attack.

Capitol View

Lean and lanky with plenty of muscle on a set of broad shoulders, even approaching 72, you could transplant Vickers to anyplace in the mostly civilized world, stop a stranger and say: "Guess what that guv does."

Guaranteed reply: "He's a cowboy.'

He sure is. Vickers is a stockman from Farnam, and a one-time state senator who served two terms from a southwest Nebraska district. He didn't finish high school, but his interest in education led to his colleagues electing him to the important chairmanship of the Education Legislature's Committee.

After leaving the Unicameral, Vickers became a lobbyist.

He was around and about the Capitol last Wednesday, taking care of business, looking like a fellow who could lift a couple of hundred pounds of calf and put it down on the other side of the fence.

Then he got dizzy. Moments later he was on the floor. He wasn't breathing. He had no heartbeat.

Let's face it. Most of us assume that, were we in that position, we would likely wake up to find ourselves in the starting gate at that eternal rodeo in the sky, hoping to make it to the final go-round.

Vickers, however, woke up not too long after hitting the floor. Speaker of the Legislature Mike Flood had arrived with a portable heart defibrillator. A doctor showed up, along with a couple state troopers.

And within a few hours, Vickers

Last week, I wrote about LB 39, which tightened up the law regarding the petition process. It prohibited paying petition circulators by discussed in this column sometime they be electors (meet the requirements to register to vote in Nebraska).

was in a hospital bed, cracking wise (albeit in a soft voice) about having had "the big one."

Vickers has flair for the unusual

"I always knew that timing was important in politics," Vickers told a scribe from the Lincoln Journal-Star, reflecting on having been in the right place at the right time to have a heart attack, more than less.

Vickers is one of those buckaroos who have generally exhibited the constitution of a horse over the course of many years. He has also had a flair for the unusual, perhaps dramatic, when it comes to health problems.

was supposed to have his first date with Shirley, who became his wife decades and decades and decades ago. Vickers participated in a rodeo

that day, in the bull riding competition. When the bull threw its head back, Vickers was bucked forward. While known as a hardheaded guy, he took a shot on the noggin that sent him to the hospital. He was unconscious, and remained that

way until the next day, at least. When he woke up, Shirley was there. How's that for an auspicious beginning? It wasn't politics, but Thus, to return to the electorate is, Vickers has acknowledged that in fact, to be elevated.

He tells the story of the day he when Shirley elected to spend her life with him, her decision began with a sympathy vote.

Vickers has often said that he made as many foolish mistakes as most young men, but he wasn't fool enough to let her get away. He was equally insightful when it came time to say goodbye to the Legislature, having been retired by the voters.

It was no demotion to leave office as a public servant, Vickers noted.

Those in public office should, he said, be servants of the people.



Controversial issues face state senators

ment to remove the opt-out provision was successful, as was an school bus manufactured after the amendment to delay the operative effective date of the bill to be date to June 1, 2009, and LB 395 equipped with seat belts. This was again advanced to Final Reading. Although I don't endorse smoking, I do think that this decision should be made by the local business based on the wishes of the patrons. \mathbf{The} Transportation and Telecommunications Committee held public hearings on two bills this past week pertaining to seat belts. The first, LB 812, would make enforcement of the seat belt law a primary offense. Nebraska law already requires drivers, frontseat passengers and children to wear seat belts. However, it is a secondary offense, meaning that people can only be ticketed for not wearing a seat belt if stopped for some other traffic infraction. Statistics show that approximately 17 lives could be saved per year and 300 serious injuries could be prevented, as it is predicted that seat belt use would increase from 79 percent to 87.5 percent if Nebraska adopted a stronger seat belt law. Additionally, we would qualify for \$7.4 million in federal lengel@leg.ne.gov.

ment. Senator Johnson's amend- incentive money.

LB 1092 would require every could increase the cost of a bus by

Main Street Focus As February winds down, we our last Tuesday Main Street

would be remiss if we did not say anything about "Heart Month" and about a need for greater awareness and practice of good health.

During the month we have been bombarded with timely warnings and healthful tips on how we can better take care of our heart health. Among the scary statistics that I came across this month that sticks out in my mind are the facts that an estimated 80 million Americans have some form of cardiac disease and that 10 million American women have had silent heart attacks - heart attacks that they were not aware of. Diet and exercise are two important ingredients to successful heart health. If you are over 40, we at Main Street Wayne urge you to get a good check up and work with your doctor on improving your health.

Hats off to the community of Wayne for becoming a Certified Economic Development Community. We are one of 17 communities in Nebraska to be so designated. A number of people worked hard to gain this designation, including WAEDI staff who state. pushed to this end. Being a certified community means that Wayne the Historic Designation that was the signature and required that will be able to apply for certain grants that are earmarked only for certified communities and that we will be recognized by the state and other outside site consultants as being project ready. All of us at Main Street Wayne are especially happy to see this designation come to our community. Another by-product of this designation is something the city and WAEDI have put their heads together to obtain a Community Development Block Grant as part of a 2008 Downtown Revitalization Initiative for communities under 20,000 in population. The initial grant application is for a planning grant for Phase I and the process has already started. A questionnaire has been designed to help the committee in their planning. The public is invited to complete the Wavne Downtown Business Survey, which can be found on the Wayne Area $\mathbf{E}\mathbf{conomic}$ Development website: www.waedi.org or stop by the WAEDI office for a hard copy. Two meetings have been held already and this program was discussed at

Wayne meeting. To get these grants, you have to be a Main Street Community and a Certified Development Economic Community.

At the Main Street Wayne meeting held Feb. 12 there was a lengthy discussion regarding the downtown Christmas decorations. The group discussed wreaths versus lighted garland. A motion was passed to spend approximately one-third of the cost for lighted garland to decorate all 67 downtown light poles. Financing options were looked at and included asking the Chamber, WAEDI and downtown business owners for financial support.

Members Gary Van Meter and Sandy Bartling testified in front of the Appropriations Committee in Lincoln on Jan. 31 in support of LB 859 ... a spending bill to assist Nebraska Lied Main Street. Last year the funds for the program were cut back and we are hopeful that some of these funds can be restored so that the program can remain effective throughout the

Another topic at the meeting was

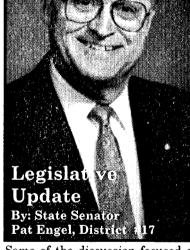
during the last year. Many Main Street members worked on writing historic descriptions of our downtown buildings for the State Historic Society in preparation for eventually being named as a Nebraska Historical Designation site. We have heard from Stacy Stupka-Burda, National Register Coordinator of the Nebraska State Historical Society, that the agreement period for the nomination form will be from April 30, 2008 until July 31, 2009, and we could be recommended at the Nebraska Historical Preservation Review Board meeting in September of 2009. A lengthy process, but it should be well worth it for our community. Research shows that up to 20 percent of tourists will go out of their way to visit historical desig-

Join us at our next All-Hands meeting on Tuesday, Feb. 26 in the South Meeting Room of the City Auditorium at 8 a.m. All of our committees could use more volunteers.

nated places.

The Governor has since vetoed legislation. the Governor Heineman felt that these restrictions unfairly inhibit the ability of citizens to petition their government. As I mentioned last week, there were numerous reports of petition circulators abusing the process. This bill would reinforce that the initiative petition process was intended to be a grass-root effort to amend our constitution, not one led by out-of-state interests. An override motion has been offered and I intend to support it.

The public hearing was held by the Agriculture Committee on LB 1174 this past week. This bill would reinstate Initiative 300, but in statute rather than in the Constitution. It is similar to the original language but attempts to remedy the issues that caused the federal court to rule it unconstitutional. The hearing attracted an overflow crowd, with major groups lined up on each side of the issue. Supporters of LB 1174 include the Nebraska Farmers Union, the Nebraska Center for Rural Affairs and Women Involved in Farm Economics. Groups opposing LB 1174 include the Nebraska Farm Bureau, the Nebraska Cattlemen, the Nebraska Corn Growers, the Nebraska Soybean Association, and the Nebraska Pork Producers.



Some of the discussion focused on whether there should be a provision to allow unrelated farmers to work together. With the expense of beginning a farming operation, it is difficult for young people to enter the profession. By allowing them to partner with non-family members, perhaps it will allow more young Nebraskans to join the farming tradition.

Senators spent several hours debating the issue of a statewide smoking ban. Last year an amendment was adopted allowing local communities to opt out of the statewide ban. After agreeing to this compromise amendment, Senator Joel Johnson, the primary sponsor of LB 395, changed his mind and decided to again push for a ban on smoking in all Nebraska public places and places of employ\$10,000 to \$20,000 and would reduce the passenger capacity of the bus by a third if lap belts with shoulder harnesses are used. School buses are one of the safest modes of land transportation, as they sit higher than cars and are reinforced with steel roll bars. School buses are designed to protect children using a concept called compartmentalization. The seats are spaced closely, are high-backed and heavily padded, and are designed to absorb energy.

How far should government intrude into our lives to protect us from danger or harm? This question is not easily answered and each issue presents its own circumstances.

If you have comments on these issues, I would welcome your thoughts. I can be reached at District #17, P.O. Box 94604, State Capitol, Lincoln, Neb. 68509, my telephone number is (402) 471-2716 and my e-mail address is

Letters Welcome

Letters from readers are welcome. They should be timely, brief (no longer than one type-written page, double spaced) and must contain no libelous statements. We reserve the right to edit or reject any letter.

Letters published must have the author's name, address and telephone number. The author's name will be printed with the letter; the address and the telephone number will be necessary to confirm the author's signature.

The Wayne Herald editorial staff writes all headlines.



Looking Ahead in Wayne

By Lowell Johnson, **City Administrator**

City Council meeting

The next regular City Council meeting will be Tuesday, March 4 at 5:30 p.m. in the council room.

What Makes

Wayne Different?

Thousands of small towns are investing in jobs and wealth creation for their future. Thousands aren't.

Here are 5 more observations about all of us from Don Holbrook, who has had authored a book about matching communities with companies that stayed and created long term jobs and wealth for the company and the community:

1) (A repeat favorite) Communities have the right to die if they choose to not make the changes needed to survive.

2) The next wave of manufacturing opportunities will be

fueled by the renewal of America's education focus on excellence in engineering science and math. 3) (Another favorite if you can

believe this) Communities that fail to exercise, eat right, manage stress and live joyfully, are prone to ill economic health and possess an inability to regenerate when they face a serious economic illness.

4) Two cardinal rules for self preservation:

a. Develop the skills that are most difficult and costly to outsource.

b. Always be developing the next new skill or product for after the current one is done. 5) Like yourself, market your-

self

Questions or comments? Call Lowell Johnson, City

Administrator at 375-1733 or email me at cityadmin@cityofwayne.org.

Advertising: whclass@inebraska.com or melissa@wayneherald.com

ads to editorial

Nebraska fire departments receive FEMA grants totaling \$130,212; Carroll Volunteer **Fire Department among recipients**

Homeland Security's Federal **Emergency Management Agency** (FEMA) awarded \$130,212 in Assistance to Firefighters Grants (AFG) to local fire departments in the state of Nebraska. Nationally, the fiscal year (FY) 2007 AFG awards, which will be distributed in phases, will ultimately provide over \$490 million to fire departments and nonaffiliated emergency medical service organizations throughout the country.

A recent grant recipient was Volunteer Carroll Fire Department, Carroll Operations and Safety, \$60,624.

"We recognize the importance of the Fire Act Grants to our nation's fire departments and we will continue to work closely with the fire service community to meet their needs," said United States Fire Administrator Greg Cade. "The Assistance to Firefighters grants continues to serve as a major effort buy equipment and response vehiby FEMA to ensure the nation's firefighters continue to have the

their jobs, improve community safety and prevent the loss of lives.

This week's round of national fire grants amounts to over \$23 million and includes grants provided to local fire departments in Nebraska for: FY 2007 AFG Awards: Fire Dept. Name Location Program Area Award Amount; Bellwood Volunteer Fire Department Bellwood Operations and Safety \$40,850; Osmond Rural Fire District Osmond Operations and Safety \$28,738.

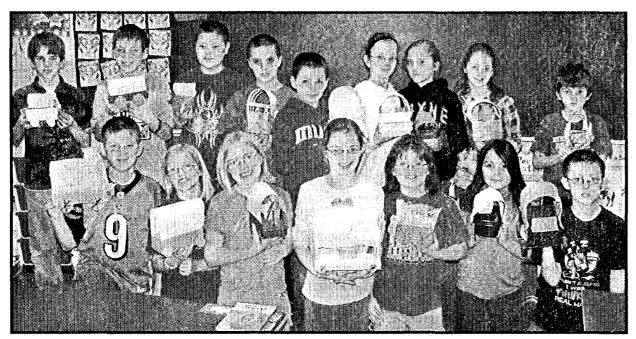
AFG awards aim to enhance response capabilities and to more effectively protect the health and safety of the public with respect to fire and other hazards. The grants enable local fire departments and emergency medical services organizations to purchase or receive training, conduct first responder health and safety programs, and cles. AFG also supports regional projects in which multiple organi-

The U.S. Department of basic capability they require to do zations serving more than one local jurisdiction benefit directly from activities implemented with grant funds.

> Since FY 2001, and including FY 2007, over \$3.3 billion in AFG funding has been distributed to fire departments and first responder organizations to purchase response equipment, personal protective equipment, vehicles and fire prevention activities. AFG is administered cooperatively by two FEMA components: the National Preparedness Directorate and the United States Fire Administration.

The full list of FY 2007 AFG recipients and other information is posted on the AFG website (www.firegrantsupport.com

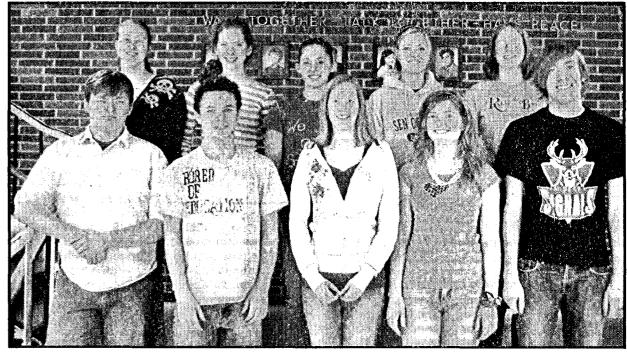
FEMA coordinates the federal government's role in preparing for, preventing, mitigating the effects of, responding to, and recovering from all domestic disasters, whether natural or man-made, including acts of terror.



Westward ho!

The fourth grade class at Wayne Elementary School has been studying about the Oregon Trail during third Quarter. The students created covered wagons with the help of parents. This week the classes floated the wagons to see if they would be able to make it across the river. Some of the wagons took on water and ended up sinking. "The students were so proud and excited to share their wagons with their classmates. They had a blast floating them," said Mrs. Lori Ruskamp, one of the fourth grade teachers at Wayne Elementary School. Above, the students pose with their covered wagons. Below, the students test their wagons to see if they will cross the "river" without sinking.





WSC Festival of Honor Bands participants

Students recognized at honor coffee

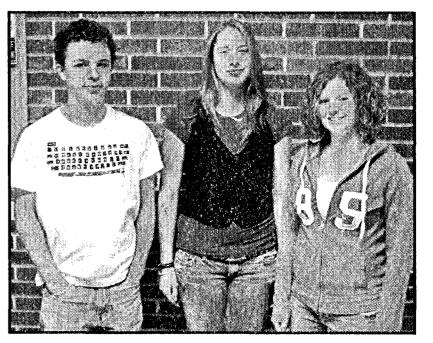
Wayne Community Schools Board of Education Honor Coffee was held recently. Recognized were the following:

Doane Honor Choir participants: Dacia Gansebom, Collin Jeffries, Renae Allemann.

UNO Honor Choir participants: Dacia Gansebom, Renae Allemann, Brett Dorcey, FayeMarie Roeber, Lisa Temme, Kaitlyn Centrone, Rebecca Agler.

Middle School WSC Honor Band participants: Katlin Potter, Rachel Waddington, Dacia Dickey, Lila Goos, Drew Holland, Miranda Denklau, Sawyer Jager, Nicholas Monahan. Alternates: Cassy Miller and Natalie Sieler.

WSC Festival of Honor Bands participants: Jessica Kranz, Meg Pierson, Brett Dorcey, Eric Carstens, Collin Jeffries, Maddie Jager, Caitlin Gustafson, JoAnn Parker, Jordan Eberhardt, Abby Kenny, Genelle Gardner. The Wayne Community Schools



Doane Honor Choir participants

Board of Education is held each meeting to recognize excellence in month prior to the school board the school district.





Optimists plan several youth activities

The Wayne Optimist Club met Jan 29 at Tacos & More.

Mike Varley presided over the with Optimist International. meeting. Doug and Lynette Krie shared information from attending Distinguished Secretary and Mike the recent District meeting held in Varley received Honor and Beatrice on Jan. 25-26. Past Distinguished Treasurer. Doug

highest honor a club can receive,

Lynette Krie received Honor and President Doug Krie accepted the Krie received Optimist of the Year

State senators override Gov. Heineman's veto of LB 39

Gov. Heineman's veto of LB 39, a bill aimed at protecting Nebraska's Constitution from wealthy out-ofstate special interests.

"The override vote is just the latest example of the Governor thinking he can twist enough arms in the Legislature to get his way," said Matt Connealy, Executive Director of the Nebraska Democratic Party. "Last session we saw him do this to thwart property tax relief and funding for Meals on Wheels, and he thought this session would be no different. I'm glad to see at least a and inappropriate behavior by sigfew Republican senators joined

The Legislature voted to override their Democratic colleagues in putting principles before party." LB 39 was introduced by Democratic State Senator DiAnna Schimek in response to the petition debacle of 2006. The measure passed by a vote of 31-14 on Feb. 6 but was vetoed by Governor Heineman a week later. The bill requires all petition gatherers to be Nebraska residents and to be of legal voting age. It also bans the practice of paying petition gatherers on a per-signature basis, removing incentives for aggressive nature collectors.

award for Distinguished Club, the for Zone 4 and Bob Wreidt was honored as Nebraska District Distinguished Governor, the first person to ever receive this honor in Nebraska

> It was decided to sponsor three events for the three separate sixth grade classes at Premier Estates. They would be held on Valentine's Day, St. Pat's Day and May Day. The club would provide materials necessary for the cards and treats for the residents playing Bingo each time. The first group going was Mrs. Niemann's class on Feb. 14.

> The group also discussed future plans to sponsor some kind of program to support the Childhood Cancer Campaign.

The next meeting will be Tuesday, Feb. 26 at Tacos & More at 6 p.m. and the speaker for the meeting will be Jill Walling, who will share information on the TeamMates Mentoring with the group

Students interested in Scholarships from Optimist Club should check out Optimist www.optimist.org or contact Cindy Von Fange at (402) 518-0720.

UNO Honor Choir participants



Taking part in the Conference Honor Band from Winside were, front row, left to right, Audrey Roberts, Shelby Meyer, Leah Beezer, Betty Jean Cushing and Amanda Backstrom. Back row, Dillion Stickely, Skyler Parkinson, Kyle Mundil, Dominique Gowler, Caroline Burris Ryan Janke and Mercedes Mann.

Winside students take part in Honor Band

Several students from Winside High School participated in the Lewis and Clark Conference Honor Band recently.

Brad Weber conducted the 9/10 Band and Brady Rohlfs conducted the 11/12 Band. Band members spent the day trying out for chair positions and then rehearsing the pieces for the evening show.

Band members receiving medals for their chair positions are: first Chair Medals: Leah Beezer, Betty Cushing, Shelby Meyer, Dominique Gowler, Caroline Burris, Kyle

Mundil and Audrey Roberts; second Chair Medal: Ryan Janke. Other band members participating were Dillon Stickely, Skyler Kathy Hansen.

NECC to offer first aid course in early March

Norfolk has scheduled another onesession First Aid Course in early March. The class, with course number COHE 0332-03/08S, will be offered Tuesday, March 4, from 6-10 p.m. in the Ag/Allied Health Building on the Northeast campus in Norfolk

Successful completion of this

Parkinson, Merecedes Mann and Amanda Backstrom. The band students are under the direction of

Northeast Community College in First Aid course will satisfy requirements for OSHA. Licensed daycare providers and the public are also encouraged to attend.

> Cost of this class is \$19. Cost does not include a book.

> To register, call Northeast Community College at (402)844-7000

Lifestyle

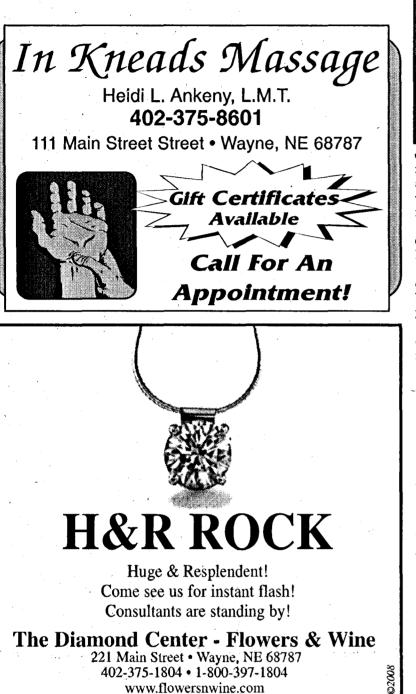
Maintain a loving parent-child relationship **Briefly Speaking**

reflect on relationships, including granted that your child knows how those between parent and child. Developing a good relationship with your child is like adding to the bank account of goodwill.

love—it's about expressing that

Valentine's Day is a good time to eficial to the child. Don't take it for much you love him.

When your relationship with your child is healthy and thriving, he will accept your influence more A positive relationship with your readily and will respond positively child is more than just feeling to new tasks and demands, such as going to preschool, potty training, love every day in various ways ben- learning to ride a bike or drive a





car. If you're heading into challenging times, like a divorce or a move, a loving relationship will go a long way toward helping your child make it through the transition.

Several things are important in establishing and maintaining a healthy parent-child relationship:

Express your feelings. Tell your child you love her. It's simple to do, but many of us forget. Say, "I love you," or "I'm glad you're my son/daughter." Do it routinely in certain parts of the day, when leaving for school, at bedtime, or when she does her homework.

School Lunches

ALLEN (Feb. 25 - 29) Monday: Breakfast - Cereal & apple finger. Lunch - Turkey, mashed potatoes & gravy, cranberry sauce, roll.

Tuesday: Breakfast --- Biscuits & gravy. Lunch — Hamburger, bun, French fries, strawberries, cake.

Wednesday: Breakfast ---Cereal & toast. Lunch — Goulash, green beans, pineapple, tea roll.

Thursday: Breakfast — Cereal & donut . Lunch - Salisbury steak, mashed potatoes, gravy, roll, applesauce.

Friday: Breakfast - Cereal & instant oatmeal. Lunch — Quesadillas, lettuce, mandarin oranges, cookie.

> Milk served with breakfast and lunch. Salads served upon request.

Communicate love through gentle touch. Hold your child on your lap as you read to him. Give her a hug when she's sad. Rub his back. Brush her hair. Touch communicates love without a word. Let your child overhear you

The Wayne

erald

express pride in her to others. Say, "David sang a solo in the chorus. We were so proud of him." If someone else compliments your child, let him know.

Participate in your child's interests or hobbies. Go to their dance recitals, spelling bees, performances and sports games. If he's passionate about dinosaurs, take him to the local museum and look at fossils together. If she adores soccer, take her to see a local team play or watch a game on TV togeth-

Respond when a child initiates a conversation. If your 8-year-old comes to you and says, "My friend Billy is moving," your child wants to talk. Make eye contact and ask questions to encourage discussion. "When is she moving?" and "I'll bet you'll miss him" say to your child, "I heard what you said, I'm interested, and I want to know more." Source: Kathleen Olson, University of Minnesota Extension.

Milk is served with every meal.

WAYNE (Feb. 25 — 29)

carrots, pears, cookie.

roll, peaches, cookie.

bread, peas, cherry crisp.

sticks, mandarin oranges.

mashed potatoes, corn, roll.

cookie.

Monday: Pork steak with bun,

Tuesday: Creamed turkey,

Wednesday: Chicken strips,

Thursday: Spaghetti, French

Friday: Barbecue ribs with bun,

Milk served with every meal.

WINSIDE (Feb. 25 - 29)

Lunch — Chili, cornbread, carrot

Monday: Breakfast - Pancake.

Tuesday: Breakfast - Bagel.

Lunch - Chicken fried steak,

baked beans, applesauce, cookie.

corn, wheat dinner roll, pineapple,

mashed potatoes, wheat dinner

Twelve Minerva Club members book, "Gideon's Gift" from Karen met at the home of Arlene Kingsbury's Red Glove series. As a Ostendorf on Feb. 11. Roll call was answered by telling of a Valentine memory

Merry Mixers gather

at 11:30 a.m.

Vintage."

hostess.

the thought for the Day.

on Feb. 12 with six members present.

WAYNE — The Merry Mixers Club met with Gertrude Vahlkamp

Esther Hansen led the group in singing "Old McDonald." The

The family meeting will be held Tuesday, March 11 at Tacos & More

AREA — The Acme Club met Feb. 18 at the Senior Citizen's Center

Betty Wittig conducted the business meeting. Delores Utecht had

Verdelle Reeg gave the program entitled, "You're Not Old, You're

The next meeting will be Monday, March 3 with Joann Temme as

remainder of the afternoon was spent playing dominoes.

Acme Club gathers at Senior Center

with Betty Wittig as hostess. All members were in attendance.

Minerva Club learns

about February events

President Marilyn Wallin opened the meeting by telling interesting facts about the Abraham Lincoln Memorial in Washington, D.C.

Historian, Hollis Frese, read minutes from Oct. 21 and Nov. 4, 1946. A flowery account was given of a tea held in honor of the club's 50th birthday. Members from Acme, US, and Monday Clubs were guests. A three-tiered cake made of tea cakes was served. A flute trio provided entertainment.

Fauneil Bennett reviewed the

Leather and Lace dancers hold February dance

Leather and Lace Square Dance 49er's and Oakdale Country Club danced to Darwin Barker from Omaha on Feb. 8.

There were 16 guests and 17 members present. The dancers were treated to pie and ice cream following the dance.

Luciele Foster received the free pass for the evening. Luciele Auditorium at 7:30 p.m. with Foster, Bruce Fiscus, Jim Stout Robert Kinghorn calling. Lunch and Rachel Rabe were winners of Split the Pot.

Laurel Town Twirlers Squa

project to coincide with this book, members will bring pillowcases to the next meeting. These pillowcases will be donated to the Norfolk Rescue Mission. Hollis Frese will visit Phil Rees and extend Valentine greetings

PUBLIC LIBRAR

from Minerva Club. Arlene Ostendorf presented a program about hobos. A hobo

cemetery exists at Britt, Iowa and a hobo convention is held at Britt each year.

The next meeting will be Monday, Feb. 25 at the Wayne Senior Center with Hallie Sherry as hostess

Spinners at this time.

Lesson people are still dancing on Thursday evening at The Oaks with Dale Muehlmeier calling. The dancers will graduate April 25.

The next scheduled dance will be Friday, Feb. 22 at the Wayne City will be served by Bob and Peggy Krueger and Colby and Geogia Gillespie and Karyn Bijlsma will be Spectators are always welcome.



Warm up with us!

- Soup of the Day
- Warm Sandwiches
- Coffee & Specialty Drinks
 - Inviting Atmosphere

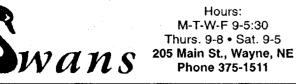
Daily Lunch Specials Serving Lunch 11-2 **Carryout Available** *Main Street * 211 Main St. 375-3416 We deliver





We still have winter sale clothing! Save Up To 75%

on Sweater Knits, Sweatshirts, Pants, Slacks, Vests, Skirts, Fashion Jackets, Pantsets, Dresses and Outerwear Coats. <u>Check the Red Sale Tags!</u>



LAUREL- CONCORD (Feb. 25 - 29)

Breakfast Monday: Scrambled eggs & toast. Lunch ---Goulash, bread, fruit, vegetable. Tuesday: Breakfast - French toast. Lunch — Chicken nuggets, chips, roll, brownie, fruit, vegetable.

Wednesday: Breakfast — Egg biscuit. Lunch — Sloppy Joe on bun, potato wedges, fruit, vegetable.

Thursday: Breakfast -- Cereal & yogurt. Lunch - Breaded beef sticks, mashed potatoes/gravy, roll, fruit, vegetable.

Friday: Breakfast — Breakfast pizza. Lunch — Fish on bun, cake, fruit, vegetable.

Milk, chocolate milk, orange juice available each day.

WAKEFIELD (Feb. 25 - 29) Monday: Hamburgers, French fries, applesauce bars, peaches. Tuesday: Chicken strips, baked

beans, homemade buns, applesauce.

Wednesday: Scalloped potatoes & ham, green beans, dinner rolls, pears

Thursday: Turkey melt, broccoli, blueberry muffins, fruit salad. Friday: Italian dunkers, spaghetti sauce, fresh vegetables, choice of fruit. Breakfast served every morning.

Wednesday: Breakfast bun, fries, applesauce, cookie.

Thursday: Breakfast -- French toast. Lunch - Popcorn chicken, fries, pears, cookie.

Friday: Breakfast -Omelet. Lunch -- Cheese quesadilla, lettuce, pineapple, cookie.

Yogurt, toast, juice and milk served with breakfast. Milk served with each meal. Salad bar available for all grades daily.

Senior Center Calendar

(Week of Feb. 25 - 29) Monday, Feb. 25: Morning walking; Quilting and cards; Pool, 1 p.m.; Linda Carr will present Heart Healthy Topics.

Tuesday, Feb. 26: Morning walking; Quilting and cards; Blue Jeans Day.

Wednesday, Feb. 27: Morning walking; Quilting and cards; Pool, 1 p.m.

Thursday, Feb. 28: Morning walking; Quilting and cards; Pitch party, 1:15 p.m.

Friday. Feb. 29: Morning walking; Quilting and cards; Pool, 1 p.m.; Bingo, 1:15; Pat Cook at the piano

Eggstra. Lunch - Ribb patty with Dance Club went home with their in charge of the beverages. banner. Wayne has their own banner, and the banners of the Norfolk

TOPS conducts weekly meeting

TOPS NE # 200 Wayne met Feb. 13 at the boardroom at Providence Hospital with 8 TOPS and 2 KOPS in attendance.

Leader Twilla Kessinger requested each group to say their pledges respectfully.

Roll Call was "When do you think spring will come and the snow will be gone?" The secretary made a list of the dates and whoever is the closest will win a prize.

The secretary's report was read an accepted and the treasurer Tracy Henschke reported on the bank account.

Weekly stats for TOPS had the best loser Paula Haisch and she received her coupon. Weekly stats for KOPS had no loser for this week.

Tracey Henschke was awarded her 12th charm for her weight loss. Diane Uhing's birthaday is Feb.

19 so the group sang "Happy

Birthday" to her. Diane Uhing for KOPS and Tracy Henschke for TOPS had Bingo Black Out and so a new BingoI game will start next week. TOPS Chapter Royalty

Saturday: 8:00 a.m. - 10:00 a.m.

Certificates were given to Diane Uhing for obtaining chapter Queen and Lois Spenser for Queen Runner-UP with their weight loss and becoming KOPS.

TOPS Chapter Merit Certificates were given to Diane Uhing and Diane Sullivan for their weight loss in a year's time.

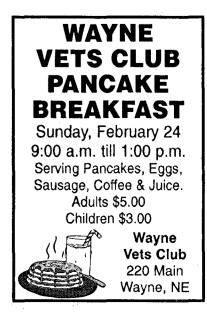
Beverly Ruwe reminded members to bring in our towels for the contest ending on Feb. 27. Beverly stated that members get three points for tonight's meeting since Dorothy Nelson is under the weather and cannot be here to ask questions.

New Arrivals

WOOCKMAN - Travis and Melissa (Weber) Woockman of Omaha, a daughter, Brynn Elizabeth, 7 lbs., 20 inches, born Jan. 21, 2008. Grandparents are Brad and Deb Weber of Wayne and Brian and Vicki Woockman of Crofton. Great-grandparents are Virginia Weber of Randolph, Joan Hegge of Crofton and Lorraine Woockman of Crofton.

All Past Members are Welcome Back! **NO SERVICE FEES and** a Great Monthly Rate HOURS: Monday - Thursday: 6:00 am - 9:30 am 11:00 am - 1:30 pm 3:30 pm - 7:00 pm Friday: 6:00 am to 9:30 am 11:00 am to 1:30 pm 3:30 pm to 6:00 pm **307 Pearl Street,** 402-833-5182

Wayne, NE



Church Services

t'ait.

Wayne_

CALVARY BIBLE EVANGELICAL FREE **502 Lincoln Street** (Calvin Kroeker, pastor) (Josh Meyers, Youth Pastor) Sunday: Adult Sunday School for all ages, 9:30 a.m.; Worship,

10:30; Senior High Youth Group, 7 p.m. Wednesday: Junior High Youth Group, 7.

FAITH BAPTIST · Independent - Fundamental 208 E. Fourth St. -375-3413

(Pastor Jim Scallions) Sunday: Sunday school, 10 a.m.; Worship, 11; Evening worship, 7:30 p.m. Wednesday: Bible Study and prayer, 7:30 p.m.

FIRST BAPTIST 400 Main St.

www.firstbaptistwayne.org (Douglas Shelton, pastor)

Sunday: Sunday School, Adult and children's classes, 9:15 a.m.; Prayer and Fellowship, 10:15; Worship, 10:30. Wednesday: Bible study, 7 p.m.

JOURNEY

CHRISTIAN CHURCH 1110 East 7th St. org.

375-4743

(Troy Reynolds, minister) Sunday: Christians Hour on KTCH, 8:45 a.m.; Prayer Group, 8:45; Sunday School for all ages, 9:30; Worship, 10:30 a.m.; Financial Peace University class, 7 Wednesday:

Come and have a

GREAT Time!

Great food and lots

of fun for everyone!

p.m. Wednesday: Small group studying James, 6:45 p.m.; Junior High Youth group (CIA), 7; Senior High Youth Group, 7.

FIRST PRESBYTERIAN 216 West 3rd St. 375-2669

(Rev. Ray McCalla, pastor) www.fpcwayne.org

Thursday: Habitat for Humanity Spaghetti dinner at Our Savior Lutheran Church, 5 to 7 p.m.; CrossPoint \$1 dinner for Wayne State College students, 5 to 9 p.m. Sunday: Handbell choir rehearsal, 8:45 a.m.; Church School, 9; Worship with Children's Choir singing, 10 a.m.; Fellowship time with Babs Middleton as hostess, 11. Monday: Session meeting, 7 p.m.; CrossPoint Campus ministry Bible Study for Wayne State College students. 8 to 10 p.m. Wednesday: Lenten soup supper and service, 6 p.m.; Youth group meets with Pastor Ray, 7 to 8:30 p.m. Thursday: CrossPoint fellowship for Wayne State College students, 5 to 9 p.m. Also available: CrossPoint campus ministries. For more information, visit www.cross pointwayne.org

FIRST TRINITY LUTHERAN Altona, LC-MS 57741 847th Road, Wayne www.journeychristianonline. Altona Office (402) 375-2165 (Rev. David Ohlman, Pastor) Pilger Office (402) 396-3478 Mobile (260) 402-0035

Sunday: Sunday School for nursery through adult, 8:30 a.m.; Divine Worship with Holy Communion, 9:30 a.m. Confirmation

instruction at St. John's in Pilger, 5:15 p.m.; Lenten worship at St. John's in Pilger, 7 p.m., coffee following.

FIRST UNITED METHODIST 6th & Main St. (Rev. Dovle Burbank-Williams,

pastor) Sunday: Worship service, 8:15

and 9:30 a.m.; Fellowship time after each service; Sunday School, 10:45; Newsletters available to pick up. Monday: Girl Scout Troop 191, 2:30 p.m. Wednesday: Theophilus, 2 p.m.; Gospel Seekers, 5:30; Soup supper, 5:30 p.m.; Lenten service, 6; Jubilant Ringers, 6:30; Chancel Choir, 7, Thursday: Brown Bag Theology (Lenten Bible Study), 12:15 to 1 p.m.; Siouxland Community Blood Bank at Wayne Fire Hall, 8:30 a.m. ST. MARY'S CATHOLIC to 3 p.m.

GRACE LUTHERAN Missouri Synod 904 Logan grace@gracewayne.com (The Rev. Carl Lilienkamp, Senior Pastor) (The Rev. John Pasche,

Associate pastor) (Stephen Ministry cong.) Sunday: Lutheran Hour on KTCH, 7:30 a.m.; Worship with Holy Communion, 8 and, 10:30 a.m.; Sunday School and Bible Class, 9:15. Monday: Bell Choir, 6:30 p.m.; Worship, 6:45; Duo Club, 7:30. Wednesday: Men's Bible Study, 6:30 a.m.; Bible Study, 9; Senior Group Luncheon, noon; Lenten Supper, 6 p.m.; Midweek, 6:30; Choir, 7; Lenten worship, 7:30. Thursday: Sewing group, 1:30 p.m.; C.S.F. Devotions, 8.

INTERFAITH DEVOTIONS

Interfaith and interdenominational devotions are held weekly for persons of all faiths, languages and cultures. Prayers for world peace will be offered in many languages and religions, along with music and p.m. State and state of the state refreshments. Sponsored by the Baha'i' Faith, the devotions begin at 7 p.m every Sunday at 1002 West Second Ave. Call Joseph or Chris Tee at 833-5202 for information.

JEHOVAH'S WITNESSES Phone 375-2631 or 375-3427 for

Bible Study at Tacos & More, 6:45 a.m.; Staff Meeting, 9:30; Property Committee, 7 p.m. Wednesday: Men's Bible Study at Tacos & More, 7 a.m.; Oaks Devotions, 3:30 p.m.; Lenten Supper, 5:45 p.m.; Choir, 6:15; Mid-Week Lenten

Worship, 7. Thursday: Sewing Group, 9:30 a.m.; ChemoCaps, 7 p.m. PRAISE ASSEMBLY OF GOD

1000 East 10th St. • 375-3430 Pastors **Rick and Ellie Snodgrass**

Sunday: Sunday Service, 10:30 a.m.; Evening Service, 6:30 p.m. Wednesday: Evening Service, 7 p.m. Call for additional information on the ministries available.

412 East 8th St. (Fr. Mark Tomasiewicz,

375-2000; fax: 375-5782; E-mail:

Friday: Mass, 8 a.m.; No School for St. Mary's students; Stations of the Cross and Benediction, 7 p.m. Saturday: Confessions heard before Mass; Mass, 6 p.m. Sunday: Third Sunday of Lent. Confessions heard before Mass; Mass, 8 and 10 a.m. Winter/ Spring Festival at Wayne City Auditorium, 11 a.m. to 1:30 p.m.; No Spanish Mass, Spanish Mass has been moved to Emerson on Sunday's at 10 a.m. For more information contact Sacred Heart Parish at (402) 695-2505. Monday: No Mass; No School at St. Mary's. Tuesday: Mass, 8 a.m. Wednesday: Mass, 8:15 a.m.; St. Mary's; Religious of the Cross and Benediction, 7



Tabitha Circle, 7:30. Tuesday: Lenten service at Winside, 7.

UNITED METHODIST CHURCH

The Wayne

(Rev. Doyle Burbank-Williams, pastor)

Sunday: Sunday School, 9:30 a.m.; Worship service, 11; Newsletters available to pick up.

Concord

CONCORDIA LUTHERAN (Karen Tjarks, Pastor)

Sunday: Sunday School, 9:30 a.m.; Worship, 10:45; Soup supper at First Lutheran. Tuesday: Bible Study 10 a.m. and 2 p.m. Wednesday: Confirmation at First Lutheran, 6:30 p.m.; Lenten worship service at First Lutheran, 7;30 p.m.

ST. PAUL LUTHERAN East of town

(Willie Bertrand, pastor) Sunday: Bible Study, 8 a.m.; Worship, 9. Monday: Quilting at St. Paul, 1 p.m. Tuesday: Bible Study at Louie Jensen's, 9 a.m. Wednesday: Lenten Worship at Immanuel, 7 p.m. Thursday: St. Paul Ladies Aid, 2 p.m.

EVANGELICAL FREE (Pastor Todd Thelen)

Thursday-Saturday: Midwest District Conference at Kearney Evangelical Free Church. Saturday: All Church Progressive Supper, sponsored by the senior high youth group. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m.; Choir Practice, 6 p.m.; Evening Bible Study, Senior High Youth Group and Children's Choir, 7. Monday: Deacon Board meeting, 7 p.m. Wednesday: AWANA Supper, 6:15 p.m.; AWANA & JV, T&T, / Sparks "Balloon Blast Night," 7 p.m.

Dixon_

ST. ANNE'S CATHOLIC TOLLE TO (Fr. James McCluskey, pastor) Saturday: Mass, 6 p.m. Wednesday: Lenten Breakfast at Presbyterian Church, 7:15 a.m.; Religious Education, 7 p.m. Friday: Stations of the Cross and Benediction at St. Mary's in Laurel, 7 p.m.

Sunday School, 9:30; Praise and Worship, 10:30.

EVANGELICAL COVENANT 802 Winter St.

(Ross Erickson, pastor) e-mail: wakecov@msn.com

Sunday: Sunday School, 9:30; Worship, 10:45 a.m.; Concert by Crusaders, 5:30 p.m. Monday: WIC Clinic. Tuesday: Ladies meet for prayer, 9 a.m. Wednesday: Confirmation, 4:30 p.m.; Snak Shak, 5:30; Pioneer Club and Junior High, 6:15; Bible Study and Youth 4 Truth, 6:30. Thursday: Men's Bible Study at Tacos & More, 7 a.m.

IMMANUEL LUTHERAN 4 North, 3 East of Wayne

(Willie Bertrand, pastor) Sunday: Bible Study, 9:15 a.m.; Worship, 10:30 a.m. Tuesday: Bible Study at Louie Jensen's, 9 a.m. Wednesday: Lenten Worship at Immanuel, 7 p.m.

PRESBYTERIAN

216 West 3rd (Rev. Charity Forbes, interim

pastor) Sunday: Fellowship time, 10 a.m.; Worship Service, 11.

ST. JOHN'S LUTHERAN West 7th & Maple

(Rev. Terry L. Buethe, pastor)

Sunday: Worship, 9 a.m.; Education Hour, 10:15. Tuesday: Social Concerns, 7 p.m. Wednesday: Midweek Classes, 4 p.m.; Lenten Service, 7:30. Thursday: Church Council, 7:30 p.m.

SALEM LUTHERAN **411 Winter Street**

(Jerome Cloninger, pastor) Saturday: Worship with Communion, 6:30 p.m. Sunday: Sunday School, 9 a.m.; Worship with Communion, 10:30; Choir, 5:30 p.m.; Congregation invited to attend hockey game. ... Monday-Tuesday: Pastor at STS Retreat. Monday: Altar Guild, 6:30 p.m. Tuesday: No Bible Study; XYZ. Wednesday: Confirmation, 4:30 p.m.; Meal, 6:15; Lenten Worship, 7. Thursday: Video on local Cable, 10 a.m. and 7 p.m.; WELCA, 2 p.m. Saturday: Contemporary Worship

with Communion, 6:30 p.m.

St. Mary's Winter/Spring Fest February 24th - Wayne City Auditorium **Beef or Pork Roast Dinner** 11a.m. - 1:30 p.m. \$7 adults \$3 children ages 4-12 Dinner includes mashed potatoes and gravy, végetablé, dinner roll, beverágé and homémade dessert!

Need not be present to win!

Raffle Tickets just S1 each Cash prizes of \$1000-\$500-\$250-\$175-\$75 Portable IDVD Player, 20" Flat Screen TV, MP3 Player, Compact CD Stereo System, Digital Camera

Silent Auction Great Gift Baskets up for Bid!

pastor)

parish@ stmaryswayne.org

Education classes, 7 p.m. Thursday: Mass, 8 a.m.; St. Mary's Bible Study, Holy Family Hall, 7:30. Friday: Parish Mission begins; Mass, 8 a.m.; St. Mary's Prayer Shawl meeting, rectory meeting room, 10:30 a.m.; Stations



Grace Evening Circle holds regular meeting

12 with six members and Pastor Lilienkamp present.

President Bea Kinslow opened the meeting with Vice President Mary Lou Erxleben, with the Christian Growth Committee, reading "The Nail" which was provided by Darlene Lilienkamp.

Secretary Lanora Sorensen read the January secretary's minutes, which were approved.

Treasurer Lee Larsen gave her report, which was filed for audit.

Carol Rethwisch presented the bill for the December Christmas gift for a resident at Premier Estates.

Correspondence included two thank you notes from Grace shutins for Valentine's visits and gifts from Grace Evening Circle members, a newsletter from Project Hope of Omaha and from the Nebraska Lutheran Reporter, a write-up of Mission work for Pastor Ricky Jacobs at Winnebago and Pastor Jeff Warner of the Omaha Reservation at Macy.

President Bea Kinslow read the minutes of the Jan. 28 meeting of the Wayne Zone LWML Executive Board meeting with 16 attending, held at the Lutheran Campus Center.

The Wayne Zone Spring LWML Workshop to be held at St. Paul's in Concord on April 15 with the theme "Renew a Right Spirit." The LWML ladies of Martinsburg will make a baby quilt banner for the Nebraska North LWML Convention on June 6-7 at Lutheran High Northeast in Norfolk. Grace Evening Circle will provide a baby quilt for the collection of baby quilts at the convention.

For Projects, Lee Larsen reported on new boxed greeting cards and napkins that have arrived and are on display.

Social Ministry For the Committee, Valores Mordhorst

Salvation Army searches for young heroes

The Salvation Army is seeking nominations for the 2008 D.J.'s Hero Scholarship Awards. Six Nebraska youths, ages 17-19, will be chosen to receive the award, named after D.J. Sokol, son of David and Peggy Sokol of Omaha, who lost his courageous battle with cancer at the age of 18.

Nominations must be postmarked by March 3, 2008 to be eligible for entry. Nomination forms are online at www.givesalvationarmy.org or by contacting Patti Cameli at 402-898-5906. Most

Grace Evening Circle met Feb. reported on sending three get-well cards and two birthday cards to Grace members. Carol Rethwisch is in charge of the scrapbook. The 2007 treasury books were audited by Lorraine Johnson and Verna Mae Baier, with all in order.

Carol Rethwisch will take the program and hostess duties for Bonnie Sandahl in April as Bonnie is recuperating from surgery.

President Bea Kinslow closed the meeting with all praying The Lord's Prayer.

Pastor Lilienkamp gave the program on "Valentine Letter from God," with members reading Bible verses of God's love for us.

Mary Lou Erxleben was hostess. The next meeting is scheduled for Tuesday, March 11 with Jan Casey in charge of the program and as hostess.

Senior Center Congregate Meal Menu____

(Week of Feb. 25 - 29) Meals served daily at noon. For reservations, call 375-1460 Each meal served with bread,

2% milk and coffee. Monday: Chicken fried steak, baked potato, wax beans, golden glow salad, whole wheat bread, custard.

Tuesday: Chicken casserole, peas, top hat salad, orange juice, whole wheat bread, blonde brown-

Wednesday: Pork steak, buttered baked potatoes, carrots, rye bread, plums.

Thursday: Roast beef, mashed potatoes & gravy, corn, vegetable medley salad, whole wheat bread, haystack.

Friday: Fillet of cod, scalloped potatoes, broccoli, whole wheat bread, fruit cocktail.

Wayne Eagles Auxiliary welcomes new members

The Wayne Eagles Auxiliary #3757 meeting was called to order by Madam President Stacy Craft on Feb. 18.

New members initiated were Kelly Whitte and Kristen Doescher. Sadie Wiechman was a re-enrolled applicant.

Action taken from the communications received included donations to Wayne Elementary Boosters and Relay For Life, for which the auxiliary decided to purchase four luminaries in memory and honor of Eagle Sisters

The State Eagle Convention will be held June 26-28 at North Platte. The group received notification that they are allowed two delegates. Anyone interested in being a delegate is as to contact Cec Vandersnick or any auxiliary mem-

A get-well card was sent to Toni Hytrek following her back surgery. A report on the Smoker was

Wanted ... **Church news** The Wayne Herald would like to print information , and , schedules from area churches. All information submitted to the Herald by Monday at 5 p.m. (delivered to the Herald office) or emailed by 8 a.m. on Tuesday will be included

given as being very successful and "fun was had by all who attended." A reminder was given that there will be no Steak Fry in March as the club is rented that night.

DeAnn Behlers reported on the Child Advocacy Program that the auxiliary is planning on doing sometime in April. Members are encouraged to watch for the exact date to be announced. The following will be addressed - Photo ID and finger printing, First Aid, Gun Safety, Fire and Home Safety, Drug Abuse and Drug Awareness.

Serving at the Monday, March 3 meeting will be Jan Gamble.

Joy Circle members gather

Seventeen ladies were present tions on Phillipians 1:6. She told of when the Joy Circle of Our Savior Lutheran Church met on Feb. 13. The Spring Gathering will be at St. Mark's in Pender on Saturday, May 3.

Frieda Hostesses were Jorgensen and Dorothy Wert. Lois Youngerman based devo-

how Abraham Lincoln survived misfortunes and also Diana (Princess of Wales). The main though was "God isn't through with us yet."

Pastor Bill Koeber showed a video tape of he and his wife Valerie's trip to Tanzania last year.

Lorraine Prince reported on the

Executive Zone meeting she

attended Jan. 28. She will send in

two names as delegates and two

names as alternates for the District

Convention to be held June 6-7 at

Arlene Allemann reported on vis-

Winside St. Paul Ladies Aid learns of upcoming events

St. Paul's Lutheran of Winside Ladies Aid and LWML met Feb. 6 in the church social room.

Pastor Steckling, 12 members and guest Greta Grubbs were present.

Daisy Janke presided at the business meeting, which was opened with the LWML Pledge.

Faye Mann conducted a devo-

tion with a lenten reading "The

Conflict between us," followed with

a prayer. The devotion closed with

singing "When I Survey the

Pastor Steckling had a Bible

The secretary's and treasurer's

Daisy Janke read thank you

reports were given. The LWML

mite box collection was taken.

study on Ruth, Chapter 2, which

Wondrous Cross."

closed with prayer.

Grace Ladies Aid discusses love on Feb. 13

Grace Lutheran Ladies Aid and LWML was called to order on Feb. 13 by President Ellen Heinemann. Beverly Hansen's opening devo-

tion was entitled "Love - Not an Option" and the singing of "May We Thy Precepts Lord Fulfill."

Roll call was answered by 19 members and Pastor Lilienkamp. Minutes of the previous meting

were read and the treasurer's report was given. Joann Temme, Mission Service representative, asked Confirmand Pen Pals to give Valentines to Pastor for the students.

Esther Brader reported that the Sewing Committee is quilting and anyone is welcome to help.

The Visiting Committee sent many cards and made visits.

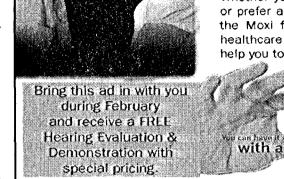
Ellen Heinemann will write the Seminary student. She also announced that the Tuesday, April 22 Spring Workshop will be hosted by St. Paul at Concord.

There will be an ingathering for the Mission Church, Risen Savior's Pre-School at Tea, S.D. The District Convention will be held June 6-7 at Lutheran High Northeast. "Gifts from the Heart" will be baby quilts. Immanuel Lutheran Church of Laurel will host the Fall Rally.

Pastor Lilienkamp led the Bible study on "Valentine Letter from God."

The meeting closed with The Lord's Prayer and table prayer. Birthday wishes were sung to Esther Hansen and Ruth Victor.

Hostesses were Joann Temme and Dorothy Meyer. Rhonda Sebade and Phyllis Nolte will host the next meeting, scheduled for Wednesday, March 12.



PROCENTER

BARING

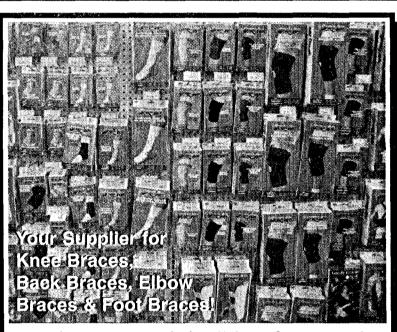
A MoxI™ for your lifestyle. Whether you have an active life or prefer a quiet one, we've got the Moxi for you. Your hearing healthcare professional can help you to select the right level of technology for your lifestyle,

listening preferences (and budget. with a little Moxi.

3C

118 W. 3rd Street Downtown Wayne Next to HunTel Cablevisio 1-402-833-5061 1-800-246-1045

We Accept Medicaid Assignments (SD & NE) VZSA



Lowest Prescription Prices Guaranteed Free Delivery

The Wayne Herald, Thursday, February 21, 2008



Nebraska high school academic counselors also have forms.

Criteria for selecting honorees include: Nebraska residency Commitment to others and the community Humility Courage to act independently Enthusiasm for life Unique achievements that set them apart. Honorees receive a \$5,000 scholarship toward their selected college or university. D.J.'s Heroes will be recognized at the D.J.'s Hero Awards Luncheon on May 5, 2008 at Qwest Center Omaha.

Tony Dungy, head coach of the National Football League's Indianapolis Colts, will serve as the keynote speaker at the May 5th luncheon. Dungy, who coached the Colts to the 2007 Super Bowl Championship, will speak about his experiences both on and off the football field, much like in his book "Quiet Strength," which was released in 2007. In his best selling book, Dungy discusses his faith and overcoming the tragic death of his son, James.

the paper. Articles may be mailed to P.O. Box 70, Wayne, Neb. 68787 or emailed to clara@ wayneherald.com The Herald thanks its readers and area minis-ters for their cooperation in our effort to keep informed on the happenings at various churches.

in that week's edition of

notes received for Christmas gifts. With Special Guests THE RELENTLESS TOUR Sunday, March 9th, 6 p.m. Johnny Carson Theatre 801 Riverside Blvd., Norfolk, NE \$15 GA Advance, \$17 GA Door, \$20 Reserve Seating Tickets available at the Abbey Christian Stor Call at 402-379-0712 or go to www.itickets.co to order GA tickets online. Brought to you by FaceDo You Have A. Choice PREMIER ESTATES SENIOR LIVING COMMUNITY



 Independent Living
 Assisted Living • Nursing Home Care

We have a package to meet all your needs

iting shut-ins. Esther Carlson will be visiting in February.

Lutheran High in Norfolk.

The birthday song was sung for those with February birthdays. Birthday cards were signed for two shut-ins.

The meeting closed with The Lord's Prayer and table prayer. Hostesses were Daisy Janke and Lorraine Prince.





Anniversary Special

NEW PATIENT SPECIAL • FEBRUARY 11 - 22 • Case History • A Chiropractic & Neurological Exam • X-Rays (if needed) • Complete Report of Findings All At NO Charge To You! (Value of \$150.00)

Therapies & Supplies Excluded

Don't Pass Up Our Couples Personal **Training Package!!**

Personal Training Now Available in Pender!!

Personal Trainer **Justin Dutcher** Exercise Physiologist, Ace **Certified Personal** Trainer

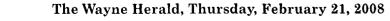


erman

One Special Price for One Special Month! Tandem Training Only \$37.50!!



803 Providence Rd., Suite 101 Wayne, Nebraska (402) 375-3450 309 Main Street CHIROPRACTIC Pender, Nebraska (402) 385-0183





HAVING MORE RETIREMENT ACCOUNTS **IS NOT THE SAME** AS HAVING MORE MONEY

Many investors won't put all their retirement savings at a single broker because they believe it's far too risky. Actually, there may be more risk in having multiple accounts. Without a single focus, it can be difficult to keep track of your investments and to see if you're properly diversified.* At the very least, multiple accounts usually mean multiple fees.

Bringing your accounts to Edward Jones could help solve all that. Plus, one statement makes it easier to see if you're moving toward your goals.

*Diversification does not guarantee a profit, nor does it protect against loss.

To learn why consolidating your retirement accounts to Edward Jones makes sense, call your local financial advisor today. Ken Marra **Reggie Yates**



611 Valley Dr., Suite B, Wayne, NE 300 Main St. Wayne, NE 402-375-2354 402-375-4172 1-800-829-0860 1-866-375-9643 www.edwardjones.com Member SIPC



Insurance? It's about people, not things. It's about security. It's about confidence. It's about relationships. It's about trust. It's about you!

As a local independent agent, we can design an insurance program that's just right for you and your family. Give the people you love Safe.Sound.Secure.® protection from Auto-Owners Insurance Company.



Northeast Nebraska Insurance Agency Wayne-375-2696 • Wakefield-287-3171 • Laurel-256-9138 Ponca-755-2511 • Coleridge-283-4282 Emerson-695-2696 • South Sioux City-494-1356

Seminars focus on growing Nebraska agriculture

The Alliance for the Future of Opportunities Agriculture in Nebraska (A-FAN) is urging Nebraska farmers and livestock producers to take part in its upcoming "Agriculture Matters" seminars to be held Monday, Feb. 25 at the Holiday Inn Express in Norfolk and Monday, March 3 at the Holiday Inn York I-80, near York.

There is no registration fee for the seminars. Seminars will begin at 9:30 a.m. and conclude by 4 p.m.

"These seminars are designed to help agriculture producers explore new opportunities to expand their operations and to help ensure they remain viable into the future. Whether they're looking to grow their current operation or looking for ways to bring the next generation back to the farm, these seminars will offer real tools they can use," said Roger Berry, A-FAN's field director.

The seminars will open with Dr. Weldon Sleight, dean of the Nebraska College of Technical Agriculture discussing agriculture entrepreneurship. Other topics for the day include: The Nebraska Pork Model: Making \$ense of Manure as Fertilizer; Nebraska Tax Incentives information, an overview of EQIP Assistance; Lenders' Agriculture and Producers' Perspectives on Investing in Livestock;

JOHN

DEERE

PARTS SPECIALIST

Due to extensive arowth in

the Omaha and South Cen-

tral Nebraska area, large

multi-store dealership has

full-time opening for Parts

Specialist. Experience pre-

ferred but would consider

training the right person.

Benefit package includes:

-COMPETITIVE SALARY

MODERN FACILITIES

GROUP INSURANCE

Call Ray at

402-238-2211 or e-mail to timdc@megavision.com

-401 (K)

BONUS PLAN

in Production; Feeding Ethanol Co- Producers Association, Nebraska sion is to support the expansion of Products; and a Regulatory Overview.

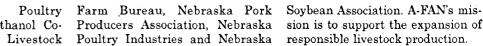
The seminar will conclude with a presentation on strategies for growing livestock operations and agriculture supporting in Nebraska.

"As agriculture has evolved we've seen greater specialization in both row crop and animal agriculture production. These seminars will give producers an opportunity to look at how diversifying their operation with the inclusion or expansion of animal agriculture might be a means to bring back that son or daughter to the farm or to meet their long-term operational goals," Berry said.

To pre-register or view the full agenda, please visit the A-FAN website at www.A-FAN.org, or by calling Nancy Eberle at (402) 366-8001 or (402) 736-4691. Open registration will also be available the day of the event.

Funding for the seminars is provided courtesy of the Nebraska Corn Board.

A-FAN is a non-profit agriculture promotion, education and producer assistance organization. It was formed in 2006 by the Nebraska Cattlemen, Nebraska Corn Growers Association, Nebraska





Evening on ice

On Feb. 9, members of the Wayne County 4-H Teen Supremes enjoyed an evening of ice skating at the IBP Ice Center in Sioux City. Pictured taking a break from skating are Grace Kenny, Kristin Liska, Lisa Temme and Morgan Quinn.

St. Luke's College announces new phlebotomy program

St. Luke's College announces the start of its Phlebotomy Certificate Program this spring. Currently in the approval process by the National Accrediting Agency for Clinical Laboratory Sciences, the program is the only one of its kind to be offered in the Sioux City area.

St. Luke's College's goal for the program is to provide the community and region with qualified, professional phlebotomists while enhancing and promoting the role of the phlebotomist within the healthcare industry and to the public. Rapid advances in the health care delivery system have increased the need for highly skilled phlebotomists. Job opportunities currently exceed the supply of well-trained phlebotomists.

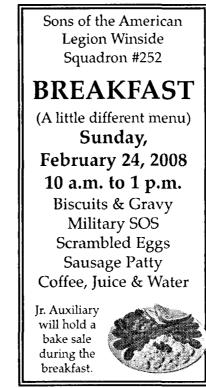
Phlebotomists are trained in the collection of patient blood specimens for laboratory analysis; the specimens are then used to diagnose and manage medical conditions. In addition, phlebotomists also assist in the collection and transportation of other laboratory specimens and may be involved in additional laboratory functions, such as data entry and specimen processing.

"The need for skilled phlebotomists in the area and across the nation currently exceeds the supply," says Pam Briese, Director of the Department of Clinical Laboratory Science Education. "Jobs are available in hospital laboratories, clinics and reference laboratories."

obtained certification than an applicant who requires the employer to provide on-the-job training. A phlebotomy program of this type benefits employers, employees and patients by elevating quality of care," adds Briese.

The Phlebotomy Certificate Program at St. Luke's College will include both classroom and clinical experiences. The program will be offered twice a year beginning in May of 2008. The classroom portion extends over a four week period with 40 hours of content delivered in an evening or Saturday format. During this portion of the program, students will learn phlebotomy theory and principles and incorporate techniques through hands-on activities. Students then move to the three week clinical portion of the program at St. Luke's Regional Medical Center, Mercy Medical Center - Sioux City, Sergeant Bluff Family Medical Ckinic and other clinical sites. Upon completion of the program, students will be eligible to take national certifying exams.

St. Luke's College is located at 2616 Pierce Street in Sioux City, Iowa, on the campus of St. Luke's Regional Medical Center. The College also has two year associate degree programs in Nursing, Radiology and Respiratory Care; a certificate program in Medical Technology; and advanced radiology internships in Computerized Tomography (CT), Magnetic Resonance Imaging (MRI), Ultrasound and Mammography. The Phlebotomy Certificate national certifying exam which Program starts May 28, 2008. For more information contact the Office of Admissions at St. Luke's College "Employers are more likely to at (712) 279-3149 or (800) 352hire an applicant who has complet- 4660, ext. 3149 or email:





4C

LOCATION.

You're just minutes away from the area's best shopping! Shop Wayne for a winning combination of businesses to handle all of your shopping needs. We offer the service, selection and prices you love, without the "mad rush" you'll find at the mall. Our shelves are fully stocked, so come on down for a better shopping experience.

Brought to you by:

Diamond Center

First National Bank

Member FDIC

Fredrickson Oil Co.

State National Bank Member FDIC **Doescher Appliance**

Northeast Nebraska **Insurance Agency**

Pac'N'Save

Pamida



CARQUEST Wayne Auto Parts, Inc. AUTO PARTS

Wayne Herald & Morning Shopper



Completion of the program enables the student to take a permits greater advancement and mobility in the job market.

ed a phlebotomy program and college@stlukes.org.





Agriculture

Week is full of guests and music

should be getting ready for bed. But it just dawned on me it's Monday eve and I have a commitment in the morning. I'd better get this written and sent off.

It's been a week of guests and musicals, not necessarily in that order. My best friend from nursing school was here for lunch on Monday. She had been to Ord to visit her 95 year old mother who has moved from the nursing home back to assisted living! She's kind of like the Energizer Bunny.

They sold her farm last week, for

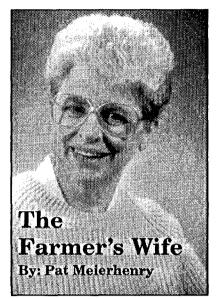
Country Classics 4-H Club holds meeting

The February meeting of the Country Classics 4-H Club was held on Feb 17. Roll call was naming a nutritious food that starts with the first letter of your name. Old business was discussing the Decorate Your Duds Workshop and reminding everyone to bring pop tabs to the meetings. Quality assurance workshops will be held Monday, March 10 at 2:30 p.m. and 7 p.m. in Wayne.

Bake and Take Days are March 21-22 and an item may be donated to the WEB Carnival. Committees were formed to begin planning the float for Chicken Days and the theme booth for the county fair. The Belt family is in charge of the educational tour. Ande Schultz, Samantha Dunklau, Maddie Jager and Megan Loberg gave presentations. Shari Dunklau talked on Design Decisions.

The next meeting will be March 24 from 9 a.m. to 12:30 p.m. and it is the project workday.

It's David Letterman time and I twice what they had hoped to get icing the streets. So I hurried to the for it. I'm beginning to think it is finally time to cash in and pay the capital gains tax. I just wonder how long these prices will stay high; I remember another time of high farm prices.



Anyway, the friend headed back to Houston and warm weather that evening, leaving us to tough it out some more. The next morning, I donated blood at the student union on the UNL campus and visited with an old neighbor from Murdock who works for the Red Cross.

On Wednesday morning, a newly retired co-worker came over for coffee. She's having to forgo a trip to Texas because she needs the money to pay her taxes. Retirement is fun, but it's only half the income. That evening, we went to Devaney to see the NU basketball team against Missouri. We lost in overtime.

On Thursday, it was Bible study as usual. But on the way home, we had a funny sleet coming down and grocery store and prepared to hibernate. Actually, I sat in front of the TV from 7 p.m. until midnight with two Barbra Streisand movies, "Hello, Dolly," and "Funny Girl." Boy, can that gal sing!!!

On Friday, another old friend came for lunch and I tried out a new recipe with great results. The Big Farmer doesn't think I should try out recipes on guests, but I continue to do so, and am usually lucky. You know, after 45 years, I can tell how something is going to taste by reading the ingredients.

That evening, Sue picked me up and we met Kay at a cute little place in the Old Market in Omaha called La Buvette and had meat, cheese, bread and wine; then walked over to the Orpheum for Phantom of the Opera. The ticket had been a Christmas present or I probably would not have been there. Our seats were much better than the last time, and I got a much better view. And I only sang along once, under my breath!

On Saturday, we watched the state wrestling tournament and entertained Jon for lunch, followed by an eighth grade basketball game involving our grand daughter. We made it to church because the NU basketball team finished their game just in time.

On Sunday, we spent all morning on the paper and recuperated from the week, catching "Cast Away" on the movie channel in the evening. I found it rather depressing, and I almost got seasick from all that ocean water. But now I know why all the jokes about the volleyball! Wilson, indeed! Hopefully, it will be a bit warmer this week. There is a lot of high school basketball still to be played.

Livestock Market Report

There were 400 head sold.

Feeder lambs — 40 to 60 lbs.,

The dairy cattle sale was held at

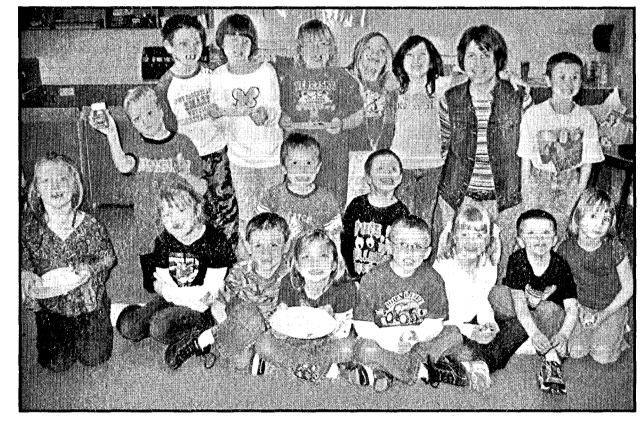
er. Sows were \$1 to \$2 higher. There were 200 head sold.

Prices for butchers were \$2 high-

U.S. 1's + 2's, 230 to 260 lbs., \$43 to \$43.80.10; 2's + 3's, 230 to 260 lbs., \$42 to \$43; 2's + 3's, 260 to 280 lbs., \$41 to \$43; 2's + 3's, 280 to 300 lbs., \$32 to \$41; 3's + 4's, 300 lbs. +, \$20 to \$32.

Sows - 350 to 500 lbs., \$18 to \$21. 500 to 650 lbs., \$21 to \$26.75. Boars - \$7 to \$10.





The Nebraska Livestock Market Saturday. conducted a fat cattle sale on There was no test on the market. Friday. Prices were \$1 lower on steers Butcher hogs were sold at the Nebraska Livestock Market on and heifers. Cows were higher. Saturday.

Strictly choice fed steers, \$87 to \$88.50. Good and choice steers, \$86 to \$87. Medium and good steers, \$85 to \$86. Standard steers, \$70 to

Students at Winside Elementary School pose with some of the food discussed during Food, Fun and Reading.

Winside students participate in 'Food, Fun and Reading'

Over the past four weeks, Topp, UNL Extension Educator. Straight, kindergarten and Eliene kindergarten and first grade students in Winside have been participating in the "Food, Fun, and Reading" program.

The program focuses on nutrition and literacy. Each lesson focused on a different group of food from the MyPyramid. Each week a storybook was read that discussed each of the food groups. The youth then participated in various learning activities and had the opportunity to try different nutritious snacks.

The program was taught by Amy



Classroom teachers are Laura Loetscher, first grade.



6C The Wayne Herald, Thursday, February 21, 2008

WSC musicians to unveil original work by Yale University band director

ensemble musicians will perform during a concert at 7:30 p.m. on Feb. 26 in Ramsey Theatre, located in Peterson Fine Arts Building. There is no charge for admission and Kappa Kappa Psi honorary Grainger's "Children's March" and band fraternity will provide a Malcolm Arnold's reception in the fine arts building Dances." He led a discussion with lobby following the concert.

cert. We will be presenting the world premiere of a composition College. which was written specifically for

David Bohnert, director of bands. Duffy worked with students in the instrumental music program at Wayne State College on Feb. 9, 2007 including a rehearsal of Percy "English students and faculty concerning "This will be a significant con- the piece he would compose for the wind ensemble at Wayne State

In addition to the premier piece,

Wintertime Warmth! PACIFIC COAST FEATHER OUTLET STORE **Compare Everyday Outlet Store Prices ~ 50% or**

Affordable

COMFORTERS ~ BED PILLOWS ~ FEATHERBEDS MATTRESS PADS ~ SHEET SETS ~ PILLOW CASES **DOWN THROWS ~ DUVET COVERS PILLOW SHAMS ~ AND MORE!**

More Below Retail Stores!

Gift Certificates Available Store Hours: Thursday & Friday 10 am to 6 pm 1st Saturday of each month 9 am to 3 pm 402-375-8350 1810 Industrial Way VISA Master East Hwy 35, Wayne, NE

Public

Accountant

Kathol &

performing Fanfare for a New Era, by Jack Stamp; Enigma Variations ing or surveying the horizon." Edward Elgar; Clarinet bv Concerto No. 2 by Carl Maria von Weber, featuring senior music major, Brent Ramsey; and Albanian Dance by Shelley Hanson.

"I had been considering the idea of a commissioned composition for some time and spoke with a numspeaking with Dr. Duffy a couple of times in length, I decided to pursue the idea with him," Bohnert said. "He was very receptive to the idea, wanted to meet our students and see the College. My primary goal for this project is to give the students an idea of what it is like to work with a composer to generate ideas for a composition, rehearse the work in consultation with the composer, and then give a premier performance. Dr. Duffy was very involvement."

last February, he worked with the followed with a look at his music organization. and a discussion about the direc-Kappa Psi is helping to sponsor the composition and hosted an informal dinner where further discussion took place.

"I think he left Wayne the next day with a number of ideas about things on paper," Bohnert said. "He spoke with me throughout the process to ask for my input, which I would take to the students. In September 2007 he sent the score and parts to 'To The Horizon' - a piece which is meant to convey the imagery 'of a group of people who

& **TOOL**

375-5203 · 800-669-6571

Lathe & Mill Work:

Steel & Aluminum Repair &

Fabrication



Spethman

Plumbing

Plumbing

Needs

Contact:

with the intent of exploring, reach-

Duffy described the title to Bohnert as a two-sided name that includes a tribute to vast open spaces of land and the statement, "Let us go forward to the horizon." "I am really excited about the project and I think the students are also," Bohnert said. "It is exciting to think that we have been the only ber of wind band composers. After ensemble in the world to have played this work. None of our students have ever been involved in this sort of project. Dr. Duffy has been very accommodating to input and has exceeded our expectations

Wayne State College wind us by Dr. Thomas Duffy," said Dr. the Wind Ensemble will also be set out on journey of exploration with the project. I think this is has also taught music courses at really a 'once in a lifetime' experience for most of our students and one they will remember for guite some time."

Adjunct professor of Music and the director of bands at Yale University, Duffy received his bachelor of science in music education (magna cum laude) and master of musical arts in composition from the University of Connecticut, and his doctor of musical arts in composition from Cornell University.

A Connecticut Music Educators Association Outstanding Music Educator of the Year winner, Duffy

the Hartford Conservatory, University of Connecticut and Cornell University. His music has been performed for concerts and recordings by college bands, orchestras, and wind ensembles throughout the world. Duffy has conducted bands and orchestras throughout the United States and Japan, England, France, Ireland and Italy. His music is published by American Composers Alliance, Ludwig Music and Bourne Company Music Publishers.

For more information, please contact Dr. David Bohnert at 375-7363.

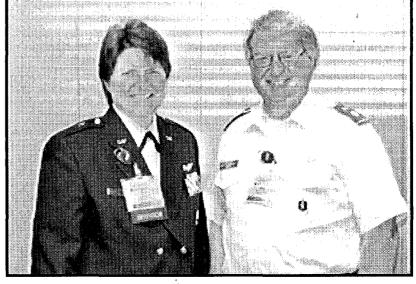
WSC professor named to national post

Wayne State College assistant professor Mike Marek has been named to the national staff of the auxiliary of the United States Air supportive of this sort of student Force, the Civil Air Patrol. Marek, of the Mass Communication faculty When Duffy flew to Nebraska at WSC, will oversee the two-way radio communications program of students in a rehearsal situation, the over 56,000 member volunteer

The Civil Air Patrol (CAP) is best tion the piece should take. Kappa known for its airborne search and rescue services, including the extended search for world-famous aviator Steve Fossett in 2007. CAP also provides other emergency services, disaster relief and homeland security services for federal, state the work and began to sketch some and local agencies, including aerial photography.

> "Radio communication is vital for an emergency services agency like CAP," noted Marek. "During disasters, commercial phone and Internet services tend to fail, and it is essential that emergency services agencies still be able to communicate, both among their own teams and with other agencies."

The nation-wide CAP communication system has close to 24,000 radios, including long-distance High Frequency (HF) radios as well as VHF land mobile and base station radios, deployed in CAP units in every state, the District of Columbia and Puerto Rico, all managed by a volunteer staff organized along military lines. Marek, a "We are pleased to have Lt. Col.



Brig. General Amy Courter and Lt. Col. Mike Marek

advisers," said Interim CAP National Commander Brig. Gen. Amy Courter. "Lt. Col. Marek's expertise will empower our citizen volunteers to better serve their communities, which is what our organization is committed to do. Through his leadership, our volunteers will be better equipped to perform our missions and serve our communities."

"The biggest part of this volunteer job is working with people," Marek said. "It is coordinating all of these dedicated communicators, but also trying to keep them all going the same direction, policymember of CAP since 1984, holds wise. That requires use of a lot of the CAP rank of lieutenant colonel. the skills I teach - use of interactive electronic media, like the Internet Mike Marek as a member of the and email, and a good measure of Civil Air Patrol's national team of internal public relations."

Civil Air Patrol, the official auxiliary of the U.S. Air Force, is a nonprofit organization with more than 56,000 members nationwide. CAP performs 90 percent of continental U.S. inland search and rescue missions as tasked by the Air Force Rescue Coordination Center and was credited by the AFRCC with saving 103 lives in fiscal year 2007. Its volunteers also perform homeland security, disaster relief and counter-drug missions at the request of federal, state and local agencies.

The members of CAP play a leading role in aerospace education and serve as mentors to the nearly 22,000 young people currently participating in CAP cadet programs. CAP has been performing missions for America for more than 65 years.

Health insurer introduces new grant program for greater Nebraska

wellness programs across the state, especially in greater Nebraska. In 2008, the Blue Health Advantage Wellness Grants will provide a vice LaGreca, total of \$50,000 to be shared by as many as 10 different non-profit organizations. The grants, totaling \$5,000 to \$10,000 each, will be awarded this summer to those projects which show the greatest live.' promise for bettering the health and well-being of community residents outside of the Omaha-Lincoln metropolitan areas. Blue Cross and Blue Shield of invisalign The Invisible Way To **Straighten Teeth** With Out Braces **Wayne Dental Clinic** Soon I'll be opening my own Physical Therapy Clinic, downtown Wayne.

Blue Cross and Blue Shield of Nebraska exists to deliver the and nearly 44 percent of men Nebraska announces a new grant health and wellness solutions that struggle with obesity (2), which program to support health and people value most. "We're commit- puts them at greater risk for heart ted to investing in the health and disease, diabetes, stroke and can wellness of citizens and communicer. Says LaGreca, "Choosing wellties across Nebraska," says Celann ness is a lifestyle decision. If we can bring it closer to home, we president, Community Investment. "With our anticipate greater success. new grants program, we hope to Proposals for the grants are curfoster community-based action that rently being accepted. Those appliwill improve the health and wellcations must be received at Blue Cross and Blue Shield no later being of Nebraskans where they than April 2, 2008. The complete Studies(1) show that the three Request for Proposal (RFP) and full application details can be found leading causes of death in Nebraska are linked to obesity and under "Community Relations" at www.bcbsne.com. For a hard-copy lack of physical activity. Among Nebraskans, 30 percent of women of the RFP, please contact Carol Vidlak at carol.vidlak@bcbsne.com or (402) 398-3734. Blue Cross and Blue Shield of Nebraska, an independent licensee of the Blue Cross and Blue Shield Association insures or provides benefit administration to more than 717,000 people. Blue Cross and Blue Shield of Nebraska is a mutual insurance company committed to delivering the health and YOUR SMILE IS YOUR BEST ADVERTISMENT wellness solutions that people value most. **Digital Photo** We Offer: • KCP- Reduces the need for drilling & anesthesia • Intraoral Camera **Editing for Seniors class** • No hassle electronic insurance filing • We also provide orthodontic care planned 401 NORTH MAIN WAYNE, NE • 402•375•2889 Seniors who received a new digital camera for the Holidays can learn how to use it with their computers in a special one-session **Changing Locations** class planned at Northeast Community College in South Sioux City. The class, Basic Digital Photo Editing for Seniors, with course number DP 0306-04S/08S, meets Wednesday, Feb. 27, from 1-4 p.m. in Room 109 of the South Sioux City Education Center at 3309 Daniels Lane in the Westside Thank you to all Business Park. Instructor JoAnn McKenzie will my customers for teach students the difference in image file formats and how to cretrusting me with ate, name, and rename a folder. She will also review how to orgatheir care for the nize photographs, rotate, crop, and last 18 years. resize image files. She will also teach students how to upload an image and print them and much Diane Peterson • Peterson Therapy Services more. Cost of this one-session class is \$15. To register, call (402)241-6400.

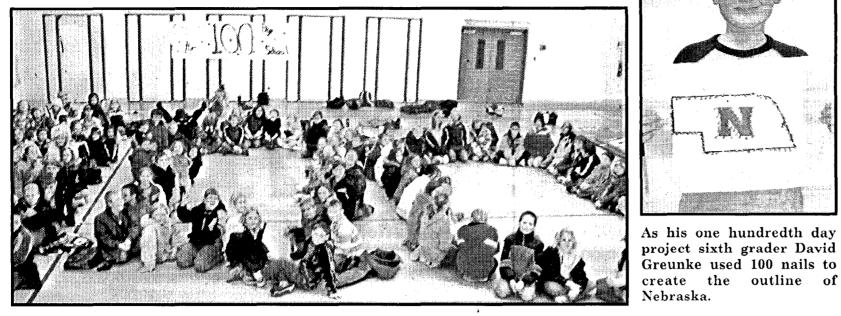




Winside News. Dana Bargstadt

402-286-4316

ONE HUNDRED DAYS DOWN ed the 100th day of school with graders dressed up as centenarians Winside students recently celebrat- many activities. Several sixth and created the 100 day banner.



All Winside Elementary students posed to make the number one hundred on the one hundredth day of school.



Present, front row, Sean Musil, Mallory Stubbs, Garrett Watters, Caleb Lienemann, Tanner Westerhaus and Austin Keiser. Back row, Marland Erbst, Josh Bargstadt, David Greunke, Brittany Thompson, Monica Marino, Selena Finn, Alyssa Thies, Jayd Roberts.

Proposed SBA '09 budget boosts small business financing

President Bush announced a proposed FY 2009 budget for the U.S. Small Business Administration that increases small business lending capacity by 37 percent, increases funding for SBA's ongoing operational reforms and supports a steady staff of more than 2,100 fulltime employees.

The President proposes \$657

package for the year would be \$819 business owners affected by a million.

That budget level provides funding for more than \$1 billion in increased lending capacity will also loans in the agency's improved disaster assistance program, which underwent major changes since the 2005 Gulf Coast hurricanes. As a result, SBA eliminated a backlog of more than 100,000 Katrina loan

major disaster," said SBA Administrator Steve Preston. "The allow us to provide more capital to small business, enhancing our ability to boost the economy."

"In addition, this proposal enables us to build on initiatives to improve operational efficiency, furmillion in new budget authority for applications and put more than \$6 ther strengthen our disaster assis-SBA in FY 2009, a 15.5 percent billion into the hands of disaster tance program and increase outreach to underserved markets in inner cities and rural communities. We also have several initiatives planned to improve federal contract opportunities, and training and counseling to women, veteran and minority entrepreneurs, which advances this budget proposal. "We are enthusiastic about the year ahead and look forward to working with our congressional oversight committees throughout the budget process to ensure America's small businesses have SBA resources to enable their success.' The budget would authorize more than \$28 billion in its primary small business financing programs, including a level of \$17.5 billion for the 7(a) Guaranteed Loan program, \$7.5 billion for the Certified Development Company, or 504, loan program, and \$3 billion for venture capital support under the Small Business Investment company program. The agency also proposes a zerosubsidy Microloan program, allowing the agency to greatly expand its support to Microlenders across the country. In FY 2007 it cost the government more than 85 cents for each dollar loaned to a Microloan intermediary. This high cost limits the number of intermediaries which can be supported under the program, ultimately limiting the impact of the program itself. By raising the very preferential rate at which intermediaries borrow from as low as two percent

below the five-year Treasury rate to 1.3 percent above the FY 2009 five-year Treasury rate, the agency can eliminate the subsidy cost of this program and greatly expand funding for Microloan intermediaries

Nebraska.

Basic Internet

Newcomers to Internet use can

The class, Basic Internet Skills

Instructor Annette Leu will

Cost of this two-session class is

\$25 and a textbook, with a cost of

\$20.06, is required. To register, call

(402)241-6400.

SBA would also discontinue technical assistance funding for Microlenders, and work with existing technical assistance providers, including the agency's Small

NECC earns finalist trophy in Bellwether Competition

Northeast Community College and its renewable fuels technology program was awarded one of 10 finalist Bellwether trophies recently at the 2008 Community College Futures Assembly in Orlando, Fla. Over 40 other community colleges from across the country competed against Northeast in the Workforce Development category. The assembly, competition and awards ceremony were sponsored by the University of Florida Institute of Higher Education. The Bellwether Award annually

recognizes outstanding and innovative programs and practices that are successfully leading community colleges into the future. Finalists were required to give a 60-minute presentation.

Critical issues addressed in Northeast's presentation included assessment and accountability; alignment of K-12 schools with higher education; developing partnerships with community, business and industry, and being responsive, flexible, and innovative in educational programming.

In their presentation, Northeast officials reviewed the challenge that the renewable fuels program was to address; the process, timeline, participants, and resources needed to begin the program, and the impact the renewable fuels program has had in Nebraska.

Northeast presenters included Dr. Bill Path, president; Sarah J. Dempsey, vice president of educational services; Chuck Pohlman, dean of agriculture, health, and science, and Dr. Don Oelsligle, Tilden, immediate past chairperson of the Northeast Board of Governors. Seth Harder, general manager of the Husker Ag LLC in Plainview and an NECC alumnus, joined the group in its presentation.

7C

Harder serves on the Statewide Ethanol Advisory Council. Husker Ag LLC made a considerable donation to the Gary Kuester Memorial Endowment Scholarship Fund. The permanent scholarship endowment is for students enrolled in the new renewable fuels technology program at NECC.

"We were extremely honored to be nominated for this award," Dr. Path said. "We were even more honored when we saw the keen level of competition. Each and every presentation was impressive and to be among the top 10 was very gratifying."

"We were also extremely pleased that Seth Harder, one of our very own graduates and now a leader in the ethanol industry in our state, could be part of our presentation," Dr. Path said.

For more information about the program, contact Pohlman at (402) 844-7181





increase over the FY 2008 enacted level and a six percent increase in communities along the Gulf. core operating budget over FY 2008. Including anticipated carryover funds for disaster lending and other revenues, the total spending ness growth and assist home and

victims rebuilding their lives and

"This is a fiscally responsible budget proposal which supports SBA's mission to foster small busi-

One-credit computer classes being planned

Northeast Community College in Maclay Building, Room 135. Norfolk has scheduled several more one-credit computer classes that begin in early March. They include: $\operatorname{Microsoft}$ PowerPoint, with course number OFFT 1540-01/08S or HawkNET Call #11257, meets Wednesdays, March 12-April 16, from 6-8:45 p.m. in the Maclay Building, Room 126.

Instructor Monica Pohlman will teach students to create, modify, and enhance a presentation using Microsoft PowerPoint.

This class is a hands-on approach to learning basic commands, including working with clip art, animations, transitions, charts, and various objects from the drawing tool bar.

Web Page Development, with course number INFO 1710-01/08S or HawkNET Call #10895, meets Tuesdays and Thursdays, March 4-May 6, from 10-10:50 a.m. in the

This introductory, one-credit class will include the basics of HTMP (Hyper-Text Markup Language) as students plan, design and create Internet web pages. Diane Becker is the instructor.

Microsoft Outlook, with course number OFFT 1580-01/08S or HawkNET Call #11264, meets Mondays and Wednesdays, March 3-May 7, from noon-12:50 p.m. in the Maclay Building, Room 127.

Instructor Stacy Strawn will teach students how to use this Microsoft mail program to send and receive e-mail and use Outlook as a personal organizer to schedule meetings and appointments and tasks.

Cost of each of these one-credithour classes is \$73.

Students may register online at www.northeastcollege.com or call (402)844-7265.

Business Development Centers, SCORE counselors, and Women's Business Centers, to arrange technical help for Microloan clients.

On the technical assistance side, the budget requests more than \$87 million for Small Business Development Centers, almost \$12 million for grants to Women's Business Centers and nearly \$5 million for SCORE.

The proposed FY 2009 Budget also supports:

•Continued investment in employees through the successful "SBA University" training program, mentoring programs, succession planning, and proactive recruitment of highly qualified staff:

• Continued modernization of the loan management and accounting system;

·Assisting federal agencies as they target a total of \$85 billion in prime federal contracting dollars to be awarded to small businesses in FY 2009;

•\$250,000 for a competitive grant program to support innovative entrepreneurial development in inner-city and rural geographies;

·Management of Business Gateway to provide a single site resource connecting government to small businesses and entrepreneurs and:

•Strengthening and upgrading the agency's information technology infrastructure to provide an effective, secure, and highly available information system.

> Call 375-2600 if you'd like to advertise in the Health Directory

RENT





Need to be friendly, outgoing and a master of customer service and professionalism.

Sales Representative Wanted

If interested please call or send resume to Kevin Peterson, Publisher or Melissa Urbanec, Advertising Manager at the Wayne Herald/Morning Shopper P.O. Box 70 • Wayne, NE 68787 • 402-375-2600

COMPANY DRIVER Flatbeds Only

Home Weekends Starting Pay 31¢ per mile plus tarp & drop pay. **34e** per mile after 30 days

T&F TRUCKING 3100 E. Nucor Rd. Norfolk, NE 402-565-4834 800-917-9475



THIS COULD BE THE BEST BUY IN TOWN!

FOR SALE

HELP WANTED



RECEPTIONIST / CLERK NEEDED

tion. We are looking for a dependable, organized, self motivated professional to operate our switchboard, greet and route visitors, sort and distribute mail, type reports, sort and input time cards, and assist with some short term Human Resources and Accounting assignments when needed. Qualified applicants should have data entry and typing skills, be knowledgeable of MS office software, and have strong organizational skills.

Great Dane has an excellent wage and benefits package including Quarterly Bonus, Medical, Dental, and Vision insurance, as well as, 401 k and a company paid pension plan. Candidates are to successfully complete a post job offer drug screen and medical examination. Individuals wanting to join a winning team need to apply in person at Great Dane Trailers, 1200 N. Centennial Road, Wayne, NE 68787.







NOTICE OF PUBLIC MEETINGS OF WAYNE COUNTY BOARD OF COMMISSIONERS AND WAYNE COUNTY BOARD OF

EQUALIZATION

Notice is hereby given that meetings of the Wayne County Board of Commissioners and Wayne County Board of Equalization will be heid on Tuesday, March 4, 2008 in the County Board Meeting Room of the Wayne County courthouse in Wayne, Nebraska. The Commissioners meeting will begin at 9:00 a.m. The County Board of Equalization meeting will begin at 11:30 a.m. Both meetings are open to the public. Agendas for such meetings are kept continuously current and are available for public inspection at the office of the County Clerk in the Wayne County courthouse.

Debra Finn, County Clerk (Publ. Feb. 21, 2008)

NOTICE OF MEETING

There will be a meeting of the Mayor and Council, Tuesday, March 4, 2008 at 5:30 p.m. in the Wayne City Hall. An agenda for such meet-ing, kept continuously current, is available for public inspection in the City Clerk's Office. Betty McGuire, City Clerk (Publ. Feb. 21, 2008)

NOTICE OF MEETING

There will be a meeting of the Planning Commission, Monday, March 3, 2008, at 7:00 P.M. in the Wayne City Hall. An agenda for such meeting, kept continuously current, is available for public inspection in the City Clerk's Office. Betty McGuire, City Clerk Planning Commission (Publ. Feb. 21, 2008)

PROCEEDINGS WAYNE BOARD OF EDUCATION REGULAR MEETING

February 11, 2008 The regular meeting of the Wayne Community Schools Board of Education was held at the Wayne High School, Wayne, NE on Monday, February 11, 2008 at 6:00 P.M. Notice of the meeting and place of agenda was published in the Wayne Herald. A copy of the Nebraska Open Meetings Act was displayed for the public to read.

The following board members answered roll call: Mr. Mark Evetovich, Mrs. Kelly Kenny, Dr. Carolyn Linster, Mrs. Kaye Morris, Dr. Jeryl Nelson, and Dr. Jodi Pulfer

Adoption of the Agenda: Motion by Linster, second by Neison to adopt the agenda as presented with executive session needed. Motion carried

Approval of Minutes from Previous Meeting:

January 14, 2008 - Regular Meeting -Motion by Kenny, second by Pulfer to approve the minutes from the January 14, 2008 regular meeting. Motion carried.

January 24, 2008 --- Special Meeting at Pender - Motion by Linster, second by Evetovich to approve the minutes from the special meeting at Pender. Motion carried.

Routine Business Reports and Actions: Personnel:

Interlocal Agreement with Wayne and Pender - Motion by Pulfer, second by Kenny to accept the Interlocal Agreement with Pender Motion carried

Hiring of Adam Welton - Assistant Musical Coach --- Motion by Evetovich, second by Nelson to approve the hiring of Adam Welton as Assistant Musical Coach that was approved in the Negotiated Agreement in September of 2007. The pay scale is a F1 salary of \$546.00. Motion carried.

Financial Claims and Reports: Financial Claims - Motion by Linster, sec-

ond by Kenny to approve the financial claims

14-16 in Omaha. Girls Basketball - February 28-March 1 in Lincoln, and Boys Basketball March 6-8 in Lincoln. The signs have been hung in the gym with the help of Mr. Hix's building trades' class. They did an excellent job. Spring practice starts on February 25 and competitions allowed on March 13.

Superintendent Report: Dr. Reinert - Dr. Reinert stated that he has been busy working on the interlocal with Pender. He thanks the attorney for all his help. He has had a few phone calls from Pender asking for advice. He has also met with Pender's faculty

Board Committees:

- 1. Finance a. Negotiations
- b. Planning
- c. Budget 2. Legislative

a. Policy -

Legislation Nomination for Legislation Committee - NASB

c. Americanism - Committee Report -Mr. Evetovich stated they had their meeting and everything looks good.

d. Curriculum

3. Public Relations/Facilities

a. Foundation - Committee Report -There was no meeting due to bad weather. b. Community Relations

c. Facilities

d. Technology

Old Business: Bussing --- There will be a delay in the bussing surveys. Mrs. Kenny stated that the Bussing Company would not take a 3% increase this year. Mrs. Kenny also would like to form a transportation committee. Mrs. Morris asked for volunteers for this committee: Mrs. Kenny, Dr. Neison, and Dr. Pulfer.

Amend the motion for the Interlocal Agreement with Wayne and Pender -Motion by Evetovich, second by Pulfer to amend the motion for the Interlocal Agreement with Wayne and Pender with the changes to the fourth paragraph. It reads: WHEREAS, Wayne Community Schools will have a Superintendent's Contract with Joseph Reinert effective the 1st day of July, 2008 to provide superintendent services, with an Addendum setting salary and benefits as of the 1st day of July, 2008, collectively attached hereto and incorporated herein by this reference as Exhibit "A" and referenced herein as "Reinert's Employment Contract"; Changing this paragraph to: WHEREAS, Wayne Community Schools will have a Superintendent's Contract with Joseph Reinert effect the 1st day of July, 2008 to provide superintendent services. Also deleting on the last page: Addendum "Setting the Salary and Benefits" Exhibit "A" "Reinert's Employment Contract". Motion carried.

New Business: Policy 1208 - BOP - Order of Business for Regular Meetings - 1st Reading --- Motion by Kenny, second by Nelson to approve the 1st reading of Policy 1208-BOP- Order of Business for Regular meetings. Motion carried.

2007-08 Voluntary Severance Program -Amended (Appendix A) - Motion by Pulfer, second by Linster to approve the Amended 2007-08 Voluntary Severance Program (Appendix A). Motion carried.

2007-08 Voluntary Reduction-In-Force Severance Program Agreement - Amended (Appendix B) — Motion by Evetovich, second by Linster to approve the amended 2007-08 Voluntary Reduction-In-Force Severance

Program Agreement. Motion carried. Motion to Approve RIF Severance Program as Amended — Motion by Kenny, second by Linster to approve the amended RIF Severance Program. Dr. Pulfer explained to the public about the RIF Severance program, stating they have three options to take. Motion car-

ried. Communications from the Public on Automotive Service, gtly inspection & repairs, 11.70; Heikes Automotive Service, qtly inspection & repairs, 68.50; Heikes Automotive Service, qtly inspection & repairs, 102.00; Heikes Automotive Service, qtly inspection & repairs, 68.50; Heikes Automotive Service, qtly inspection & repairs, 15.00; Heikes Automotive Service, qtly inspection & repairs, 12.45; Heikes Automotive Service, qtly inspection & repairs, 15.00; Heikes Automotive Service, gtly inspection & repairs, 12.45; Heikes Automotive Service, qtly inspection & repairs, 12.45; Heikes Automotive Service, qtly inspection & repairs, 19.50; Heikes Automotive Service, qtly inspection & repairs, 123.80; Heikes Automotive Service, qtly inspection & repairs, 70.50; Jay's Music, music, 220.80; J.W. Pepper & Son Inc., HS music, -87.00; J.W. Pepper & Son Inc., HS music, 211.00; J.W. Pepper & Son Inc., HS music, 58.99; J.W. Pepper & Son Inc., HS music, 52.99; Kenneth S. Hamsa, repairs, 33.00; Midwest Music Center, Inc., lesson book, 9.95; Midwest Office Automations, ink for copy center/teaching s, 21.67; Midwest Office Automations, ink for copy center/teaching s, 21.66; Midwest Office Automations, ink for copy center/teaching s, 21.67; Mollett Music Co., repairs, 44.10; Northeast Nebraska Public, utilities. 81.48: Mid States School Bus, Inc., excess fuel, HS athl trips, 2,080.00; Mid States School Bus, Inc., reg routes, 26,362.80; Mid States School Bus, Inc., excess fuel, HS athl trips, 2,464.19; Northeast Equipment, hose fittings/grounds maint., 4.26; Olds, Pieper & Connolly, January services, 1,129.23; Olds, Pieper & Connolly, Feb. retainer, 100.00; Pac 'n Save, MS/HS FACS, 61.79; Pac 'n' Save, MS/HS FACS, 28.89; Pamida, Inc., epi pen health supplies, 50.00; Perry, Guthery, Haase &, January services, 1,718.70; Perry, Guthery,

Haase & January services, 60,00; Plunkett's Pest Control, Jan. service, 175.00; Providence Medical Center, December services, 937.49; Qwest, phone, 303.96; Qwest, phone, 107.95; R.W. Rice Co., Inc., Feb. service agreement, 1,008.00; Susan Holdstedt (DBA S&H Tax Service), February 125 fee, 178.20; S.D. 17 Petty Cash Account, phone service, 437.27; S.D. 17 Petty Cash Account, Speech reg 1/19, 100.00; S.D. 17 Petty Cash Account, Weber, Bandmasters reg., 108.00; S.D. 17 Petty Cash Account, mail newletter, 464.80; S.D. 17 Petty Cash Account, phone service, 241.34; S.D. 17 Petty Cash Account, speech entry fee 1/26, 127.00; S.D. 17 Petty Cash Account, Spech entry fee 1/12, 138.00; Sherri Frisbie, January services, 154.08; SPRINT, phone, 35.34; SPRINT, phone, 72.91; SPRINT, phone, 35.13; Super 8 Motel - Crete, NE, Anderson, MS Honor Choir Lodg, 49.50; United Bank Of Iowa, copier lease, 1,480.00; Wayne Herald/Morning Shopper, legals/ads, 268.64; Wayne Rotary Club, 3rd qtr. dues/D. Schrunk, 30.00; Zach Oil, various travel athletics, 769.20; Zach Oil Company, various travel technology, 100.79; Zach Oil Company, various travel pickup, 366.48; Zach Oil Company, various travel H.S. field trip, 35.00; Zach Oil Company, various travel Sept., 62.99; Zach Oil Company, various travel EL inservice, 5.47; Zach Oil Company, various travel speech, 36.25; Zach Oi Company, various travel SPED, 276.57; Zach Propane Service, Inc., repair EL furnace, 58.50; Zach Propane Service, Inc., repair EL furnace, 10.50

GENERAL FUND Totals: \$150,530.71 Report Total: \$150,530.71 Ann Ruwe, Secretary (Publ. Feb. 21, 2008)

STATE OF NEBRASKA - NEBRASKA POWER REVIEW BOARD

IN THE MATTER OF THE NORTHEAST NEBRASKA PUBLIC POWER DISTRICT'S PETITION TO AMEND ITS CHARTER

PETITION FOR CHARTER AMENDMENT 7 NOTICE

Notice is hereby given that on February 1, 2008, the Northeast Nebraska Public Power District (Northeast NE PPD) filed a Petition to amend paragraph 7, 8, and 13 of its Charter with the Nebraska Power Review Board (PRB). On January 22, 2008, the Northeast Nebraska PPD's Board of Directors approved a resolution to amend the paragraphs set forth below. All other portions of the charter will remain unchanged. For purposes of this Notice only, the proposed language to be added to the charter has been underlined; while overstrikes appear over the exist ing language to be removed from the charter.

The proposed amendments to paragraph 7, 8, and 13 of the Charter for the Northeast NE PPD as set out in the District's petition are as follows:

"7. Towns and villages included in the restated charter area include the following: Osmond, Hoskins, Carroll, Winside, Concord, Dixon, Martinsburg, Newcastle, Obert, Maskell, Ponca, Waterbury, Allen, Hubbard, Jackson, Homor Emerson, and Thurston.

8. Cities, towns and villages included within the geographical boundaries of the District, but are not a part of the charter area include the following: Foster, Pierce, Wayne, Wakefield, and Emoreon Homer.

13. The Board of the Directors of the District shall consist of nine members, with one director for each of the nine subdivisions. The names and addresses of the members of the Board of Directors of this district who shall serve until their successors are elected and qualified and the subdivision each shall serve are as follows:

Name	Address	Subdivision	Term Ends	
Dan Gansebom	86402 552nd Avenue	4	1/2013	
Dan Ganseborn		1	1/2013	
	Osmond, NE 68765			
Larry Silhacek	85393 Hwy 81	2	1 / 2009	
	Pierce, NE 68767			
Dan Loberg	86330 568th Avenue	3	1 / 2013	
·	Carroll, NE 68723			
Donald R. Larsen	57729 853rd Road	4	1/2013	
	Wayne, NE 68787	•		
Paul J. Bodiak	Rt. 1. Box 143	5	1 / 2011	
Faul J. Doular	570 12th Rd.	, J	172011	- 17
et # + + + #	Emerson, NE 68733	and the second	(1994年1月1日) (1994年1月) (1994年1月)	4.84
Thomas M. Gustafson	86025 586th Avenue	6	1/2013	
	Wakefield, NE 68784			
Lowell Birkley	1447 Moody Road	7	1 / 2009	
	Jackson, NE 68743-3051			
David Lebsock	209 Cass Street	8	1 / 2009	
(appointed in 2/07)	Ponca, NE 68770	-		
Sylvester H. Kneifl	58070 880th Road	9	1 / 201109"	
Sylvester H. Knem		9	1/204405	
	Newcastle, NE 68757			

Any interested person may file a written protest, complaint, or objection with the PRB in opposition to the approval of the above-referenced amended charter. All protests, complaints, or objections must be received in the PRB's office no later than March 20, 2008, by mailing the document to: Nebraska Power Review Board, P.O. Box 94713, Lincoln, NE 68509-4713, or deliver-ing the document to the Power Review Board's office located at 301 Centennial Mall South, 5th

205.14	Beverly Hills Est Subdiv L14	33-25-1	71.60
205.45	Beverly Hills Est Subdiv L 45	33-25-1	1,197.20
214.00	Pt NW1/4	34-25-1	3,520.88
214.01	Langenberg Subdiv L 5-6-7-8-9	34-25-1	1,465.56
215.00	SW1/4	34-25-1	2,387.92 2,023.73
43.00	SE1/4	10-25-1	
69.00	Pt NE1/4SE1/4	15-25-1	940.46
69.02	Pt NE1/4SE1/4 (TL 13)	15-25-1	2,644.54
227.00	Pt NW1/4NE1/4 (TL 3)	36-25-1	1,673.64
402.00	Pt NE1/4NE1/4 (TL 2)	36-26-1	364.93
678.01	Pt E1/2SE1/4 (TL21)	19-25-2	844.90
616.00	Pt NE1/4NE1/4	32-26-3	191.26
603.00	Pt N1/2NE1/4	4-25-2	1,756.74
836.02	Niemann Subdivision L 1 Pt NE1/4NE1/4	13-26-2	662.86
1215.00	S1/2SE1/4 & Pt N1/2SE1/4	5-25-3	1,308.23
	Pt S1/2NW1/4	31-25-3	1,211.39
3321.00 5304.00	IOLL Original Hoskins Blk 1 Original Maskins Blk 1	5-25-2	491.60 1,175.70
5313.00	Original Hoskins Pt L 9 & all L 10-11 & 16' all	icy Dik 3	6,889.76
5321.00	Original Hoskins L 11 & 12 Blk 4		1,288.56
5328.00	Original Hoskins S 30' L 2 & all L 3 Blk 5		1,648.16
5329.00	Original Hoskins L 4-5 Blk 5		660.04
5336.01	Original Hoskins L 13 – S1/2 L 14 Blk 7		1,196.00
5339.00	Original Hoskins L 17-18 Blk 7		1,394.40
5352.00	Original Hoskins E 120' L 2 Blk 9		275.06
5396.00	Hoskins 2 nd Add L 1-2-3 & 10' vac alley Blk 1		821.93
5399.01	Bruce's Add to Hoskins Lot 2 Replat of Blk 1		767.72
5400.00	Bruce's Add to Hoskins L 1-2-3-4-5-6-7-8-9-10		2 16.86
5401.00	Bruce's Add to Hoskins all L 12 & S 10' L 11 1		500.84
5414.00	Kollath & Langenberg's Add L 12	27-25-1	955.71
5423.00	Hoskins Tracts (TL 47)		524.35
5435.00	Hoskins Tracts (TL 26)	27-25-1	510.26
5435.01	Hoskins Tracts (TL 10)	27-25-1	25.48
5439.00	Hoskins Tracts (TL 25)	27-25-1	26.96
5449.00 2677.00	Hoskins Tracts (TL 25) Hoskins Tracts (TL 31-72-100-102) Orig Wayne E 75'L 7 – S 29'E 75' L 8 Blk 2	27-25-1	539.30 1,570.48
2680.00	Orig Wayne E1/2 L 10-11-12-8' vac alley Blk 2 Orig Wayne Lot 8 Blk 5	2	195.28 906.89
2773.00	Orig Wayne L 5-6 Blk 13	13	4,327.06
2780.00	Orig Wayne W 90' L 13-14 & W 91' L 15 Blk		1,122.41
2781.01	Orig Wayne E 59' L 15 Blk 13		671.64
2858.00	Orig Wayne W 85' L1-2 & all L 3 Blk 25		3,163.34
2858.01	Orig Wayne E 65' L 1-2 Blk 25		1,317.30
2888.00	Orig Wayne S 20' L 5 Blk 28		138.06
2892.00	Orig Wayne L 1-2-3-6-7-8-5 & TL 8 & 9 & vac	c alley Blk 29	2,572.65
2898.00	B & B Add L 1 & N 60' L 4 Blk 1		4,884.47
2906.00 2924.00	B & B Add E 100' of S 90' L 4 Blk 1 B & B Add N1/2 L 3 Blk 4 B & D Add N1/2 L 4 Blk 7		578.78 1,087.28
2954.00	B & B Add W 70' L 4 Blk 7		941.96
2956.00	B & B Add N1/2 L1 Blk 8		711.38
3077.00	College Hill First Add L 13-14 Blk 21		1,122.36
3093.00 4020.00	College Hill First Add L 11 & Pt 12 Blk 22 College Hill First Add L 11 & Pt 12 Blk 22 College Hill First Add L 30-31-32-33-34 Blk 2	13	1,012.35 2,923.08
4100.00 4143.00	Crawford & Brown's Add S1/2L 5 & All L 6 B Crawford & Brown's Add L 5 Blk 9		1,851.22
4144.00 4145.00	Crawford & Brown's Add Pt L 6 Blk 9 Crawford & Brown's Add L 7 Blk 9		155.46
4178.00	Crawford & Brown's Outlots N 72' L 5	8' vac alley	854.50
4204.00	Crawford & Brown's Outlots N 40' E1/2 L 12~		53.40
\$205.00	Crawford & Brown's Outlots S 110' E1/2 L 12		1,149.95
\$206.23	Gary Donner Addition Outlot A		16.28
4207.00 4213.00 4316.10	East Add L 1-2 & 17 Bik 1 East Add W 1/3 L 8-9-10 Bik 1 Johnson's Cutlets (TL 29)		673.10 535.16
4395.00 4405.00	Johnson's Outlots (TL 29) John Lake's Add L 10 & S1/2 L 11 Blk 3 John Lake's Add L 10 Blk 4		723.01 942.75 622.96
403.00 4411.00 4440.00	John Lake's Add L 4 Blk 5 John Lake's Add L 4 & 5 exc S 48' L 5 Blk 8		703.34
4493.00	Moore's Subdivision L 2-3		3,108.64
4502.00	North Add L 3 Blk 3		257.92
4507.00	North Add L 9 Blk 3		1,173.74
4538.00	North Add L 4 & 8' Vac Alley Blk 7		184.46
4542.00	North Add W1/2 L 7-8-9 & 8' vac alley Blk 7		1,001.04
4560.00	North Add E1/2 L 7 & S 40'E1/2 L 8 Blk 11		1,019.14
4609,00	Oak Ridge Add L 30		41.04
4676.00	Rooseyelt Park Addition L 11 & 12 Blk 5		455.55
4702.00 4866.00 4873.00	Spahr's Add E 75' L 5 & E 75' N 5' L 4 Bk 1 Taylor & Wachob's Add N 186' L 25 Taylor & Wachob's Add N 186' L 25		946.40 1,000.99
4874.00 4894.14	Taylor & Wachob's Add S 100' L 27 Taylor & Wachob's Add Lot 27 (exc N100' & Westview Terrace Add L 7	S 100')	553.92 664.22 1,038.43
4921.00	Westwood Add L 28 Wayne Tracts (TL 97)	13-26-3	2,266.74 6,643.60
5066.00	Wayne Tracts (TL 91 & 92)	13-26-3	500.42
5094.00	Wayne Tracts (TL 14)	7-26-4	223.52
5113.00	Wayne Tracts (TL 79)	18-26-4	264.88
5123.00	Wayne Tracts (TL 22)	18-26-4	286.12
5132.01	Wayne Tracts (TL 83)	18-26-4	48.63
8016.00	Cityside Park-IOLL-Manufactured Home		400.07
8042.00 8078.00 8083.00	IOLL Cityside Park-IOLL-Manufactured House Cityside Park IOLL Manufactured House	9-25-2	197.86 622.50
8099.00 5491.01	Cityside Park-IOLL Manufactured House Cityside Park-IOLL Manufactured House Gustafson Estates First Add Lot 1		399.28 403.72 626.28
5491.02	Gustafson Estates First Add L 2 & N 40.5' L 3		321.14
5491.04	Gustafson Estates First Add L 5		306.36
5491.05	Gustafson Estates First Add L 6		770.92
5491.06	Gustafson Estates First Add L 7		770.92
5491.07	Gustafson Estates First Add L 8		770.92
5491.08	Gustafson Estates First Add L 9		783.84
5491.09	Gustafson Estates First Add L 10		784.86
5491.10	Gustafson Estates First Add L 11		770.92
5491.11 5491.13 5513.00	Gustafson Estates First Add L 12 Gustafson Estates First Add L 14 Heikes Add L 4 Blk 4		770.92
5514.00 5520.00	Heikes Add L 5 Blk 4 Heikes Add E 75' L 11 & 12 Blk 4		90.54 246.47 173.47
5562.01	Orig Winside L 23-24 Blk 1		575.16
5563.00	Orig Winside L 25-26-27 Blk 1		273.08
5582.00 5583.00	Orig Winside L 1-2 Blk 3 Orig Winside L 3-4 Blk 3		1,052.72 529.73
5594.00	Orig Winside L 21 Blk 3		51.38
5603.00	Orig Winside L 3 & 4 Blk 4		521.66
5636.00	Orig Winside E 75' L 3-4 Blk 10		966.26
5642.00	Bressler & Patterson First Add L 4-5-6 Blk 1		507.66
5664.00	Bressler & Patterson First Addition L 8 Blk 4	exc N 10') Blk 4	243.04
5665.00	Bressler & Patterson First Add L 9 & Lot 10 (e		763.42
5674.00	Bressler & Patterson First Add L 12 Blk 5	12	192.75
5742.00	B & P's 1 st Subdiv Outlot 1 L 11 & W 21½' L		55.48
5746.00	B & P's 1 st Add Subdiv Outlot 1 L 19-20		258.96
5751.00 5757.00	B & P's 1 st Add Subdiv Outlot 2 S 71' L 8 & a Weible's First Add L 5-6-7-8	11 9	1,143.68
5771.00	Weible's Second Add Pt NW1/4	2-25-2	287.87
5788.01	Winside Tracts (TL 34)	3-25-2	19.56
1964.02	S1/2NE1/4	26-25-4	1,931.46
2013.00	NE1/4	33-25-4	1,635.13
2013.01 2480.00	Pt NE1/4NE1/4NW1/4 Lot 2 (TL 2) Pt S1/2	33-25-4 2-26-5	44.68 1,079.30
2483.00	Pt S1/2	3-26-5	2,056.48
2490.00	Pt NE1/4 (TL 2)	4-26-5	2,495.40
2491.00	Pt NE1/4 (TL 9)	4-26-5	98.38
2491.00	Pt NE1/4 (1L 9)	4-26-5	98.38
2538.00	Pt Lot 1 (TL 3)	11-26-5	24.80
2590.04	W1/2W1/2SW1/4NE1/4	21-26-5	475.78
2590.04 537,00 5467.00	W1/2W1/2SW1/4NE1/4 Pt SE1/4NE1/4 Original Sholes L 1 & N 4' L 2 Blk 4	21-26-5 27-27-1	475.78 900.32 268.70
5467.00	Original Sholes L I & N 4' L 2 Blk 4	4	268.70
5468.00	Original Sholes S 21' L 2 & all L 3-4-5-6 Blk		182.64
5471.00	Original Sholes L 3 Blk 5		.26
5478.00	Original Sholes L 1 Blk 8		1.62
5343.00	Original Hoskins W1/2 L 4-5-6 Blk 8		684.67
5350.00	Original Hoskins E 120' L 1 & S 40' vac 2 nd S	4-27-1	147.94
420.00	NE1/4		1,496.77
493.00	Pt SW1/4 (TL 1)	19-27-1	332.61
825.00	Pt W1/2SE1/4 (TL 10)	12-26-2	667.80
827.10 1781.00	Pt N1/2SW1/4 (TL 7) N1/2SE1/4 S1/2SE1/4	12-26-2 32-27-3	17.08 1,569.08
1785.00 1554.00	S1/2SE1/4 Pt SW1/4SW1/4 Pt W1/2SE1/4 (TL 1)	32-27-3 22-26-3 34 27 3	2,506.58 590.04
1790.00	Pt W1/2SE1/4 (TL1)	34-27-3	1,218.95

and reports as presented. Motion carried National School Boards Association

Dues — Motion by Linster, second by Evetovich to approve the \$1450.00 dues for the national School Boards Association. Motion carried.

Gifts: None

Bids and Contracts:

Waddell & Reed, Inc. - Information Sharing Agreement for 430(b) Contract Exchange - Motion by Pulfer, second by Evetovich to accept the Waddell & Reed, Inc. Information Sharing Agreement for 430 (b) Contract Exchange. Motion carried.

Pre-Scheduled Communications from the Public: Brian Gibson spoke to the board about how

the SPED department has been a backbone in the development of his son Jess. He would like to see the program continue with a full staff.

Mary Kranz asked the board questions about the Interlocal with Pender.

Communications from the Public on Agenda Items: None

Informational Items or Reports: Faculty -

Administration -

Mrs. Lutt - Mrs. Lutt reported that the statewide writing assessment is complete and sent in to be scored. She also updated the board about Legislative dealings with assessment

Out at 6:26 p.m. for Honor Coffee. in at 6:45 p.m.

Mr. Hanson - Mr. Hanson reported that CCDC will be having a assembly on February 15, 2008 from 9-11. The Statewide writing exam for juniors was completed on February 6. We need to check our school policy regarding bulling and make changes so we are in compliance with LB 205. Teachers will be running the concession stand at C2 district basketball and the funds raised will go towards a presentation project. Congratulations to Heidi Garvin and Maddie Jager for advancement to the finalist standing in the National Merit Scholarship competition

Mr. Schrunk - Mr. Schrunk reported that the kindergarten Penguin Parade will be Monday, February 25 at 1:15 p.m. Mr. Schrunk also has been working with area preschools meeting students who will be entering kindergarten in the fall, to help make an easy transition into kindergarten. Elementary Teachers have been accepted to present at NETA.

Mr. Krupicka --- Mr. Krupicka reported that the CCDC presentation to the 7th and 8th grades was Wednesday, February 6. The sixth graders will be traveling to Premier Estates to do holiday projects with the residents. Eighth graders will attend career exploration inventories at Northeast Community College on February 15 & 26. Mrs. Hill and Mr. Rethwisch will attend with the students. WSC Aquafest for fifth grade students will be Wednesday, March

Mrs. Ballinger - Mrs. Ballinger reported that in SPED there are four new students at the elementary school and two new students at the middle school. There are approximately 130 students in SPED. In ELL they have added two new students to make the total of students in ELL at nineteen. She also gave an itinerary for school inservice on Mondays.

Mr. Ruhl --- Mr. Ruhl was not present so Mrs. Morris read his report. Wayne High will be hosting girl's and boy's C-2 subdistricts. Wrestling boys had subdistricts in Ornaha at Skutt High School. State Tournaments will be held the following dates: Wrestling - February Agenda Items:

Jill Sweetland asked the board how the lower dollar amount from state aid will affect the RIF process, and also will there still be need to RIF four positions with Dr. Reinert taking the Pender position.

Boardmanship:

State Aide Comparison - State Aid for the 2007-08 year was \$1,926,390.58. For the 2008-09 year it will be \$1,827,126.79. This is down \$99,263.80

Mid-States Conference Art Show - Sunset Plaza - March 26-31

Judy Poehlman - 2007 American Dairy Association/Dairy Council of Nebraska School Dairy Promotion Award Congratulations to Mrs. Jean Dorcey

awarded the Wayne Area Chamber of Commerce - "2008 Educator of the Year" Future Agenda Items: 2nd Reading of

Policy 1208-Order of Business for Regular Meetings.

Executive Session (if needed) - Motion by Evetovich, second by Linster to enter in to executive session to discuss personnel review at 7:24 p.m. Motion carried. Motion by Kenny, second by Nelson to come out of executive session at 8:44 p.m.

Adjournment: Motion by Pulfer, second by Parcel Linster to adjourn the meeting at 8:45 p.m

5137. Motion carried. The next regular meeting of the Wayne 5138. Community Schools Board of Education will be 5139.0 held on Monday, March 10, 2008 at 6:00 p.m. at 5149. 5154.0 the Wayne High School. 5167.0 GENERAL FUND: All American Sports Corp., equipment repair, 5255 (399.89; Alitel, phone, 123.38; Aquila, utilities, 5260.0 5276.0 1,581.31; Aquila, utilities, 4,932.92; Aquila, utilities, 9,287.35; Arnie's Ford-Mercury Inc., car 8107.0 815.0 repairs, 138.24; Arnie's Ford-Mercury Inc., car 830.0 repairs, 62.12; Award Emblem Mfg. Co., year-1094.0 book award pins/HS t. supp., 26.95; City Of 1140.0 Wayne, utilities, 3,507.17; City Of Wayne, utili-8157.0 ties, 345.28; City Of Wayne, utilities, 173.47; City Of Wayne, utilities, 3,934.16; City Of 8346.0 Wayne, utilities, 1,309.79; City Of Wayne, utili-1316.0 1375.0 ties, 273.19; Cygnus Supply, LLC, system 1409.0 board for printer/Car parking grant, 411.00; Steve Dalton (DBA Dalton Musikc), repairs, 1429.0 1564.0 66.30; Deere Credit, Inc., mower lease, 513.70; 1588.0 Don Fritz, mileage, stars grant, 125.24; Dr. 1590 (Joseph Reinert, January mileage, 221.19; Dr. Joseph Reinert, December mileage, 62.08; Dr. Joseph Reinert, Sept. 07 travel, 213.40; Ellis 1912.0 1920.0 1935.0 Plumbing, Heating & A/C, install new toilet/HS 1941.0 bldg. ma, 75.00; Ellis Plumbing, Heating & A/C, 2094.0 install new toilet/HS bldg. ma, 249.70; Emily Bruflat, speech judging, 180.00; ESU #1, Dec. Invoice, 5,724.00; ESU #1, Dec. Invoice, 2161.0 2164.0 3,784.07; ESU #1, Dec. Invoice, 574.34; ESU 2165.0 #1, Dec. Invoice, 287.17; ESU #1, Dec. Invoice 2182.0 3,784.07; ESU #1, Dec. Invoice, 402.66; ESU 2185.0 #1, Dec. Invoice, 5,643.75; ESU #1, Dec. 2186.0 Invoice, 574.34; ESU #1, Dec. Invoice, 2260.0 4,837.50; ESU #1, Dec. invoice, 5,643.75; ESU 2273.0 #1, Dec. Invoice, 536.88; ESU #1, Dec. Invoice, 8168.0 37,100.00; ESU #1, Dec. Invoice, 402.66; ESU 8169.0 #1, Dec. Invoice, 3,243.49; ESU #1, Dec. 8257.0 Invoice, 4,530.00; Farner Company, office sup-1265.0 plies, 35.13; First National Bank Omaha, fuel 1274.0 MS honor choir, 55.80; Fletcher Farm Service potash/grounds maint., 220.00: inc... Fredrickson Oil Company, van tires, 544.00; Gill Hauling, Inc., sanitation, 405.00; Hard Drive 114.0 Central, repair EL color printer, 429.89; Heikes 144 (Automotive Service, Qtly inspection & repairs, 145.0 15.00; Heikes Automotive Service, gtly inspec-156.0 tion & repairs, 68.50; Heikes Automotive 164.0 Service, qtly inspection & repairs, 19.50; Heikes 205.0

Floor, Lincoln, Nebraska. If the PRB receives any protest, complaint, or objection on or before March 20, 2008, from a person residing in the Northeast Nebraska Public Power District's service area, or any other party affected by the proposed amendment, the PRB will hold a hearing, at which the person filing said protest, complaint, or objection may appear and contest the approval of the district's Amended Charter. Bequests for additional information or questions should be directed to Tim Texel, Executive Director, Nebraska Power Review Board, at the above address or by calling (402) 471-2301

NEBRASKA POWER REVIEW BOARD — Tim Texel. Executive Director (Publ. Feb. 14, 21, 28, 2008)

2 PO

DELINQUENT TAX LIST FOR YEAR 2008

Wayne County Treasurer's Office Wayne, Nebraska

February 7, 2008

Notice is hereby given that in compliance with the revenue laws of the State of Nebraska, Karen McDonald, County Treasurer of Wayne County, Nebraska, will on Monday the third day of March, 2008 from 9:00 A.M. to 4:00 P.M. at the office of the County Treasurer in the County Court House at Wayne Nebraska, offer at public sale and sell the following real estate for the amount of the taxes due thereon together with interest and advertising costs for the year 2006 and previous years and delinquent special taxes if any are unpaid. Said sale will continue from day to day until all such taxes have been offered for sale. The amounts listed below do not include interest and advertising.

Karen McDonald

	Cour	ity Treasurer	
Parcel ID	Legal Description		Amount
5137.00	Orig Carroll Pt L 2-all L 3 Blk 1		172.48
5138.00	Orig Carroll L 4-5 Blk 1		50.26
5139.00	Orig Carroll L 6-7 Blk 1		231.62
5149.00	Orig Carroll Pt L 1-2 Blk 4		326.40
5154.00	Orig Carroll L 9 Blk 4		381.08
5167.00	Orig Carroll L 1-2 Blk 6		162.94
5255.00	Jones Add S1/2 L 9 & all L 10		879.36
5260.00	Robinson's Add L 5-6		868.92
5276.00	Sunrise Add L 2-3		74.26
3107.00	Sunrise Add L 2-3 IOLL		635.71
815.01	Pt W1/2NW1/4 (TL 4)	10-26-2	1,280.62
830.00	Pt N1/2SW1/4 (TL 8)	12-26-2	1,695.38
094.00	Pt NE1/4NE1/4 (TL 1)	22-27-2	13.18
140.00	W1/2NW1/4NW1/4 & SE1/4NW1/4NW1/4	30-27-2	446.85
3157.00	IOLL	6-26-2	4,089.68
346.00	IOLL	6-27-3	33.34
316.00	Pt NW1/4 & 3 AC in NW1/4SW1/4	24-25-3	4,032.02
375.00	Pt SE1/4	36-25-3	5,361.28
409.00	Pt NE1/4SE1/4 (TL 9)	1-26-3	611.07
429.02	Muhs Acres L 6-10 Blk 2	1-26-3	86.40
564.00	Pt NE1/4NE1/4 (TL 11)	24-26-3	282.97
588.00	Pt NW1/4	27-26-3	1,598.11
590.00	N1/2NW1/4NW1/4	27-26-3	1,523.75
912.00	\$1/2SE1/4	17-25-4	2,061.12
920.00	Pt N1/2NW1/4 (TL 23)	18-25-4	748.96
935.00	NEI/4	20-25-4	2,001.91
941.00	SE1/4	21-25-4	2,800.54
2094.03	Admin Lot Split-Tompkins Ind Tract #1 Subdiv Lots 1-A & 1-B	8-26-4	3,318.68
2161.00	SW1/4SW1/4	15-26-4	2,754.34
164.01	Pt NE1/4	16-26-4	2,610.82
2165.00	Pt E1/2NW1/4	16-26-4	1,919.00
2182.00	Pt NW1/4 (TL 8)	17-26-4	756.10
2185.00	Pt NW1/4 (TL 20)	17-26-4	73.00
2186.00	Pt NW1/4 (TL 22)	17-26-4	2,110.48
260.00	W1/2SE1/4 & E3/4E1/2SW1/4 & 20' road	26-26-4	1,778.63
273.00	SE1/4	28-26-4	2,537.06
8168.00	IOLL	21-25-4	358.74
3169.00	IOLL	21-25-4	413.58
3257.00	IOLL	29-25-4	2,602.04
265.00	Pt SW1/4 (TL 3)	14-25-3	962.23
274.00	SE1/4	16-25-3	3,988.00
10.00	W1/2SE1/4	3-25-1	1,909.14
47.01	Pt W1/2NW1/4 (TL 6)	10-25-1	775.74
97.00	Pt N1/2NW1/4 (TL 5)	20-25-1	574.46
114,00 144.00	Pt W1/2SE1/4	22-25-1	1,369.70
	PtW1/2NE1/4 Pa NDV1/4NDV1/4 (Th. 16)	27-25-1	4,969.86
145.00	Pt NW1/4NW1/4 (TL 15) Pt SW1/4SW1/4 (TL 100)	27-25-1	385.04
156.00	Pt SW1/4SW1/4 (TL 109)	27-25-1	29.24
164.00	Pt S1/2SW1/4 (TL 61)	27-25-1	791.78
205.06	Beverly Hills Est Subdiv L 6-7	33-25-1	1,607.30

SPECIAL ASSESSMENT TAX

Sidewalk Imp Dist 2	000-01 Orig Wayne E1/2 L 10-11-12-N1/2	2 vac alley Blk 2 4.93
City Resolution 05	East Add W1/3 L 8-9-10 Blk 1	740.41
City Resolution 07	East Add W1/3 L 8-9-10 Blk 1	17,249.25
City Resolution 99	Orig Winside L 21 Blk 3	4,300.00
Street Imp 2003-2	Gustafson Estates 1 st Add to Wakefield	
	Lot 1	1,317.60
	Lot 2 & N1/2 L 3	1,976.40
	Lot 5	1,890.00
	Lot 6	1,710.72
	Lot 7	1,710.72
	Lot 8	1,710.72
	Lot 9	1,544.61
	Lot 10	1,546.44
	Lot 11	1,710.72
	Lot 12	1,710.72
	Lot 14	2,041.20
		(Publ. Feb. 7, 14, 21, 2008)

Legal Notices

NOTICE OF MEETING The Wayne Public Library Board of Trustees ill meet in regular session on Tuesday, March 2008 at 5:00 p.m. in the Library/Senior Center Conference Boom. The agenda for this meeting is available for public inspection at the Library.

Lauran Lofgren, Librarian (Publ. Feb. 21, 2008)

CARROLL VILLAGE BOARD PROCEEDINGS Carroll, Nebraska

January 9, 2008 Board of Directors for the Village of Carroll met in regular session on the above date with the following members present: Dean Burbach, Kirby Hall, Mark Tietz, Scott Hurlbert, and Jim Fernau. Also present were Dorothy Ann Jenkins, Village Clerk, Harold Beynolds, water/sewer sup., Terry Mead, JEO rep., George Ellyson, building inspector and Gene Rethwisch, maintenance person.

Mark Tietz opened the One & Six year street improvement hearing. No major street improvements are planned, and existing asphalted streets will be resurfaced as needed. After discussion a motion was made by Jim Fernau and seconded by Scott Huribert to accept the plan as presented by JEO consulting. Roll call vote: Ave Burbach, Huribert, Hall, Fernau and Tietz. Nay-none. Motion carried. The hearing was closed

Mark Tietz opened the regular meeting and pointed out the open meetings act.

Motion to approve the minutes of December 12th was made by Jim Fernau and seconded by Scott Hurlbert. Roll call vote: Aye-Burbach, Hurlbert, Hall, Fernau & Tietz. Nay-none. Motion carried.

Bills presented were as follows: Nebraska Dept. of Revenue, 131.45; Dorothy Ann Jenkins, Salary, 425.00; George Ellyson, Salary, 150.00; Harold Reynolds, Salary, 550.00; Shannon Peterson, Salary, 46.80; Harold Reynolds, Mileage, 379.61; Waste Connections of Nebr., garbage service, 1993.64; City of Wayne, dispatch, 85.00; Northeast Nebraska Public Power, service, 361.90; Eastern Nebraska Telephone, phone for library, 50.98; Eastern Nebraska Telephone, E911, 144.67; Farmers State Bank, Auditorium loan payment, 706.70; Wayne Herald/Morning Shopper, publications, 78.07; Midwest Laboratories, water tests, 154.95; Great Plains One Call Service, diggers hot line, 1.84; Dorothy Ann Jenkins, office supplies, 10.00; Menards, auditorium supplies, 57.39; Zach Propane, auditorium fuel, 467.44; John Mohr. snow removal, 275.00; JEO, street report, 300.00; Wayne County Clerk, police protection, 1428.00; Nebraska Public Health Env. Lab. water test, 27.00; The Carroll Station, tractor maintenance, 110.41; Farmers State Insurance Agency, Bond renewal, 158.00; Harder & Ankeny P.C., accounting, 275.00; Jeffrey L. Hrouda, Attorney, legal, 2588.61; internal Revenue Service, 4th qtr withholding, 750.56.

Motion was made by Dean Burbach and seconded by Kirby Hall to pay all bills as presented. Roll call vote: Aye-Burbach, Hall, Hurlbert, Fernau and Tietz. Nav-none. Motion carried.

Harold Reynolds, water and waster operator reported that he would inquire about the report from the lagoon study done by JEO. He reported no problems.

icy streets were discussed.

No action on library roof at this time. Harding Glass has been contacted to repair the lock on the auditorium and to replace the

glass that had been broken on the ticket booth, Motion was made by Scott Hurlbert and seconded by Dean Burbach to accept the offer from the Community Foundation to pay for siding & storage area project at auditorium. The work to begin at once. Roll call vote: Aye-Burbach, Hall, Fernau, Hurlbert, and Tietz. Nay-

none. Motion carried. An ordinance establishing minimum area for lot in AG-R Residential has been prepared by Jeff Hrouda and will be forwarded to planning commission for action.

Action on Ordinance updating Property aintenance code tablec

476.19; M Erbst, BC/BS reim 411.65; Menards, main supplies 67.80; Mercy Medical Clinic, bus driver physical-Backstrom 100.00; Midwest Music, instrumental music supplies 18.60; Midwest Music Ctr 5.95; N Berns, BC/BS reim 411.65; NE State Reading Council, reading council fees 1533.00; NE Council of School Attorneys, law reporter 70.00; NNTC, telephone 199.84; N Malsby BC/BS reim 148.15; N Bend Pub School, JH Honor Band fees 80.00; Oberles Mkt, main supplies 8.94; Orkin, pest control 79.06; P Sok, BC/BS reim 411.65; P Baier, BC/BS reim 411.65; PSAT/NMSQT, testing results 286.00; R Rogers-Spann, BC/BS reim 411.65: Recknor, Wm & Wertz, legal fees 721.50; Reimbursement: Prengers Rest-retreat expenses 177.57, Postmaster-4 rolls stamps 164.00; Winside St Bank-postage 50.00; NRCSA-leg. Forum registration 120.00; Winside St Bank-meals Kearney Honor Choir/Band 238.00; Hartington PS-speech entry fee 78.00; Wayne St College-Honor Choir 52.50, Postmaster-4 rolls stamps 164.00; Renaissan Learning, A/R tests 329.96; S Remm, BC/BS reim 411.65; Source Gas, gas 8169.18; Stenwall Service, repairs to blower on tractor 35.00; Super 8 Ainsworth, lodgingwrestling 143.00; S Mohr, BC/BS reim 411.65; T Watters, BC/BS reim 411.65; Village of Winside, elec, water, sewer, trash 4392.36; Waste Connection, trash removal 214.47; Wayne Herald, advertising 114.54; Western Type, elem, HS Office supplies, copier lease 1578.28; Winside Scholarship, mem for Lois Roberts 35.00; Winside State Bank, safe deposit box rent 17.00; Woodwind/Brasswind, instrumental music supplies 140.78; D

Leighton, mileage & expenses 399.21, and Payroll 190933.33. TOTAL \$245,065.01. Motion by Mangels, second by Marotz to ratify Resolution #69 and #70 passed at the Special Board Meeting held January 21, 2008. Ayes - Marotz, Roberts, Mangels, Lienemann, and Watters, Nays - none, Absent - Jorgensen,

Lance Muhs will option into the district from the Wayne District and Jaden Rastede will option into the district from the Norfolk District beginning with the start of the 2008-2009 school year.

Motion by Marotz, second by Lienemann to replace the heating and cooling unit for the library in the elementary building. Ayes -Mangels, Lienemann, Watters, Marotz, and Roberts. Nays - none. Absent - Jorgensen.

Motion by Lienemann, second by Watters to approve the 2008-2009 School Calendar as presented, Aves- Lienemann, Watters, Marotz, Roberts, and Mangels. Nays - none. Absent -Jorgensen.

Discussion regarding State School Board membership was held.

Discussion regarding an upcoming override meeting was held and plans are to hold a second Town Hall Meeting on March 4, 2008 at 7:30 p.m. in the multi-purpose room of the elementary building. The snow date will be March 6, 2008.

Motion by Mangels, second by Marotz to offer the principal contract for the 2008-2009 School Year to Jeffrey Messersmith. Ayes -Watters, Marotz, Roberts, Mangels, Lienemann. Nays - none. Absent - Jorgensen. Discussion was held regarding the bus purchase possibilities and needs.

Motion by Watters, second by Lienemann to adjourn. Ayes - all. Nays - none. Absent -Jorgensen.

> Linda Barg (Publ. Feb. 21, 2008)

ADVERTISEMENT FOR BIDS WAYNE SUMMER SPORTS COMPLEX The City of Wayne, Nebraska, will receive sealed bids until 2 p.m., CST, on the 17th day of BALLFIELD LIGHTING March, 2008, at the office of the City Clerk, 306 Pearl Street, Wayne, Nebraska 68787, for softball field lighting. At that time, all bids will be opened and read aloud in the Council Chambers at the Wayne City Hall. The City is asking interested bidders to contact Garry Poutre, Supt. of Public Works and Utilities, to review our facility and the particular site affected under this bid request.

A copy of the bid spec itions may b three (3) months.

The grant amendment will be available for public inspection at the City Clerk's office, 306 Pearl Street, Wayne, NE. All interested parties are invited to attend this public hearing at which time you will have an opportunity to be heard regarding the grant application. Written testimony will also be accepted at the public hearing scheduled for 5:30 P.M., March 4, 2008, 306 Pearl Street, Council Chambers, Wayne, NE 68787. Written comments can be addressed to Betty McGuire, City Clerk, at PO Box 8, Wayne, NE 68787, and will be accepted if received on or before March 4, 2008.

Individuals requiring physical or sensory accommodations including interpreter service, Braille, large print, or recorded materials, please contact Betty McGuire, City Clerk at PO Box 8, Wayne, NE 68787 no later than March 4, 2008

THE CITY OF WAYNE, NEBRASKA By: Betty A. McGuire, City Clerk (Publ. Feb. 21, 2008)

NOTICE OF PUBLIC HEARING

The Wayne Planning Commission will meet on Monday, March 3, 2008 at 7:00 p.m., in Council Chambers of the Wayne Municipal Building, 306 Pearl Street, Wayne, Nebraska. At or about 7:05 p.m., the Planning Commission will hold a public hearing to consider amending the Wayne Municipal Code, specifically Section 74-104(17) Final Plat Submission Requirements. The following would be added to this particular section: A registered abstractor must perform the title search for any parties holding title or having any title interest All oral or written comments on the proposed matter received prior to and at the public hear-

ing will be considered. (Publ. Feb. 21, 2008)

NOTICE TO BIDDEBS

Wayne Area Economic Development, Inc. (WAEDI) will receive sealed proposals for the construction of an Opportunity Building at the WAEDI office at 108 W 3rd Street, Wayne until 3:00 PM, Wednesday, March 5, 2008. At that time the bids will be opened and read. Plans and specifications may be reviewed

beginning Monday, February 25, 2008 at the WAEDI office. (Publ. Feb. 21, 2008)

NOTICE OF SHERIFF'S SALE

IN THE DISTRICT COURT OF WAYNE COUNTY, NEBRASKA

CASE NO. C107-64 CITY OF WAYNE, a Nebraska Political

Subdivision, Plaintiff

BEVERLY BRINDLEY, Defendant,

By virtue of an Execution issued by the Clerk of the District Court of Wayne County, Nebraska, upon a judgment rendered in the District Court of Wayne County, Nebraska, in favor of the City of Wayne, a Nebraska Political Subdivision, the plaintiff and against Beverly Brindley, the defendant, in case number CI07 64, I have levied upon the following described real estate, to-wit:

The East 1/3 of Lots 8, 9 and 10, Block One, East Addition to the City of Wayne, Wayne County, Nebraska, otherwise described as 502 East Sixth Street, Wayne, Wayne County, Nebraska,

and I will sell at public auction to the highest bidder, for cash, at the lobby of the Wayne

County Courthouse in Wayne, Wayne County, Nebraska on the 13th day of March, 2008 at 10:00 a.m., the above described real estate, to satisfy the judgment and costs of said action. Dated at Wayne Nebraska on this 11th day of

February, 2008.

LeRoy Janssen Wayne County Sheriff (Publ. Feb. 14, 21, 28, March 6, 2008)

NOTICE OF INCORPORATION OF

TODD LUEDEKE, P.C. Registered Office: 204 Fairway Circle, Wayne, NE 68787

Registered Agent: Todd R. Luedeke Corporation shall engage in any lawful business for which a corporation may be formed under the Business Corporation Act. Authorized capital stock is \$10,000.00 to be fully paid and non-assessable on issue. Perpetual existence commenced February 6, 2008 when Articles were filed with Secretary of State. Affairs are to be conducted by the Board of Directors and officers authorized by the By-Laws and the Board. Todd R. Luedeke, Incorporator Martin V. Klein #22220

Jewell, Collins, DeLay & Flood P.O. Box 1367 105 South Second Street Norfolk, NE 68702-1367

(402) 371-4844 (Publ. Feb. 14, 21, 28, 2008) 2 POF

NOTICE TO CONTRACTORS

CALL ORDER 320 STATE PROJECT NO. STR-D3 (1020) LOCATION: N-15, N-94, US-275, DISTRICT 3-DISTRICT WIDE

COUNTIES: ANTELOPE THURSTON WAYNE

The Nebraska Department of Roads will receive sealed bids in Room 104 of the Central Office Building at 1500 Hwy. 2 in Lincoln, until 1:30 p.m. on March 13, 2008. At that time the bids will be opened and read for BRIDGE. BIDDING PROPOSAL FORMS WILL BE

ISSUED AND A CONTRACT AWARDED TO A CONTRACTOR WHO IS QUALIFIED FOR: BRIDGES START DATE 08/11/2008

WORKING DAYS 30 Price Range \$0 to \$500,000

Plans and specifications may be seen beginning February 19, 2008 at the Lincoln Central Office and February 25, 2008 at the District Engineer's Office at NORFOLK

Additional letting information may be found at the Nebraska Department of Roads Web Site

at http://www.dor.state.ne.us/letting/. THIS PROJECT IS SUBJECT TO TRIBAL EMPLOYMENT RIGHTS OFFICE (TERO) TAX AND INDIAN EMPLOYMENT PREFERENCE GOALS.

(Publ. Feb. 14, 21, 28, 2008)

LEGAL NOTICE TO THE DEFENDANT(S), VICTOR FERNAN-

DO You are hereby notified that Credit Bureau Services, Inc., a corporation, filed its complaint the County Court of WAYNE County, Nebraska on 09/12/2007 on Case Number CI07-216, the object and prayer of which is to recover the sum of \$2699.68, plus interest. attorney fees and court costs. You are required

to answer the complaint of the Plaintiff on or before 03/31/2008 or the allegations in said complaint will be taken as true and judgment entered accordingly. CREDIT BUREAU SERVICES, INC.,

NOTICE TO BIDDERS

Wayne County requests sealed bids for furnishing lawn mowing services, and for lawn fertilizing/weed control services for the courthouse grounds and for the Health & Human Services grounds. The bid must be submitted in a sealed envelope that is clearly marked with the words BID FOR LAWN SERVICE. Bids will be received at the office of the Wayne County Clerk, 510 Pearl, PO Box 248, Wayne, NE 68787, until 4:00 p.m. on Friday, February 29th, 2008. Bids will be opened on Tuesday, March 4th, at 1:30 p.m. in the Commissioner's meeting room at the courthouse.

Bid specifications can be picked up at the office of the Wayne County Clerk. Wayne County reserves the right to waive technicalities and irregularities and the right to reject any or all bids.

Debra Finn

Wayne County Clerk (Publ. Feb. 14, 21, 2008)

NOTICE TO BIDDERS

Wayne County requests sealed bids for cleaning services for the courthouse building and for the Health & Human Services building. The bid must be submitted in a sealed envelope that is clearly marked with the words BID FOR CLEANING. Bids will be received at the office of the Wayne County Emergency Manager, 510 Pearl, Wayne, NE 68787, until 4:00 p.m. on Friday, February 29th, 2008. Bids will be opened on Tuesday, March 4thth, at 2:00 p.m. in the Commissioner's meeting room at the courthouse.

Bid specifications can be picked up at the office of the Wayne County Emergency Manager, or call 833-5190. Wayne County reserves the right to waive technicalities and irregularities and the right to reject any or all bids

Debra Finn Wayne County Clerk (Publ. Feb. 14, 21, 2008)

NOTICE

IN THE DISTRICT COURT OF WAYNE COUNTY, NEBRASKA, CASE NO .: CI 08-14 Erica R. Vega Lopez, Plaintiff vs. Juan Alarcon-Ramirez, Defendant TO DEFENDANT.

You are hereby notified that I have filed a Complaint for Dissolution of Marriage in said court, the object and prayer of which is to obtain a dissolution of our marriage, child custody, child support, alimony, division of property and debts, costs, and other general relief. Unless you file an answer on or before March 31, 2008, said complaint will be taken as true and judgment rendered accordingly.

Erica R. Vega Lopez, Plaintiff Amanda McMahon #23518

Attorney for Plaintiff Legal Aid of Nebraska 214 N. 7th Street, Suite 10 Norfolk, Nebraska 68701 (402) 644-4761

(Publ. Feb. 14, 21, 28, 2008) 1 clip - 1 POP

11C

NOTICE OF ORGANIZATION OF MAIN STREET AUTO CARE, LLC A Nebraska Limited Liability Company

Notice is hereby given that Main Street Auto Care, LLC, a Nebraska Limited Liability Company, has been organized under the laws of the State of Nebraska, with its registered office at 614 Main Street, Wayne, Nebraska 68787. The general nature of its business is to engage in and do any and all lawful business, other than banking or insurance, for which a limited liability company may be organized under the laws of the State of Nebraska. The company was organized and commenced on January 18, 2008, and it will terminate on January 18, 2058, unless terminated sooner. The affairs of the company are to be conducted by a Manager, Ted A. Kurpgeweit, until such time as his successor or successors are selected pursuant to the Operating Agreement.

Ted A. Kurpgeweit 1411 Claycomb Road Wayne, NE 68787 (Publ. Feb. 7, 14, 21, 2008) 1 POF

IN THE DISTRICT COURT OF WAYNE COUNTY, NEBRASKA WAHCOVIA-COLL AGENT/

SASS MUNITY DTR. Plaintiff.

BETHANY DITTMAN-MILLIGAN, Defendants.

Case No. CI 07-70

NOTICE OF SUIT AND DEADLINE TO FILE RESPONSIVE PLEADING:

TO: Bethany Dittman-Milligan, John Doe & Jane Doe; real names unknown, who may be in possession of the following property Wayne County Nebraska: Lts 5-6, Blk 1, Robinson's Addition to Carroll, Wayne County, Nebraska. PLEASE TAKE NOTICE that on August 31,

2007 the Plaintiff filed its Complaint to Foreclose Tax Certificates on the above described property whose owner of record is identified above. Plaintiff seeks a decree of foreclosure and order of sale on the above property for the certificate of delinquent tax, costs of the action and an attorney's fee.

In accordance with the order of the Wayne County District Court, you, identified as the possessor of, or one claiming an interest in the above property, have until the April 10, 2008 to file an appropriate written response or pleading to the above action with the Clerk of the District Court of Wayne County, and serve a copy on the Plaintiff's attorney at the address listed below, or the Plaintiff will seek a judgment by default from the Court for the relief demanded in the complaint.

Govern Yourself Accordingly

JAMIE D. REITER Attorney at Law NSBA# 22267 6657 Sugar Valley Dr. Nashville, TN 37211 888/394/2226 Ext. 121 (Publ. Feb. 14, 21, 28, 2008)

Classifieds.

FOR RENT

FOR RENT: Two-bedroom apartment in Wayne. Off street parking. All utilities paid, except electricity. Ph. 402-494-3712 or 712-253-5381

LEISURE APARTMENTS: Taking applications for waiting list for 1 bedroom elderly apartments for 62 years or older or persons with disabilities of any age. Stove & refrigerator furnished. Rent based on income. Call 402-375-1724 before 9 p.m. or 1-800-762-7209. TDD# 1-800-233-7352. Leisure is an equal opportunity provider and employer.

Action on mosquito control contract tabled. George Ellyson explained the action he recommends on a special building use request that

was received. More information will be furnished by George on development of flood plain participation by

the Village of Carroll. No action at this time. Wayne County Court system is seeking church pews for seating in the hallways at the

Courthouse. Motion made by Jim Fernau and seconded

by Kirby Hall to donate 2 six-foot pews, which have been stored in the auditorium to the court system. Roll call vote: Ave-Burbach, Hall, Fernau, Hurlbert & Tietz. Nay-none. Motion car-

Motion made by Jim Fernau and seconded by Kirby Hall to adjourn. Roll call vote: Aye-Burbach, Hall, Fernau, Hurlbert and Tietz. Naynone. Motion carried

Meeting adjourned at 9:30 p.m. Next regular meeting at Firehouse at 7:30 p.m. on February 13, 2008.

Mark Tietz, Chairman **Dorothy Ann Jenkins, Clerk** (Publ. Feb. 21, 2008)

WINSIDE BOARD OF EDUCATION PROCEEDINGS

The Winside Board of Education met in its Regular Meeting held at 6:38 AM on Tuesday, February 12, 2008 in the elementary library Board Members present were Paul Roberts, John Mangels, Laurie Lienemann, Scott Watters, and Carmie Marotz. Steven Jorgensen was absent.

The meeting was called to order by President Roberts.

Motion by Watters, second by Marotz to approve the minutes for the Regular Board of Education Meeting held January 14, 2008 and the Special Board Meeting held January 21, 2008. Ayes - Lienemann, Watters, Marotz, Roberts, and Mangels. Nays - none. Absent -Jorgenser

Motion by Watters, second by Mangels to approve claims from the general fund totaling \$245,065.01 and the January Financial Report. Ayes - Watters, Marotz, Roberts, Mangels, and Lienemann. Nays - none. Absent - Jorgensen. GENERAL FUND: Amanda Kuchta, BC/BS reim 411.65; Americinn of Kearney, lodging-Kearney Honor Choir/Band 339.60; Appeara, linen service 509.56; Barb Kollath, BC/BS reim 411.65; Barnes & Nobel, library books 149.35; C. Backstrom, mileage 54.54; US Cellular, telephone 161.95; Class D All State, Honor Band Fees 144.00 Comhusker Intl, fluid for bus 17.74; D Puls, BC/BS reim 148.15; DNT, repairs to Kubota 90.00; D Nilius, BC/BS reim 148.15; E Saul, BC/BS reim & mileage 511.14; E Loetscher, BC/BS reim 148.15; ESU #1, SPED Qtr billing 17658.18; Farmers Coop, bus fuel 2939.33; Floor Main, main supplies 458.42; Follette Library, library books 1142.55; Follette Software, support renewal library 320.00; Gene Barg, plumbing repairs HS & EL 203.33; Hammond Stephens, office supplies 100.38 Holiday Inn, lodging-Leighton 67.95; HTMC, advertising 45.00; J Brink, BC/BS reim 411.65; J Messersmith, mileage & expenses 351.89; J Kesting, BC/BS reim 411.65; John F Barone, annual alarm inspection 680.00; JW Pepper, vocal sheetmusic 121.39; K Stubbs, BC/BS reim 420.05; K Hansen, gas for van & BC/BS reim 432.25; Kens Band Inst, instrument repairs 48.00; LaQuinta, lodging-Messersmith 138.00; L Straight, BC/BS reim 411.65; L Quinn, BC/BS eim 411.65; M Koch, BC/BS reim 411.65; M fonniges, BC/BS reim - mileage & expenses

obtained from Betty McGuire, City Clerk.

The City of Wayne owns a 4-field complex in the SE corner of the City. One of the 4 fields is lit, and the City is asking for bids to light one or more of the unlit fields. Bidders are asked to supply Wayne with bids for lighting (1) one, (2) two, or (3) three fields to assist us in determining what is afforded in this current year. Bidders are asked to provide designs and installed costs for (6) six poles per field lighting

schemes with 1500 watt fixtures. Any questions concerning this request for bids should be directed to Garry Poutre, Supt. of Public Works and Utilities, at (402) 375-2896. The City reserves the right to reject any or all

bids. Dated at Wayne, Nebraska, this 18th day of February, 2008. THE CITY OF WAYNE, NEBRASKA

By: Betty A. McGuire, City Clerk (Publ. Feb. 21, 28, March 6, 2008)

NOTICE

IN THE COUNTY COURT OF WAYNE COUNTY, NEBRASKA ESTATE OF ALFRED SIEVERS, Deceased

Estate No. PR 08-7 Notice is hereby given that on February 15, 2008, in the County Court of Wayne County, Nebraska, Larry Sievers, whose address is 57045 859th Road, Wayne, Nebraska 68787, was appointed by the Court as Personal Representative of the Estate. Creditors of this Estate must file their claims

with this Court on or before April 21, 2008, or be forever barred.

(s) KimBerly Hansen **Clerk of the County Court** 510 Pearl Street, Suite B Wayne, Nebraska 68787 Jewell, Collins, DeLay & Flood Attorneys at Law P.O. Box 1367 Norfolk, NE 68702-1367 (402) 371-4844 (Publ. Feb. 21, 28, March 6, 2008)

NOTICE OF PUBLIC HEARING

1 clip

The Wayne City Council will meet on Tuesday, March 4, 2008, at 5:30 p.m., in Council Chambers of the Wayne Municipal Building, 306 Pearl Street, Wayne, Nebraska. At or about 5:30 p.m., the City Council will hold a public hearing to consider the Planning Commission's recommendation regarding a Use by Exception permit application, in accordance with Section 90-354(11) and Section 90-355(7) - B-1 Highway Business District, Wayne

Municipal Code. The request by Moonlight Towing, LLC, is to allow the operation of a vehicle towing service with the storage of towed vehicles located at 123 Fairgrounds Avenue. All oral or written comments on the proposed

matter received prior to and at the public hearing will be considered. (Publ. Feb. 21, 2008)

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that on March 4, 2008, in the Wayne City Council Chambers, the City of Wayne will hold a public hearing concerning NAHTF Grant #05-TFHP-535 with the Department of Economic Development for a Nebraska Affordable Housing Program. This grant is available for local affordable housing activities

The City of Wayne is amending NAHTF Grant #05-TFHP-535. The purpose of the amendment is to extend the grant an additional

STORAGE UNITS available. Size 14' x 31', \$50 per month. Please contact Dave Zach at 375-3149 or Jon Haase at 375-3811.

FOR RENT in Winside: Three-bedroom house. One bath. A/C. No smoking, parties, or pets in this property. \$380/mo. Utilities not included. References/deposit required. Ph. 402-286-4839.

FOR RENT: 2-3 BR, 1 BA house in Wayne. Central air, W/D hook ups, lots of storage, near city park. Reliable, local landlord. 375-3840.

FOR RENT: 2-bedroom apartment in Laurel. Close to downtown. Ph. 402-375-2632 after 6 p.m.

FOR RENT: 2-bedroom apartment. All electric heat. A/C. Stove and refrigerator furnished. Water and trash paid. Washer/dryer hookups. No parties. No pets. Lease required. Call 375-1527, ask for Kathy. After 5 p.m., call 375-1453.

FOR RENT: 2-bedroom in Laurel. Appliances furnished and laundry facilities available, plus extras. No pets. (402)256-9126.

FOR RENT: 3-Bedroom, 1 1/2 bath house. Recently remodeled. \$600/mo. Washer/dryer hookups. Stove/frig. furnished. Garage and off street parking. Quiet neighborhood. Available March 1. Ph. 402-920-1561.



Soft water. washer/dryer, stove & frig. Available March 1. Ph. 402-375-9389.

FOR RENT: Nice 1, 2, 3, and 4 bed-

room apartments. All new heat pumps

and central air. No parties. Call 375-

FOR RENT: Nice, 2-bedroom apartment

in Wayne. New central air, furnace and

dishwasher,

4816.

carpet.

FOR RENT: One-bedroom, economy apartment, 311 Pearl St. Ph. 402-375-5203 day or 402-375-1641 evenings.

FOR RENT: Storage space in quonset. Have room for campers, boats, etc. Ph. 402-584-1584

THANK YOU

IN MEMORY OF JEFF D. MACKLING I would like to thank Jack and Judy Burno, Bill and Medy Wilson, Pat Gross and Sister Cecilia. These special people were very kind and helpful to Jeff before he went to the hospital and while he was there.

Also, thank you to the very special girls at Assisted Living, the hospital, and nursing home

Pastor Gretchen was always there and helped Jeff and I in every way.

Thank you to the relatives, friends, and everyone for your kindness and help during Jeff's care.

Thank you for the flowers, plants, cards and memorials and the people at the church who helped in any way. Also, thank you for the special calls and kind words.

THANK YOU for the flowers, cards and

phone calls since my stay and return

home from Mercy Medical in Sioux City.

Thank you to Pender Rescue and Dr.

Timm and co-workers at Blue Ox. A big

"thank you" to my sons, Brian and Bob,

for helping my wife with rides back and

forth to Sioux City. To Sandy for the

care of Abby and Jennie and Dave Lunz

for taking care of Josh. Melvin Lamb &

THANKS TO my family and friends

for cards and food, also for their

thoughts and prayers when I had my

hip surgery. Thanks to Pastor Collin-

ger for his visit and prayers. Irene Flo-

My gratitude to all who

helped make my knee

surgery and recovery

easier. Drs. Smith and

Martin, Pastor Lilienkamp,

Providence Medical Center

staff, and those who sent

cards, flowers, called and

brought food. A special

thanks to the Providence

Therapy Department.

Shirley Bergt

rine

Donald L. Mackling Vaughn Mackling and family

room. Deposit and references required No smoking. Call 402-286-4572 or 402-286-4538.

FOR RENT: Large 2-bedroom apart-

ment in Wayne. Stove and frig furnish-

ed \$340/month. Owner pays heat/wa-

FOR RENT: Ranch style home in coun-

try between Wayne and Winside. 3-bed-

ter/sewer/trash. Ph. 402-256-9417.

FOR RENT: Two-bedroom apartments at Meadowview Estates, located just east of Pac N Save. Available now. Eligibility and rent are based on income. Appliances included. For application call 375-3660. Equal Housing Opportunity.

CHECK YOUR AD!

All advertisers should check their ads in the first issue and report any errors at once to the advertising department. No allowance will be made after the first issue. The Wayne Herald/Morning Shopper will not be responsible for damages resulting from any errors.

ingbat! Several to choos from. Call Jan at the Wayne Herald for all the details! 402-375-2600 or 1-800-672-3418.

Make your snap ad in the

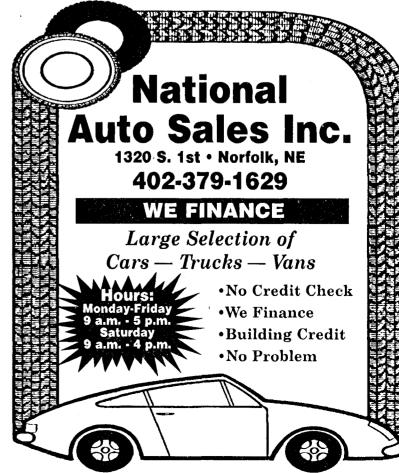
Morning Shopper or Herald

really stand out, add a

Х

MAKE MONEY from stuff you don't want any more! Did you just read this ad? Then so did hundreds of other people! Snap ads are cheap and effective, call the Wayne Herald -- Morning Shopper today @ 402-375-2600 and start making money from your old stuff today!

READERS BEWARE! Job opportunities being offered that require cash investment should be investigated before sending money. Contact the Better Business Bureau to learn if the company advertised is on file for any wrong doing. The Wayne Herald/Morning Shopper attempts to protect readers from false offerings, but due to the heavy volume we deal with, we are unable to screen all copy submitted.



"Sisterly Love"

Premier Estate's

Relay for Life

team will be

selling decorated

Wayne State College to host Language Arts Festival

Wayne State College will host its addition to the contests, students, fourth annual Language Arts Festival on Friday, April 11 for students in grades seven through 12. Carol Gorman, award-winning author of numerous books for young people, will be the featured author. The festival is organized by Dr. Janet Gilligan, professor of English at Wayne State.

original fiction and poetry to a receive medals. writing contest and bring posters Short Stories to an on-campus competition. In

teachers and parents are invited to come to the Wayne State College Student Center to participate in workshops on writing, literature, media and drama from 9 a.m. to 3 p.m. There will be an awards banquet at noon. The five best stories and poems from each grade will be published in an anthology. First-Students are invited to submit place winners of all contests will

Short stories may be original fic-

Contact Jeaney

or Tanya at:

PREMIER

ESTATES

tion of any genre-fantasy, realism, science fiction, historical fiction, and so on. The stories should be well written and carefully edited.

Individuals may submit only one entry in the short story contest but may submit poetry as well as a short story. Short stories must be no less than 1,000 words and no more than 5,000 words in length. Poetry

Poems must be original works on any subject, rhymed or free-verse, length not to exceed two typed double-spaced pages. Individuals may submit a short story and poetry or several poems.

Poster Competition

Students are invited to bring posters promoting the language arts. These may focus on reading, writing or other language skill, or celebrate a work of literature. These will be judged at the event and certificates will be awarded to the best entries.

How to Submit Your Work

Submissions should be written on a word processor, preferably in Microsoft Word, double-spaced, using a standard 12 point font, preferably Arial. Stories and poems must be submitted as attachments to an e-mail. No hard copies will be accepted. In the e-mail, give your name, grade, school, address, teacher, telephone number, and the title of your story. Attach a copy of your story to the e-mail. Give the file containing your story a title that consists of your last name followed by your grade in school. **Example: Smith9**

This is very important. Without this information it is very difficult to place your story or poem in the right grade category and to make sure no entries are lost. On the story itself, type the following information in the top left hand corner of the first page: Name, email address, grade, school, and teacher.

All rights of the composition remain the property of the author. Permission by the author is given for one-time publications. Entries must be received by March 1, 2008.

 \mathbf{Send} all entries jagilli1@wsc.edu.

Evaluating Writing

Review of the submitted writings will begin March 1. Faculty members of the School of Humanities and English Education students will read and evaluate all entries. They will select the five best short stories and poems in each grade. Authors of the short stories and poems selected for the anthology will be notified via e-mail. Anthology

Each student whose work is selected as one of the best five in

their category. If funds permit, a copy will be made available to each student attending the Festival. Additional copies of the anthologies will be available for \$15 each. Expenses

No entry fee is required. All expenses for travel and meals are the responsibility of the student attending the Language Arts Festival. Lunch in the WSC cafeteria is about \$5.50; the banquet is \$8.25.

Registration

It is not necessary to submit an mail jagilli1@wsc.edu each grade will receive a compli- entry to attend the Festival. If you

to mentary copy of the Anthology in plan on attending, please copy and fill in the registration form below. Either mail or e-mail the form before March 31, 2008 to: For more information please contact: Janet Gilligan, Language Arts Festival, Department of Literature and Language, Wayne State College; Wayne, Neb. 68787 or e-mail it to jagilli1@wsc.edu

• • •

For further information, write or call Janet Gilligan, Department of Literature and Language, Wayne State College, Wayne, Neb. 68787 402-375-7151 / 402-375-4690 E-

Humor, inspiration focus of upcoming conference

humor, inspiration, and vision. During this all day motivational conference on Tuesday, Feb. 26, area professionals will have an opportunity to revive their spirit and focus their productivity. The event will be held from 8 a.m. to 3:30 p.m. at the Marina Inn in South Sioux City and is designed to help attendees discover new ways to motivate themselves and others in the workplace. Although it is designed for the nonprofit workforce, everyone is welcome to attend.

Amy Dee-Kristensen, will present powerful life lessons to motivate attendees to make their dreams come true during her keynote address, Fly!! Make It Happen! Dee-Kristensen inspires her audience to create their best life by engaging their unique strengths, harnessing power attitude and developing positive coping and communication skills. She will also present her newest and most popular workshop Stress: Life's Seasoning and Life Balance-Finding the Perfect Blend as a breakout session. Dee-Kristensen's hilarious and engag-

Stay Jazzed Conference has ing style will leave attendees energized.

Dee-Kristensen's 18 years of professional speaking experience includes founding a prosperous company in Scandinavia while living in Norway, developing successful life strategies as a psych nurse, and grappling with the exciting challenge of family life.

Cy Wakeman will offer the workshop Thriving in Changing Times were she will address how change is becoming a key competitive advantage for organizations. In this program, participants will learn key models and techniques for transforming their organization into a change-seeking machine.

Wakeman has a unique background, which combines four successful business start-ups with 20 years of working and consulting in a variety of arenas. Wakeman has personally led strategic planning efforts, culture change initiatives, ERP implementations, talent management system design and implementations and succession planning projects.

Registration is \$85 and includes continental breakfast and lunch. ties for nonprofit professionals.

Six social work continuing education credits (CEUs) are offered for the conference through Iowa State University for an additional \$10. The deadline to register is Tuesday, Feb. 19.

People in the social work field, individuals who work on the business side of nonprofits, and leadership staff who are part of their agency's vision and mission would all benefit by attending the Stay Jazzed Conference along with anyone in any profession who could use spiritual revitalization.

Conference details and registration information can be obtained online www.extension.iastate.edu/woodbury. Or, call Iowa State University Extension-Woodbury County at (712) 276-2157 to request a brochure.

The conference is coordinated by Siouxland the Nonprofit Management Alliance, a partnership of Tri-State Graduate Center, United Way of Siouxland, and Iowa State University Extension-Woodbury County providing quality, affordable training opportuni-

NEBRASKA STATEWIDE

CLASSIFIED ADVERTISING works! Place your 25 word ad into thousands of Nebraska homes for \$195. Contact your local newspaper or call 1-800-369-2850.

BANKRUPTCY: FAST relief from creditors. Statewide filing. No office appointment necessary. Affordable rates. Call Steffens Law Office, 308-872-8327. www.steffenslaw.com <http://www.steffenslaw.com> . We are a debt relief agency, which helps people file bankrupt-

mentor exchange students and recruit host families. Travel and training oppor-Stipend and expenses reimtunities. bursed. 25+. Call 800-44-SHARE or email Kathryn.Schultz@ef.com.

BIRTH MOTHER, We will listen to your hopes for your baby. Let's create a trusting relationship so your baby grows to understand your love for him or her. Legal. Confidential. Expenses Paid. Please call Karen & Doug at 1-888-848-3084

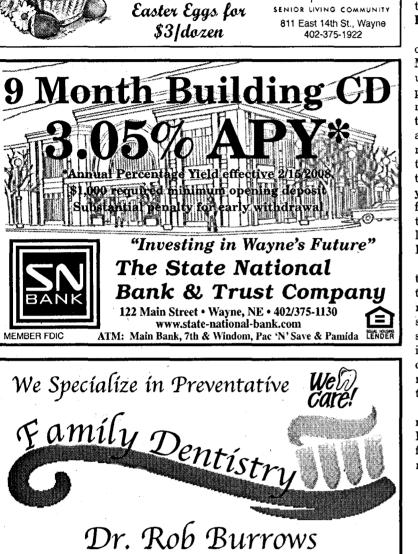
Stratocaster guitars. Especially want 1959 Les Paul Standard. Fast, friendly and fair. Call Kevin 303-946-2458.

AIRLINES ARE hiring. Train for high paying aviation maintenance career. FAA approved program. Financial aid if qualified. Job placement assistance. Aviation Institute of Maintenance, 888-349-5387.

EXPERIENCED HEAVY equipment operator needed with ability to manage jobs independently, operate a variety of equipment, survey. Benefits/pickup provided, home nights. Albion, NE, 402-395-2226.

year, 11 paid holidays, health insurance and more. For more information call 402-762-4151 or send resume to: Terry Madson, U.S. Meat Animal Research Center, PO Box 166, Clay Center, NE 68933. UNL is committed to EEO/AA and ADA/504. Call if accommodation is required.

U.S. MEAT Animal Research Center, Clay Center, NE is accepting applications for present and future openings. Several positions in production agriculture and agricultural research. Starting wage up to \$11 per hour, excellent benefits. For information call 402-762-4151 or send resume to: Terry Madson, U.S. Meat Animal Research Center, PO Box 166, Clay Center, NE 68933. UNL is committed to EEO/AA and ADA/504. Call if accommodation is required

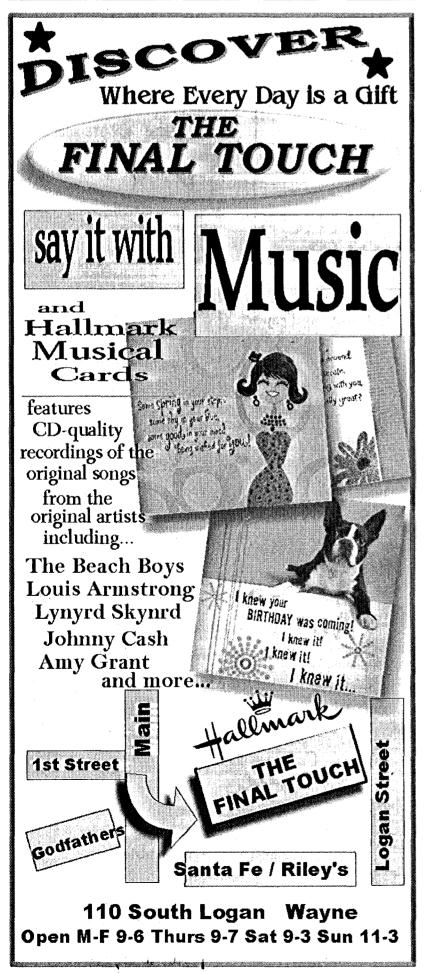


115 West 3rd Street

P.O. Box 217

Wayne, NE 68787

(402)-375-1124



cy under the bankruptcy code

LOOKING FOR the classic car, truck or ALL CASH candy route. Do you earn motorcycle of your dreams? Go to www.midwestclassiccars.com http://www.midwestclassiccars.com It's your midwest connection to classic vehicles for sale. Need to sell a classic vehicle? For only \$25, your ad with photos will run until sold! Call this newspaper today for more information or call 1-800-369-2850.

NON-PROFIT SEEKS coordinators to

Free Estimates THE GUTTER **CREW** Seamless Gutters & Downspouts 28 Years of Experience Art Sehi (402)776-2563 Steve Cornett (402)776-2646 PO Box 27 Oakdale, NE 68761 (402)776-2600 • 1-800-867-7492

SA]

Paper

IN Labels

Stationary

Much More

Some exclusions may apply, including snow!

216 Main Street • 375-3729

INF Envelopes

IN White-Out

\$800 in a day? Your own local candy route. Includes 30 machines and candy all for \$9,995. 1-888-755-1356.

HOT TUBS, 20 new tubs and 10 trade ins at bargain prices, \$495-\$4,995. 1-800-869-0406, for full information package, or go to goodlifespa.com or osthottubwarehouse.com.

RESTAURANT EQUIPMENT Outlet: Open house, Mar. 12-13; go to www.chillmasters.biz <http://www.chillmasters.biz> ; Super ice cream machine sale; Sioux City, IA, 1-800-526-7105.

SAWMILLS FROM only \$2,990.00. Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. www.norwoodsawmills.com/300N <http://www.norwoodsawmills.com/300N >, free information: 1-800-578-1363 ext: 300-N.

WANTED: OLD Gibson Les Paul and Firebirds, Fender Telecaster and FOREMAN TO lead utility field crews. Outdoor physical work, many entry-level positions, paid training. \$17/hour, plus weekly performance bonuses after promotion, living allowance when traveling, company truck and good benefits. Must have strong leadership skills, good driving history and be able to travel for short and extended periods in Nebraska and nearby states. E-mail resume to Recruiter25@osmose.com or fax 1-800-519-3526, www.OsmoseUtilities.com <http://www.OsmoseUtilities.com> EOE, M/F/D/V.

POSITION AVAILABLE for CPA or Accountant for Rural Electric Utility. Excellent wage and benefit package. EOE Contact Larry Umberger GM, Midwest Electric, PO Box 970, Grant, NE 69140.

U.S. MEAT Animal Besearch Center Clay Center, NE has opening for feed truck driver. All experience levels considered. Excellent equipment to work with. Benefits include 12 days vacation first

DRIVERS: LOVE your job! Bonus & paid orientation, 36-43cpm, earn over \$1,000 weekly, excellent benefits. Class A and 3 months recent OTR required. 800-635-8669

DRIVERS: YOUR new career starts here, tuition reimbursement available! Possible \$40k 1st year! \$5,000 sign on with 1 year OTR. www.ffeinc.com <http://www.ffeinc.com> . Call FFE, Inc., 800-569-9232.

DRIVER- KNIGHT Transportation - Call for immediate hire! 2000-3000 MPW. Flexible home time, regional or OTR. Medical/Dental/401K. Well maintained & new equipment. 888-562-7783. Class A, OTR-4 mos. experience. www.knighttrans.com <http://www.knighttrans.com>





Wayne Community Activity Center Variety of programs and services are offered to help members stay healthy

February is heart month and activity center include: personal trainers will give a consultation to Wayne Community Activity Center trainers, walking club, fitness room can help area residents stay and Jazzercise. healthy. Some of the services and equipment especially good for heart the Community Activity Center to health that can be found at the help meet the members needs. The

Personal trainers are on staff at

Improving your heart's function

heart failure (CHF) can be a serious condition; however, heart failure can be managed with the right tive heart failure. The NHI Heart combination of therapy. Many men Improvement Program in Lincoln and women with CHF live a long and North Platte establishes safe and satisfying life with treatment. and effective rehabilitation in coop-CHF is growing more prevalent, nearly 5 million people in the U.S. are living with heart failure and 550,000 new cases are diagnosed each year.

Heart failure is typically caused by an underlying medical problem, such as clogged arteries, high blood pressure, or a defect in the heart. These medical conditions can, over time, weaken the heart and cause it not to pump efficiently. When the heart is not pumping properly it can cause retention of fluid, shortness of breath, fatigue, and difficulty performing simple activities such as walking and tasks around the house.

Patients now have many treatment options available to them to help improve the quality of life. The Nebraska Heart Institute Heart Improvement Program (HIP) offers many new drug and device therapies to help treat and alleviate symptoms.

"There are several new and very promising drugs, and medical devices continually being developed and used by patients in our program," says Anuj Jain, MD, cardiologist and medical director of the Nebraska Heart Institute Heart Improvement Program. "Patients have had remarkable improvement in the quality of life and significant increase in the ejection fraction and cardiac output with drug therapies and devices.

Patients with arrhythmia can benefit from such medical devices. An implantable cardioverter defi-

Having a diagnosis of congestive (HIP) works with the patient's primary care physician to provide optimal treatment of congeseration with the patient's hometown hospital. HIP has a regional satellite network established in various outpatient hospital clinics and serves more than 1,000

patients throughout the region. Cardiologists, cardiothoracic surgeons, nurses, and other professional staff associated with the Heart Improvement Program have provided cardiac diagnostic and treatment services to patients throughout the region for more than 25 years. Many have pioneered services and procedures to help treat and prevent heart disease. All cardiologists are certified by the American Board of Internal Medicine and its subspecialty Board of Cardiovascular Disease, and all surgeons are certified by the American Board of Medical Specialties.

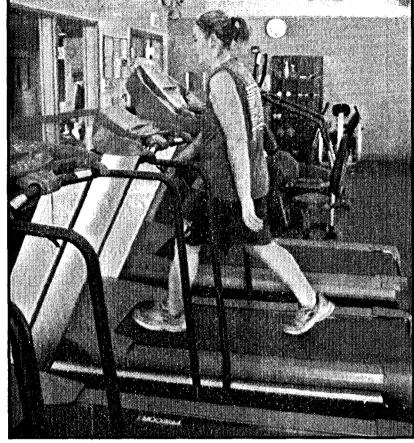
For more information, contact the Nebraska Heart Institute at (402) 489-6555, (800) NHI-DOCS or email info@neheart.com.

see what each member wants and then work up a personalized fitness plan for that individual. The trainers, Brandon Echtenkamp and Cory Nicholson, are Wayne State College students majoring in fitness. Anyone interested in this service can contact the activity center at 402-375-4803.

The walking club is open to anyone, at any age. Members record their miles walked weekly or monthly, which is not done as a requirement but as an incentive. Last year, members walked over 4,000 miles; this year, the goal is 4,500. Two members very involved in the walking club are Byron Heier and Darrel Gilliland, both of Wayne. Both men walk a lot every day at the center; Heier from eight-10 miles and Gilliland, six to eight. Walking club members use the track, which is nice because it is flat, climate controlled and there is always a radio to listen to.

Heier has experienced heart trouble and noted his cardiologist told him that if he hadn't been walking regularly, he would not have survived. He added there are a wide variety of machines available to help strengthen the upper body, legs and more, which also helps heart health.

Wayne Community Activity Director Jeff Zeiss said the biggest thing to remember is that walking is good for your health. "You don't have to be a fitness fanatic," Zeiss said. "Walking is great no matter what a person's age is." For those who don't want to walk, there are



Lindsi Frahm of Wayne has been working with a personal trainer at the activity center for around eight weeks. During that time, she has lost 26 pounds.

treadmills, which are just as beneficial.

Zeiss noted in the fitness room there are 12 different weight training stations, two different free weights stations, seven treadmills, three recumbent bikes, two stationary bikes and more.

Zeiss said that one of the machines in the fitness room is the "new step," which is popular with the senior citizen members because they can sit and exercise both their arms and legs at the same time. He added that there are televisions in

bers like too.

Also important for aerobic and cardiac exercise is the EFX steppers. There are five of these machines in the fitness room.

Zeiss said there are a lot of nice machines in the fitness center, which they keep up to date. He notes they are in the process of relocating the fitness machines to the youth room, which is larger so they can accommodate more members. By moving the equipment to the larger room, they will gain 400 extra square feet of space.

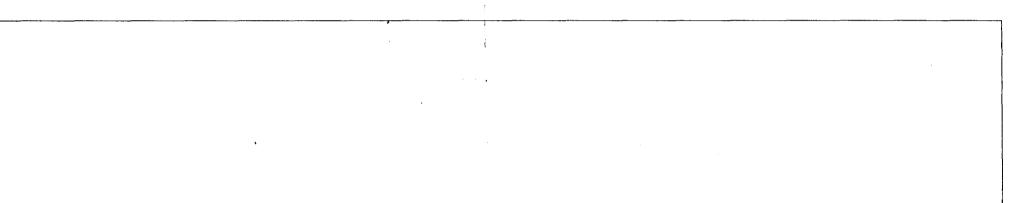
Another program at the activity center is Jazzercise. Deb Schaefer of Wayne offers the Jazzercise program, which is mainly an aerobics program set to music. The schedule for Jazzercise at the activity center is Monday, Wednesday, Friday at 6 a.m. and Monday through Thursday, 5:30 p.m. Anyone with questions about Jazzercise can call the activity center.

Also offered is a youth room where kids can play pool, ping pong, air hockey, video games and more; basketball for boys and girls from second grade to eighth grade and for men and women too; volleyball for grades one through six and an adult women volleyball team will be starting soon; tumbling classes for boys and girls ages 4-10 are offered in the community room.

"We are very fortunate to have this facility in our community," Zeiss said.

Anyone interested in any of the programs, services or equipment at Wayne Community Activity Center the fitness room, which the mem; can call Zeiss at 402-375-4803.

SryanLGH East



brillator (ICD) is a device used to help prevent sudden cardiac death in patients with life-threatening arrhythmias. This device works by delivering electrical shocks to the heart to eliminate abnormal rhythms. ICDs, such as the Biotronik Tupos LV/ATx, are unique in that they provide three essential therapies in a single device: cardiac resynchronization therapy (CRT) for treating heart failure; atrial therapy for atrial tachyarrhythmia; and ICD therapy for ventricular tachyarrhythmia. "Maintenance of normal rhythm is very important for patients with advanced heart failure, limited functional capacity and a low ejection fraction," says Dr. Jain.

Surgical options for patients with heart failure continue to expand. "Leaking mitral valves can be repaired safely in many patients and provide significant symptomatic improvement," says James Wudel, MD, cardiothoracic surgeon with the Nebraska Heart Institute. Patients with large amounts of ventricular scar may benefit from surgical remodeling procedures to improve left ventricular function. Additionally, coronary artery bypass remains an excellent therapy in selected patients with viable myocardium and graftable vessels despite poor ventricular function. New surgical devices to control cardiac enlargement as well as less invasive techniques to repair leaking valves may be readily available in the near future.

Intravenous (IV) inotrope therapy is a drug treatment option available for patients with advanced heart failure. Inotropic agents influence the force of muscle contraction in the heart. Short-term, intermittent, IV Inotropic therapy can be administered to stable outpatients. Patients receive treatments in an outpatient infusion unit with blood pressure and electrocardiographic monitoring. These sessions last four hours and occur twice weekly for a duration of 12 weeks, depending on patient response. Outpatient therapy reduces the number of hospital admissions, days spent in the hospital and emergency room visits.

The Heart Improvement Program



ONLY ONE MEDICAL CENTER IN LINCOLN HELPS HEART PATIENTS RECOVER FASTER AND WITH LESS PAIN.

Surgeons at BryanLGH are now using minimally invasive Endoscopic Vein Harvesting (EVH) for Coronary Bypass Surgery. Chances are you know someone who has undergone bypass surgery in which a vein was removed from the leg and used to bypass a blocked artery. And more than likely, their recovery-partially due to the vein procedure-was slow and painful.

But today, BryanLGH offers heart patients a less invasive option for this surgery. We are the only medical center in Lincoln to use EVH, a minimally invasive procedure to obtain the vein needed for bypass surgery. This state-of-the-art technology provides patients a faster recovery with less scarring, less risk of infection and less leg pain-allowing them to get back to the lifestyle they're used to much sooner.

As one of the leading heart programs in the state, BryanLGH brings together the latest technology and treatments and a specialized medical team to provide the most advanced patient care available.

The First Name in Health Care

To learn more, contact BryanLGH Medical Center at: (402) 481-8430 www.bryanigh.org

Cholesterol - the good, the bad and the ugly

Cholesterol can be both good and bad, so it's important to learn what cholesterol is, how it affects your health and how to manage your blood cholesterol levels.

Cholesterol is a type of fat, which is very important for life. It is a vital building block of many substances including the cell membrane of every cell in our body, digestive "bile" released by the gall bladder, the "sex hormones", Vitamin D (associated with calcium metabolism) and other important substances.

Cholesterol can be broken down into three components: low-density lipoproteins (LDL), high-density lipoproteins (HDL), and triglycerides. Levels of each component can be assessed to determine an individual's risk for heart disease.

LDL is known as the "bad" cholesterol and contributes to plaque formation which may lead to blockages in the arteries. HDL is considered the "good" cholesterol because it helps to remove cholesterol from the body. Triglycerides are a source of energy for the body; high triglycerides, especially with low HDL, may indicate a risk.

However, according to Peter Dionisopoulos, MD, Medical Director of the Nebraska Heart Institute Lipid & Heart Attack Prevention Program, cholesterol is not all bad. "We have to have some cholesterol, but the liver can make as much as we need. If the level is too high, it is deposited in tissues, specifically the arteries, causing them to narrow and not carry enough blood to vital organs such as the brain or the heart."

High cholesterol has no warning or symptoms, yet it can cause serious health problems. Hypercholesterolemia, or high blood cholesterol, is a serious risk factor for coronary artery disease. High cholesterol along with diabetes, obesity, inactivity, smoking, high blood pressure, and diet can all contribute to heart disease.

Like high blood pressure, high cholesterol itself is not a disease, but a condition that can lead to some very important consequences, among them heart attack and stroke. "You can't tell how high your cholesterol is without a blood test," says Dionisopoulos. You don't feel bad just because the level of cholesterol in your bloodstream is high.

When discussing cholesterol levels, it is more appropriate to realize that there is a spectrum of risk: that is, your level is not "normal" or "abnormal." Rather, the higher the level of cholesterol, the higher the risk of developing a problem. Furthermore, it is important to take into account whether an individual has other risk factors, which makes the level of cholesterol more dangerous, if they have already developed blockages. The lower the level, the lower the risk of coronary artery disease and other forms of arteriosclerosis.

Recommended LDL - Cholesterol Levels: Optimal (less than 100), Borderline (100-129), High (greater than or equal to 130).

For high-risk patients, the LDL cholesterol should be lowered to <100 mg/dL, and consideration should be given to lowering it to 70 mg/dL.

High-risk individuals are those who have already developed coronary heart disease or have obstructions of cerebral (brain) and peripheral (leg) blood vessels. Individuals with diabetes and older adults with no diabetes or known vascular disease but who have multiple risk factors may have equivalent high risk.

To control your cholesterol, get a cholesterol screening, eat foods low in saturated fat and cholesterol, maintain a healthy weight, exercise regularly and follow all your healthcare professional's recommendations.

The Nebraska Heart Institute's Lipid & Heart Attack Prevention Program specializes in treating individuals with elevated cholesterol and triglyceride levels. The program involves a medical evaluation, lifestyle assessment, blood testing, diet and exercise counseling, and medication regiments.

For more information, contact the Nebraska Heart Institute at (402) 489-6555, (800) NHI-DOCS

Ron Gentrup gets blood drawn by Whitney Gatz, Lab Aide at Providence Medical Center during the annual Cholesterol/Lipid and Diabetes Screening at Providence Medical Center. The screening has been part of Health Month activities at Providence Medical Center for a number of years. More than 200 people took advantage of the

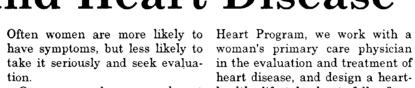
or email info@neheart.com.

Women and Heart Disease Heart disease affects millions Often women are more likely to Heart Program, we work with a

tion.

of people each year and it does not discriminate. In terms of total take it seriously and seek evaluadeaths, cardiovascular disease has claimed the lives of more women than men every year since 1984. Yet, many women do not view heart disease as a great risk. Heart disease is the number one killer of women, yet only eight percent of American women realize that it is a greater risk than cancer.

"Women take care of their family, but often over look their own wellbeing, " says Rebecca Rundlett, MD, cardiologist and Medical Director of the Women & Heart Disease Program at the Nebraska Heart Institute. "It is important for women to know their risk factors for heart disease, recognize warning signs, and have good communication with their health care provider." The risk of heart disease in women is serious and often underestimated, and the NHI Women's Heart Program is taking action to ease, age and diabetes. Often these increase awareness and to educate factors have a relatively greater women on their risk of developing impact, and are more pervasive in this disease.



opportunity to learn these important health numbers.

Checking the numbers

One reason why women do not take symptoms seriously is because symptoms of heart disease are often atypical in women. They might experience shortness of breath, fatigue, nausea, or discomfort above the waist. Women often think of chest pain as the main indicator of a heart attack. "Sometimes a woman will mention having a dull pain or pressure in her upper back or shoulder area and not necessary in chest," says Rundlett. "It is important for women to recognize theses subtle symptoms and seek medical evaluation from their physician."

Traditional cardiovascular risk factors apply to women as well as men. Risk factors include high blood pressure and cholesterol, tobacco use, family history of heart diswomen.

Factors such as obesity, a sedenboth men and women, there are tary lifestyle, postmenopausal status and possibly markers of inflammation are emerging as important factors in terms of risk profile and analysis in women. Fortunately, women can benefit immensely from intensive risk factor modification. There is a significant benefit from dietary and exercise lifestyle modifications in women in terms of lowering their risk for primary or secondary coronary events. Women can lower their risk of heart disease by as much as 82 percent just by leading a healthy lifestyle. There are several steps women can take towards modifying their lifestyle. They include smoking cessation, regular exercise, a healthy diet, regular blood pressure and cholesterol checks, stress reduction and control of diabetes. According to Dr. Rundlett, it is important for women of all ages, especially those with risk factors, to take a healthy approach in their choice of lifestyle. "In our Women's

in the evaluation and treatment of heart disease, and design a hearthealthy lifestyle plan to follow."

By being familiar with personal risk factors and making healthy changes in diet, physical activity, and other daily habits, women can greatly reduce the risk of developing or lessen the severity of heart disease. "Every women needs to be aware of her risk factors and take action to reduce those risks," says Dr. Rundlett. For more information, contact

the Nebraska Heart Institute at (402) 489-6555, (800) NHI-DOCS or email info@neheart.com.

Exercise optmizes job performance

Everyone knows that regular exercise leads to a long, healthy life, but exercise can also increase worker productivity. New research finds that those who exercise during the day feel more productive.

Job performance can be compro-

Your heart's electrical system is important

The upper chambers of the heart (atria) send out signals to the heart's lower chambers (ventricles) and this is how the heart forms a normal beat. This normal beat allows blood to pump sufficiently throughout your body and is a crucial part of normal circulation.

"Sometimes the atria send out too many signals or "erratic" signals resulting in the atria not working in conjunction or rhythm with the ventricles," says James Wudel, MD, cardiothoracic surgeon with the Nebraska Heart Institute. Atrial Fib prevents the top and the bottom parts of the heart from working together. The circulation of blood throughout your body may be reduced as much as 20-30 percent. According to Dr. Wudel, this is why some patients may feel tired or weak.

Atrial Fibrillation (AF) is widely known as the most common sustained cardiac arrhythmia. AF affects an estimated 2.5 million patients in the U.S. with approximately 300,000 new cases diagnosed annually. It's predicted that 5.6 million patients will be diagnosed with AF by the year 2050. The risk of stroke in patients with AF is estimated at 7 times greater than patients without AF. Atrial Fibrillation is second only to heart failure in terms of cardiac related hospitalizations.

What Causes Atrial Fibrillation? Atrial Fibrillation affects millions of people. Many are over the age of 65 years and have other underlying conditions that put them at a higher risk such as high blood pressure, hyperthyroidism, lung problems, diabetes, alcoholism, or drinking high levels of caffeine. It may in some cases occur in otherwise healthy individuals.

What are the Symptoms of Atrial Fibrillation? Symptoms include:

- ·Heart palpitations (racing feeling in your chest)
 - Tiredness
 - Dizziness
- Shortness of breath
- Discomfort in your chest Some people have no symptoms
- at all. Why Should Atrial Fibrillation Be Treated?

"Restoring your normal heart rhythm, controlling your heart rate and preventing clots from forming are the goals of treatment," says Wudel. You may be on medication to maintain normal heart rhythm; these are called anti-arrhythmics. Controlling heart rate is usually done with beta-blockers or calcium channel blockers. Additionally, blood-thinners such as Coumadin are used to prevent clots and

treat Atrial Fibrillation.

Treating Atrial Fibrillation with Surgery. You may benefit from surgery to cure your Atrial Fibrillation

•You have symptoms and your medications aren't working

•You are at risk for forming clots and stroke

•You are having a heart operation already

It may be time to consider a surgical option often referred to as the MAZE procedure, or modified MAZE or surgical ablation.

Surgeons at the Nebraska Heart Institute have performed over 300 surgical procedures for AF. Recently, a new minimally invasive technique has been used successfully for the treatment of AF. Benefits include no sternal incision, less blood loss, and quicker recovery.

A major part of the surgical procedure, for AF, includes removal of the left atrial appendage, which is the likely source of stroke in patients with AF. Dr. Wudel states that by removing the appendage this dramatically reduces the risk of stroke and may allow discontinuation or reducing the need for Coumadin.

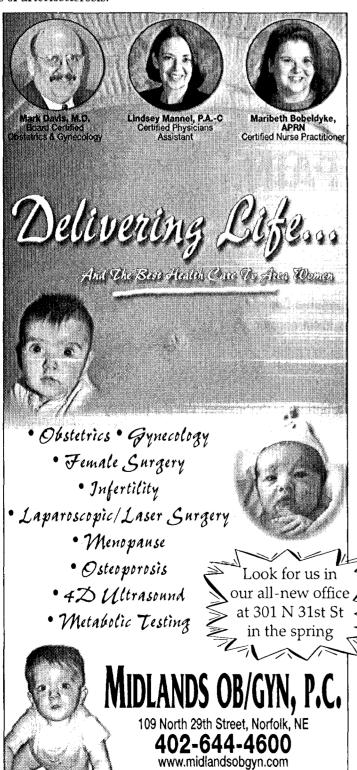
The MAZE procedure is a surgical intervention that cures Atrial Fibrillation by interrupting these extra electrical beats that are fired from the atria of the heart. Traditionally, the MAZE procedure, done by cutting and sewing of the heart, has been very successful. Recently, alternative energy sources have been used to replace cutting and sewing of incisions with linear lines of ablation (lesions) to stop the abnormal impulses. The surgeon uses a highly selective and safe device which creates lesions in the top portion of the heart to stop the conduction of the extra beats while channeling the normal impulse from the top of the heart to the bottom to form a normal beat. The scar tissue forms where the lesions were made and the abnormal beats are now unable to form. Your heart will beat normally and provide the body with its needed blood supply.

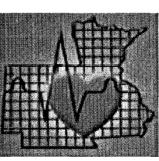
If you are having an open-heart surgery procedure and you are a candidate for surgical treatment of Atrial Fibrillation, the surgeon will be able to access your heart through the same incision.

If you are not having an openheart procedure, but may be a candidate for surgical treatment of A-fib, you may be a candidate for Minimally Invasive Surgery where your operation will be done with small incisions and without the



Although heart disease affects subtle differences in how a woman's cardiovascular system displays symptoms. "Women exhibit initial symptoms or experience a coronary event about 10-15 years later in age than men," says Rundlett.





Cardiovascular **Associates P.C.**

Toll Free

1-800-369-1389 or Phone 712-239-4702

Cardiovascular Associates, P.C. P.O. Box 3128 • Sioux City, IA 51102

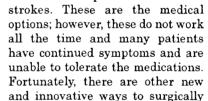
SOUTH OFFICE **NORTH OFFICE** 801 5th Street 2720 Stone Park Blvd. Suite 410 Suite 110

www.cvassoc.com

mised for a variety of reasons such as fatigue, mood, illness or injury. Those who exercise are less likely to experience tiredness in the afternoon known as the "post-lunch dip". They also have a more tolerant disposition with themselves and their coworkers. Exercise also boosts the immune system and improves strength which means less time off due to illness and injury.

working in any occupation, ranging from the physically demanding to By Joseph L. Kummer, MD the sedentary. Any exercise helps, regardless of the type, duration and intensity. Physical activity creates both an energizing and tranquilizing effect helping people feel better and ultimately, perform better.





Stress test? But doctor, I Physical fitness benefits people already have too much stress!

> BryanLGH Heart Institute, Lincoln

Most of us spend a lot of time trying to avoid stress. So when your physician tells you that you need to have a test that creates stress, you just may start to question his or her sanity. However,

stress tests do serve a very important role by helping doctors determine your risk of having a heart attack.

Heart attacks result from the accumulation of cholesterol blockages in arteries that supply blood to the heart. When a heart artery has a blockage of 70 percent or more, there is often enough limitation of blood supply to cause symptoms of heart disease. When the heart rate increases, the heart works harder and requires more blood sup-

ply. Blocked arteries are unable to deliver this additional blood to the heart. Stress tests look at how the heart functions during exercise or a similar type of stress to see if there is such a decrease in blood supply.

The goal of a stress test is to find these blockages before they become severe enough to cause damage to the heart such as a heart attack. Finding them early allows physicians to treat them with medications and often with medical procedures to reduce the risk of experiencing chest pain, heart attacks, heart failure and even death from heart disease

So, should YOU have a stress test? There is very little risk in having a stress test, but that doesn't mean that it is for everyone. Stress tests are most helpful for people who have heart-related symptoms and for those with significant risk factors for heart disease such as smoking, diabetes, high cholesterol, high blood pressure, obesity, advanced age and family history.



heart-lung machine to cure your Atrial Fibrillation.

For more information, contact the Nebraska Heart Institute at (402) 328-3756, (800) NHI-DOCS or email info@neheart.com

New noninvasive method to view coronary artery disease

In the past, the recognized "gold standard" for detecting heart artery plaque build up was the use of invasive coronary angiography. Now, advances in CT scan technology allow physicians to use this noninvasive tool in the detection of coronary artery disease.

"Noninvasive multi-slice CT is one of the most important developments in cardiovascular diagnostic imaging," says Omar Nass, MD, cardiologist with the Nebraska Heart Institute. "This new technology allows us to obtain hundreds of images in a single breath hold, virtually eliminating motion artifacts and providing excellent diagnostic information and visualization of the heart."

Unlike the coronary calcium scan, the 64-slice coronary CT angiography allows the physicians to see much more than just calcium build up. It's similar to viewing the heart in full living color, much as the surgeon would. Heart artery blockages (calcified or soft), even in the earliest stages, are well seen; leading to ore aggressive preventative therapy to avoid heart attacks. Additionally, only this advanced technology allows all other heart structures to be seen with incredible detail, aiding in the diagnosis of many other cardiovascular diseases.

Actual image using 64-slice CT technology-

"The 64-slice CT represents an innovation of great magnitude, which provides information to be obtained faster and more accurately than ever before," says Nass.

The 64-slice CT technology enables physicians to view the coronary arteries without having to utilize an invasive catheter and

BryanLGH catheterization suite includes immediate access to new ultrasound technology

The cardiac catheterization lab at BryanLGH Medical Center is home to Nebraska's first installed intravascular ultrasound machine (IVUS). Intravascular ultrasound shows a 3-dimensional, 360-degree view of the coronary artery from the inside, allowing a more complete and accurate assessment of plaque formation and the degree of blockage.

During an IVUS procedure, the

provides three-dimensional images of the heart. Patients are required to hold their breath for 8 to 10 seconds during the imaging process, where previously, they were required to hold for 25 or more seconds.

During the procedure, which only takes approximately 10 to15 minutes, patients lie on a table and are moved through the opening of the CT unit. A contrast medium is administered through a small IV line. This contrast is what highlights the blood vessels and other cardiac structures. Patients are asked to hold their breath periodically, during which the CT scanner will take extremely detailed crosssectional images. The images are then used to generate pictures from which the physician can make a diagnosis.

"Not all patients will be recommended for CT imaging," says Nass. "However, this amazing technology" will revolutionize the way we practice medicine. We no longer have to expose patients to the risks of a heart catheterization to diagnose heart artery blockages." Patients who may have an indication for CT angiography include; evaluation of chest pain, follow-up to a borderline stress test, assessment of coronary artery bypass grafts, evaluation of the progression of coronary artery disease and congenital heart dis-

At the Nebraska Heart Institute, a board-certified cardiologist, who is specifically trained in cardiovascular CT, will interpret images. Results are shared with the patient's primary care physician within 24 hours along with recommendations for follow-up care. "64slice CT has expanded our range of clinical offerings," says Nass. "At NHI, we are always striving for what is best for the patient in terms of access to the most upto-date care, quick diagnosis and appropriate treatment."

For more information, contact the Nebraska Heart Institute at (402) 489-6555, (800) NHI-DOCS or email info@neheart.com.



Ed Raines, MD, cardiothoracic surgeon, performs a new minimally invasive surgical technique.

BryanLGH leads with minimally invasive heart surgery

Chances are you know someone this procedure a vein is removed from the leg (sometimes the arm) and used to bypass a blocked coroaround the blockage to the heart. and more comfortable. Used since the mid-1970s, this surgery has returned many patients back to their normal activities and it is still an important alternative for heart patients today.

Shocking news: do I need a defibrillator?

By Joseph L. Kummer, MD BryanLGH Heart Institute, Lincoln

From TV or the movies, most of us are familiar with the image but ultimately correcting the heart of a doctor using a set of paddles rhythm is essential for the person to emergently shock the chest of to live. someone having a heart attack.

tant, as it provides a temporary substitute for the pumping mechanism of the heart. CPR can essentially buy the patient some time,

Many public establishments

For many patients, one of the who has undergone coronary artery most painful aspects of their recovbypass graft (CABG) surgery. In ery is the healing of the surgery wound to remove the bypass vein. Now, new minimally invasive surgical techniques make vein harvestnary artery so that blood flows ing much safer, complication free

> BryanLGH cardiothoracic surgeons are the only practitioners in Lincoln performing complete endocsopic harvesting of vein from the patient's leg and/or arm when necessary.

According to cardiothoracic surgeon, Edward Raines, MD, "Scope vein harvest is virtually painless and much different from traditional methods. It very rarely results in any wound healing issues whatsoever."

BryanLGH remains committed to the best and safest procedures for patients requiring cardiac surgical procedures as demonstrated by endoscopic vein and radial artery harvesting.

For more information visit the

High blood pressure: "the silent killer"

Hypertension, most commonly referred to as "high blood pressure", is a medical condition in which the blood pressure is chronically elevated. It can be either essential (primary) or secondary. Essential hypertension means that there is no specific medical cause to explain the patient's condition. It accounts for 95 percent of high blood pressure. The other five percent is secondary hypertension which is a result of another condition, such as kidney disease or certain tumors, especially of the adrenal gland.

The end result of chronic high blood pressure is organ damage. Even moderate hypertension leads to shortened life expectancy due to an increased risk of stroke, heart attack, heart failure, arterial aneurysm or kidney failure. So, the diagnosis of high blood pressure should be taken very seriously as well as measures to prevent complications.

Hypertension occurs when a person's systolic blood pressure (the top number) is consistently 140 or greater, and/or their diastolic blood pressure (the bottom number) is may experience symptoms such as consistently 90 or greater. Systolic blood pressure corresponds to the pressure in the arteries as the heart contracts and pumps blood into the should consult a doctor for treatarteries. Diastolic pressure rep. ment. High salt intake, obesity, lack resents the pressure as the heart of regular exercise, excessive alcorelaxes after the contraction.

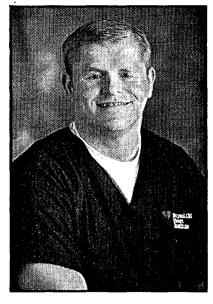
As of 2003, the Seventh Report of the Joint National Committee on individual with hypertension. Prevention, Detection, Evaluation, and Treatment of High Blood Pressure defines "prehypertenision" as blood pressure between 120/80 to those with systolic blood pressure 139/89. This designation identifies of 120 to 139 or diastolic blood presindividuals at high risk of develop. sure of 80 to 90 be screened every ing hypertension.

Ejection fraction screening detects risk for sudden cardiac arrest

caused by an electrical malfunc-Symptoms include racing heartbeat, lightheadedness, dizziness and fainting. If symptoms aren't recognized and responded to within six minutes, death is the likely outcome. Over 335,000 Americans die each year from SCA.

A person can assess their risk for SCA by knowing their ejection fraction number. Ejection fraction is the percentage of blood that heart failure or abnormal heart is pumped out of the heart during each beat. A simple echocardiogram screening will measure a person's EF.

with BryanLGH Heart Institute,



Todd Tessendorf, MD, cardiologist with **BryanLGH Heart**

Because hypertension can be symptom-less, it is sometimes called "the silent killer." However, some people with uncomplicated hypertension headache, dizziness, shortness of breath, and blurred vision. People who experience these symptoms hol or coffee intake and smoking all adversely affect the health of an

It is recommended that persons with blood pressure less than 120/80 be screened every two years and vear.

Sudden Cardiac Arrest (SCA) is your life. "A healthy heart has an EF between 50 to 75 percent, tion of the heart that results in no indicating an adequate amount of blood flow to the body and brain. blood is being supplied to the body and brain. People with an EF below 35 percent are at significant risk for developing dangerously fast rhythms and SCA."

People who should have an echocardiogram screening to determine their ejection fraction are those that have experienced a previous heart attack, have a family history of SCA or have been diagnosed with rhythms.

An echocardiogram is an ultrasound procedure that takes a moving picture of the heart and only Todd Tessendorf, MD, cardiologist takes about 15 minutes to com-

3D

patient's cardiologist inserts the ultrasound catheter into an artery in the groin area. The catheter is threaded up to the blockage in the coronary artery where high frequency sound waves reflect off tissue inside the arterial walls to provide a cross-sectional view. The cardiologist can see where the normal arterial wall ends and the plaque begins.

IVUS is often used during angioplasty. Using a contrast medium, angioplasty gives a 2-dimensional general look at the coronary arteries, but it cannot show the artery walls. Combining IVUS with angioplasty provides a more complete picture of the diseased artery and enables the cardiologist to determine the best treatment option.

"The installation of this equipment has made it easier for physicians to use IVUS technology every day," said Eric Hoesing, director, BryanLGH cardiac and vascular services. "Historically, a barrier to regular IVUS usage has been the need for a more user-friendly system. By installing the system right in the lab and putting the controls right into their hands, physicians now have immediate access to this important technology."

For more information, contact Eric Hoesing at (402) 481-3105.

A device that gives this shock is called a defibrillator.

On seeing this, you probably didn't think, "Well, that looks like fun; sign me up for one of those!" Although such hesitation is understandable, the reality is defibrillators can be critically important in If you are interested in learning the event of a heart attack. In fact, it is not an exaggeration to say that a defibrillator shock is often the difference between life and death.

A heart attack occurs when a A walk a day blood clot forms suddenly inside an artery that supplies blood to the heart. The clot obstructs blood flow to the heart and results in injury or death of the heart muscle. This makes the heart beat in dangerous rhythms called ventricular tachycardia or ventricular fibrillation. These rhythms are lethal if not corrected almost immediately, since the heart does not pump blood when it is in one of these rhythms. A defibrillator shock can instantly correct these rhythms and restore the normal heartbeat.

A defibrillator shock within the first several minutes of a heart whether a heart attack victim will live or die. Cardiopulmonary resuscitation (CPR) is critically impor-

such as restaurants, malls, airports, and casinos have installed lgh.org or call 402-481-1111. portable defibrillator machines. These can be used by individuals who have had only a short training course in basic life support and are life-saving when used promptly. to use these devices, contact the American Heart Association®.

keeps colds at bay

The U.S. Centers for Disease Control and Prevention estimates that over 42.5 million colds and flus occur annually, resulting in \$2.5 billion in lost school, work and medical costs. Research has shown that a brisk, 35-45 minute walk five days per week can reduce the number of days cold symptoms linger by half.

If you have common cold symptoms, take a break from intensive exercise until a few days after symptoms have disappeared. However, mild-to-moderate exercise during a attack is often the single most cold is not harmful and can be benimportant factor in determining eficial. A fever, extreme fatigue and muscle aches warrant two to four weeks off before intensive exercise training is resumed.



BryanLGH web site at www.bryan-

says knowing your EF could save



Providing medical resources to rural areas plays a vital role in the health of a community and the Nebraska Heart Institute recognizes the value in delivering specialized care close to home.

The Nebraska Heart Institute offers consultative visits as well as diagnostic testing to more than 40 communities throughout Nebraska, northern Kansas, and western Iowa. These services are coordinated through the patient's primary care physician and the community's hospital outpatient clinic. It's with these partners, the referring physician and hospital, that the Nebraska Heart Institute maintains a team-based approach in patient care.

Nebraska Heart Locations

Lincoln Medical Office Building (402) 489-6555 St. Elizabeth Medical Plaza (402) 486-8000 NHI Heart Hospital (402) 327-2700

Grand Island (308) 381-8636 Hastings

Mary Lanning Hospital Campus (402) 461-5064

North Platte Great Plains Regional Medical Center Campus (308) 532-5522

www.nebraskaheart.com





The Nebraska Heart Institute is proud to be the exclusive regional sponsor of Go Red for Women.

TM Go Red trademark of AHA, Red Dress trademark of DHHS.

Cardiovascular disease - the numbers don't lie

"Historically, heart attacks and year, with men and women each other coronary heart diseases have been perceived as a medical problem afflicting men or the elderly," says Steven Martin, MD, interventional cardiologist with the Nebraska Heart Institute. "However, statistics are showing that even though we are doing a better job of reducing the mortality for men from heart disease, we are not as quick to keep up with the risk for women."

one killer of Americans. Nearly 500,000 heart attacks occur each

suffering half. "These statistics should be a wake-up call," says Martin. "They illustrate the need for men and women to join the fight against heart disease - to take control of their lifestyle and their own healthy well being."

Risk Factors- The formula for heart disease is complex with many ingredients. Smoking may increase your chance of developing heart disease by two to four times Heart disease is the number that of a nonsmoker. Cholesterol, another risk factor for heart disease, contributes to plaque build

up in the arteries; creating a block in blood flow, which can result in a heart attack or stroke.

High blood pressure is another contributor to cardiovascular disease, causing the heart to work harder, high blood pressure places undue stress on the heart and arteries. Exercise and Obesity are two more factors that may contribute to heart disease. Inactivity and over eating can indirectly lead to heart disease by increasing blood pressure and cholesterol levels.

Women who are postmenopausal are at higher risk for heart disease. Some researchers believe that estrogen, a hormone naturally produced in women, may offer protection against heart disease and that the risk for heart disease climbs after women reach menopause.

Taking Charge of Your Lifestyle-Many factors play a role in heart disease. Some of these such as age and family history are out of our control. "However, just by making a small change in our behavior, men and women can lower their risk to heart disease," says Martin.

In the United States, smoking has declined dramatically during the last three decades. Americans are watching their diet and cholesterol level much closer. And, it's impossible to find an exercise path or shopping mall that doesn't play host to exercise enthusiasts.

The American Heart Association reminds us of the three "R's" to lowering our risk to heart disease. Take an active part in changing your lifestyle to Reduce your risk to heart disease. Recognize the warning signs of heart disease such as chest pain, nausea and shortness of breath. Respond to your body's call-to-action and thereby limiting the damage that heart disease can cause. According to Martin, there are steps we can take to be proactive in the fight against heart disease such as exercise, diet, know your numbers for cholesterol and blood pressure and most importantly, see your physician on a regular basis. Whether it's diet, medication or

discussing an exercise plan, your health care team can tailor a program to better cardiovascular are the keys to fighting disease. It's your health, take charge.

For more information, you may view the NHI website at www. nebraskaheart.com or contact the Nebraska Heart Institute at (402) 489-6555, (800) NHI-DOCS or email info@neheart.com.

CardioVascular **Institute offered** at Faith Regional

The CardioVascular Institute is



The BryanLGH mobile screening unit helps people identify their risk for cardiovascular disease in a convenient manner and at nominal cost.

Screenings come to you with new BryanLGH mobile screening unit

care in Nebraska for more then 30 years, BryanLGH Medical Center continues to fight cardiovascular disease in innovative ways, the latest being a mobile screening service unit.

BryanLGH Mobile Screening Service focuses on education and early detection of medical conditions which, if not addressed, can lead to serious, or even emergent cardiovascular events.

Mobile screenings help individuals and hospitals, community organizations and businesses identify those at risk for cardiovascular disease and its accompanying complications. Screenings are provided directly to the consumer in a convenient manner and at nominal costs. Screening packages include heart, stroke, vascular and women's health.

The BryanLGH service is in a beautifully furnished mobile unit with space for screenings in a comfortable environment. Personnel conducting the screenings are experienced cardiovascular sonographers from BryanLGH. They use the same technology in the unit as that used at the medical center.

"We can provide services at a variety of locations," says Eric Hoesing, director of BryanLGH health. Education and prevention cardiovascular services. "Our hope is to find individuals with symptoms they may not know they have. Then they can follow up with their primary care physician for further evaluation."

> Both the vascular and echocardiography laboratories at BryanLGH are accredited by the Intersocietal Commissions of

Labs (ICAVL / ICAEL). For more information or to sched-

A leader in heart and vascular Accreditation of Vascular and Echo ule a screening event, contact Leah McClement-Green at BryanLGH at 401-481-8018.

Not your everyday berry

Has a miraculous, new super food really been found? Some people think it exists in goji and acai berries. Both berries have been used for centuries in China and Northern Brazil for their healing and wellness powers.

What sets the acai and goji berries apart from other berries are their anti-aging and disease-fighting antioxidants. Studies have revealed that they have 10 times the antioxidant power of grapes and twice the antioxidants of blueberries.

They have powerful anti-bacterial, anti-fungal, and anti-inflammatory effects. Both are known for improving vision, neurological function, muscular health and endurance, and eating them may delay the onset of diabetes. Both berries are an excellent source of fiber which aids in digestive function and plays an important role in colon cancer prevention.

supporting a healthy cardiovascular levels while maintaining the good HDL cholesterol levels. Goji berries also impact the cardiovascular form. system by neutralizing blood pressure.

There is no doubt that these berries are beneficial to our health food markets, specialty food shops but are they appealing to our taste or on the Internet.



Katie Walz, Registered Dietitian, LifePointe by **BryanLGH**

buds? Goji berries look and taste like a combination of dried cherries and cranberries. Acai berries These berries also play a role in look similar to a blueberry or small grape and have a vibrant taste system. Acai's generous amounts of of berries and chocolate. The acai monounsaturated fatty acids can berry is mostly composed of nut and help lower the bad LDL cholesterol must be carefully handled before it can be eaten. For this reason, it is usually found in juice or capsule

Acai and goji berries may not be available in your local supermarket, but you can find them in health





Paulette Kuhlman, RN, manager, BryanLGH Diabetes Center at LifePointe, uses the new conversation maps in her diabetes education classes.

Conversation maps: diabetes self-management education

Nearly 65 percent of people with given to the group sets the pace and diabetes will die from a heart attack or stroke. Two out of three people information. Having the most upto-date information is crucial in cerns with peers. maintaining neurological and vascular health.

diabetes self-management is called conversation. conversation maps. Diabetes educators at LifePointe by BryanLGH use this new, self-discovery learn- need to make and discuss post-sesing tool to engage patients in the everyday challenges and choices they face in controlling their illness

There are six components to this new teaching method for groups. o Visual aid: A 3' x 5' poster illushealthy eating, measuring blood peers. glucose and understanding medications.

being explored is shared with the management, contact LifePointe

direction of the conversations.

•Group interaction: An open and with diabetes are unaware of this trusting environment is created heightened risk due to a lack of where people feel comfortable sharing questions, comments or con-

•Facilitator: A diabetes educator leads the group dynamic and The latest resource for teaching ensures an in-depth, meaningful

•Action plan: Participants learn to recognize what changes they sion follow-up activities.

Conversation maps are considered to be one of the important innovations in patient education in a decade. People are empowered to make better decisions and are motivated to take action through educatrates a variety of issues such as tion, conversation and support from

For more information about •Facts: The reality of the issues conversation maps and diabetes

by BryanLGH, 7501 S. 27th St., group. Questions: A series of questions Lincoln, NE, at 402-481-6300.

Heart-healthy shopping made easier with icons

ing labels is an important part of it can be confusing. The good news is that food companies are now coming together with highly recmake it easier to identify healthy nutritious. foods by using a familiar icon or logo.

(AHA) has made heart-healthy grocery shopping easier with its heart check symbol. In order for the AHA icon to be on a product, a single serving of the food must contain no more than 3 grams total fat, 1 gram saturated fat, 20 grams of cholesterol, 480 milligrams of sodium and at least 10 percent or more of protein, fiber, vitamin A, vitamin C, calcium or iron.

Larger food companies have developed their own icons to reflect

Most people realize that read-healthier foods, such as Pepsi's "Smart Spot" and Kraft's "Sensible purchasing healthy food. However, Solutions". While these icons are with so many foods to choose from helpful, it is important for consumand so much information on labels, ers to use them in the appropriate context. For example, foods such as baked chips and diet soda are "less bad" than fried chips or reguognizable health organizations to lar soda, but are not particularly

When combined with common sense, icons are an excellent tool for The American Heart Association saving time at the grocery store to quickly find healthy foods.



dedicated to the detection, prevention, intervention and rehabilitation of heart related diseases. From patients with chest pain to those with congestive heart failure, all will find quality heart care at Faith **Regional Health Services.**

The heart program at Faith Regional is supported by board certified cardiologists and surgeons, certified nurse practitioners, and nurses and technicians who provide patients with a specific diagnosis, the best treatment and greatest possible outcomes for life.

The success of any cardiovascular procedure depends on how quickly it occurs after a heart attack begins. The more time that passes, the greater the damage to the heart.

The CardioVascular Institute ensures that patients in Norfolk and the surrounding communities will be able to receive rapid diagnosis and treatment, thereby significantly improving their chances of survival. They have made cardiac services easier to access - closer to you, your family and your physician.

For more information about Faith Regional CardioVascular Institute, please call (402) 844-8284.

EXCELLENT HEALTH CARE THAT'S CLOSE TO HOME



The providers and staff at Wayne Mercy Medical Clinic offer comprehensive care for all family members at our main clinic and our satellite clinics in Laurel, Wakefield and Wisner. They partner with your community hospital and Mercy Medical Center-Sioux City to ensure that you get the level of health care you need...when you need it.

> **Our Providers:** David Felber, MD Benjamin J. Martin, MD James Lindau, MD Mark McCorkindale, MD Willis Wiseman, MD Gary West, PA-C Anne Lambert, PA-C

> > ₩ayne MERCY MEDICAL CLINIC

615 East 14th Street 402-375-2500



Know the warning signs to help make sure your life doesn't miss a beat. If you experience any of these symptoms call 911 or go directly to the hospital.

Women's Symptoms

- Slight discomfort in the chest
- Warning signs appear to be only stress or indigestion
- Shortness of breath, fatigue
- Pain below left shoulder blade or back
- Pain or tingling in the jaw, elbow, arm or throat

Men's Symptoms

- Dramatic onset of sudden pressure, fullness, squeezing or pain in the center of the chest
- Fainting or Sweating
- Shortness of breath
- Sudden onset of rapid heartbeats



Norfolk, NE 402.844.8284 or 1.866.HEART.08

Excellence in Cardiac Care

Mercy Medical Center-Sioux City ranks among the nation's best hospitals for overall cardiac services:

- Recipient of the HealthGrades 2008 Cardiac Care Excellence Award ★
- Recipient of the HealthGrades 2008 Coronary Intervention ★ **Excellence** Award
- Five-star rated for Cardiology Services three years in a row (2006-2008) ★
- \star Five-star rated for Coronary Interventional Procedures four years in a row (2005-2008)
- Five-star rated for Coronary Bypass Surgery two years in a row (2007-2008) *

